

Sai Ram!

"Monsoon brings magic in the air- stay clean, stay dry, show you care!"


With a heart full of purpose and a mind set on growth, we bring forth "My Behaviour Check Challenge"- a thoughtful initiative to sow self -awareness and blossom healthy habits in every child.

"Monsoon Care"

True Sai Children practise these willingly-

- **Carry raincoat or umbrella- Don't forget even if the sky looks clear.**
- **Wear waterproof shoes or sandals- This keeps feet dry and safe.**
- **Avoid playing in puddles- They might look fun but they understand that it is unhygienic to play in puddles.**





- Wash hands and feet after coming from outside- Stay clean and germ-free.

- Keep books in plastic covers- To protect them from getting wet.

- Avoid eating outside- Carry healthy snacks from home.

- Drink warm water- It keeps them safe from cold and cough.

- Wear light but full-sleeved clothes- They protect from mosquitoes.

- Stay indoors during lightening or heavy rains.

