

SAI SUKRITI

(An initiative by students of Sri Sathya Sai Vidya Vihar, Indore)

Bi-Monthly E-Magazine

July, 2025 Edition



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FUN UNDER THE SUN

SUMMER CAMP 2025

Sports and skill-based activities play a vital role in shaping students' overall development. The plethora of activities that our Summer Camp offers have been designed not only to enhance physical fitness and motor skills but also to cultivate important life skills such as discipline, perseverance and time management. Through regular participation, students develop critical thinking, creativity, and problem-solving abilities in engaging and dynamic ways.

This year our Summer Camp offered a multitude of activities namely Sai Luminaries (especially curated to boost communication, storytelling and munning skills), Techno Wizard (to equip the children with the technical skills and robotics), Science Experiments, Dance, Music, Painting and an array of sports activities- Football, Basketball, Squash, Tennis, Table Tennis, Badminton, Cricket, Swimming, Gymnastics, Karate, Skating, Chess, Yoga & Aerobics.

These activities foster collaboration, leadership, and effective communication, forming the foundation of strong team spirit. Whether on the field or in creative skill sessions, students learn to support one another, embrace challenges, and celebrate shared success. The benefits extend far beyond fitness—promoting confidence, mental well-being, reducing stress, and lifelong habits of perseverance, preparing students for real-world challenges. In a nutshell, these experiences prepare students for success in every aspect of life, making school a hub of holistic growth.

SUMMER CAMP 2025





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मंगल सिनेप्लेक्स में एक प्रेरणादायक सामाजिक पहल के तहत विशेष बच्चों को प्रसिद्ध फिल्म 'सितारे ज़मीन पर' दिखाई गई। कार्यक्रम का उद्देश्य था कि यह बच्चे भी फिल्म के माध्यम से प्रेरणा लेकर अपने जीवन में सकारात्मक दिशा में आगे बढ़ें।

कार्यक्रम में मुख्य अतिथि के रूप में सत्य साई स्कूल की प्राचार्य डॉ. अंजु चोपड़ा, डीएसपी उमाकांत चौधरी, डीएसपी नितिन सिंह, तथा श्री अशोक अधिकारी उपस्थित रहे। सभी अतिथियों ने बच्चों को संबोधित करते हुए उनके उज्ज्वल भविष्य के लिए शुभकामनाएं दीं।

इस आयोजन का सफल संचालन केसरी संस्था के श्री राहुल जैन एवं रौनक वेलफेयर सोसायटी के श्री रौनक जैन द्वारा किया गया। विशेष सहयोग मंगा सिनेप्लेक्स के संचालक श्री राजेश मंगल एवं श्री साई मंगल द्वारा दिया गया, जिन्होंने बच्चों के लिए निःशुल्क सिनेमा प्रदर्शन के साथ-साथ अल्पाहार और अन्य आवश्यक सुविधाओं की भी समुचित व्यवस्था की।

इस भावनात्मक आयोजन में इंदौर की लगभग 15 सामाजिक संस्थाओं से जुड़े 500 से अधिक विशेष बच्चे एवं उनके प्रतिनिधि उपस्थित रहे। सभी संस्थाओं ने मिलकर इस सामाजिक समरसता के कार्यक्रम को सफल बनाया।

कार्यक्रम के समापन पर सभी सहयोगियों एवं सहभागियों के प्रति आभार व्यक्त किया गया। यह आयोजन विशेष बच्चों के प्रति समाज की संवेदनशीलता और सहयोग भावना का सशक्त उदाहरण बनकर सामने आया।





FACULTY ENRICHMENT PROGRAMS



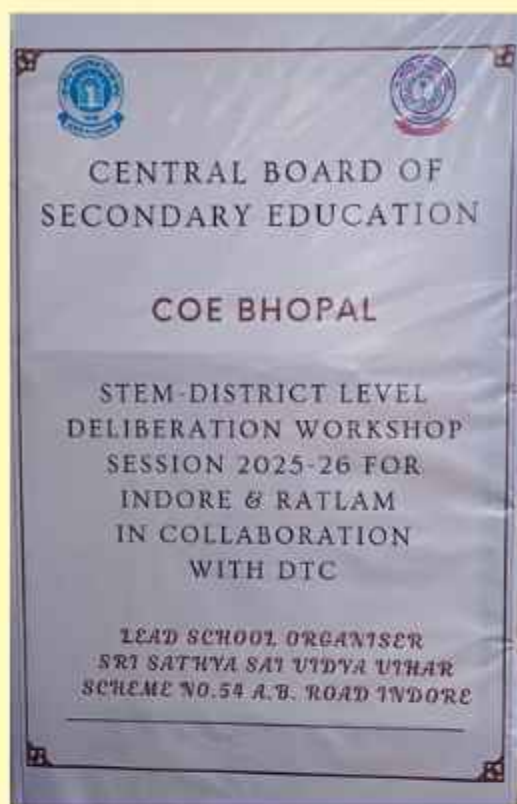
CBSE Recognizes Sri Sathya Sai Vidya Vihar as Lead School for Teacher Training

Sri Sathya Sai Vidya Vihar, Indore has been selected as a Lead School for Teachers Training programme by the CBSE. Our Principal Dr. Anju Chopra has been designated as the District Training Coordinator by the CBSE.



A district level workshop on STEM deliberation and Experiential Learning was organized in the school on 18th June, 2025 in collaboration with DTC. Ms. Tarvinder Kaur Ghai was the esteemed resource person and 60 teachers from reputed CBSE schools attended the workshop.







It is matter of great pride that our Principal Dr. Anju Chopra has been designated as the District Training Coordinator by the CBSE. Under her able guidance Sri Sathya Sai Vidya Vihar, Indore has been selected as a Lead School for Teachers Training programme by the CBSE.

A district level workshop on STEM Education and Sustainability was organized in the school on 18th June, 2025 in collaboration with DTC. Ms. Sunila Ingle Sahasrabudhe was the esteemed resource person and 60 teachers from reputed CBSE schools attended the workshop.





Use of AI in the Classroom - PRP Program for educators

We share with immense pleasure that an invigorating workshop on 'Use of AI in the Classroom - PRP Programme for educators' under the aegis of COE, Bhopal (CBSE) was organised in the school. Equipping teachers with the knowledge and skills of objective and positive use of AI is very important.



The workshop was conducted by the luminary resource persons, Mr. Manoj Bajpai and Mr. Akhilesh Patidar.

The insightful workshop was attended by 60 teachers from our school as well as other reputed schools of the city. We even had participation of 3 teachers from Sri Sathya Sai Vidya Vihar, Ratlam.



Pursuing Perfection

Sri Sathya Sai Vidya Vihar, Indore
seamlessly conducted

SAI EDUCARE WORKSHOP
FOR THE TEACHERS

on 16th, 17th and 23rd June 2025 led by
Ms. Snigdha Mishra and Mr. Montoo
Gupta.



**HUMAN
VALUES IN
EVERYDAY LIFE**



Effective Sugar Level Management in Children



A workshop on “Effective Sugar Level Management in Children” was conducted for students of classes 5 to 9 to raise awareness about healthy eating habits and the importance of managing sugar levels from a young age. The session was led by Dr. Preeti Shukla, a renowned pediatric endocrinologist and child health specialist.

The event began with a warm welcome by the school Principal, Dr. Anju Chopra, who greeted the resource person, Dr. Preeti Shukla, with a Tulsi plant and a book—symbols of health, wisdom, and sustainable living. In her welcome speech, Dr. Chopra highlighted the importance of early health education and the role schools play in fostering healthy lifestyle habits. She emphasized that in today's fast-paced world, children are increasingly exposed to unhealthy food choices and sedentary routines, which may lead to conditions like obesity and diabetes if not addressed in time.

Dr. Preeti Shukla conducted an engaging and informative session covering various key aspects of sugar level management in children. She used interactive visuals, real-life examples, and a Q&A session to make the session more engaging and relatable for the students. Students showed great enthusiasm and actively participated in the discussion. They asked relevant questions about diet, exercise, and how to make better food choices in their daily life.

The session concluded with a vote of thanks to Dr. Preeti Shukla for her valuable insights and practical tips. Students left the session more aware and motivated to adopt healthier eating habits and lifestyle choices. The workshop was a great success and helped instill a sense of responsibility in the students regarding their health and well-being.

PROUD HOMECOMING :ALUMNA RECONNECTS WITH HER ROOTS

Ms. Sunila Sahasrabudhe (Ingle), working as a leading environmentalist/ ESG in Mumbai an alumna of batch 1995 visited school to meet her mentors. It was an overwhelming moment indeed.



SAIMUN VII



The school hosted the grand opening of its annual 3 days Model United Nations conference -SAIMUN VII with great enthusiasm and spirit.

The event commenced with bhajans to invoke the blessings of our beloved Baba. The members of the Secretariat marched into the hall amidst the fanfare of the band. The delegates formally dressed were ready to represent their assigned nations with research and diplomacy.

The highlight of the ceremony was the formal declaration of the conference open by Principal, Dr. Anju Chopra who, in her address, encouraged the students to embrace the spirit of global citizenship, dialogue, and cooperation. She emphasized the importance of platforms like MUN in shaping future leaders and thinkers. Madam also handed over the gavels to the Chair of the committees entrusting them with the responsibility of objective discussion. The Teacher Directors were also introduced and felicitated.

The opening ceremony concluded with the oath-taking by the delegates, marking the official beginning of the conference.

The atmosphere brimmed with energy, anticipation, and a commitment to excellence.









THE MARVEL SECRET COUNCIL



WHO



UNHRC



UNCSW



DISEC



CCC



UN PRESS



CLASSIFIED: THE TASHKENT FILES



LOK SABHA



SECRETARIAT



TEACHER DIRECTORS



EXECUTIVE BOARD

Investiture Ceremony

With the divine blessings of Bhagawan Sri Sathya Sai Baba...

Sri Sathya Sai Vidya Vihar, Indore, marked a momentous beginning to the new academic session with the Oath Taking and Investiture Ceremony held on 24th June 2025.

The event commenced with a ceremonious march of the newly elected and selected student council members, their entry elevated by the stirring symphony of the school band, setting a tone of pride and solemnity.

Our revered Principal, Dr. Anju Chopra, welcomed students with warmth and encouragement as they returned rejuvenated from the summer break.

The newly appointed council led by the Head Boy Arjun Satija, Head Girl Angel Tiwari, the Presidents and Associate Presidents, were adorned with their badges and sashes by the Principal, Dr. Anju Chopra. The School and House Council members were presented with their insignia by the Vice Principals, the CCA Committee, and the respective House Incharges. Adorned with badges and sashes, the newly inducted student leaders pledged to uphold the core values of the institution with integrity, sincerity, and dedication throughout the academic year 2025–26.

Dr. Chopra, in her inspiring address, congratulated the young leaders and urged them to lead by example, with responsibility and commitment.

The occasion also witnessed the felicitation of delegates who showcased exemplary performance during the recently concluded three day SAIMUN conference, along with sportspersons who brought laurels to the school through their commendable achievements in various competitions.

The ceremony concluded with the soulful School Anthem, followed by the National Anthem, evoking a deep sense of patriotism and unity.

The day celebrated leadership, excellence, and promise.





INTERNATIONAL OLYMPIC DAY

Sri Sathya Sai Vidya Vihar, Indore celebrated the International Olympic Day with zest and enthusiasm!

Sri Sathya Sai Vidya Vihar, Indore marked the International Olympic Day on 23rd June 2025 embracing the spirit of sportsmanship, unity, and excellence that defines the Olympic movement. The day was filled with vibrant activities.

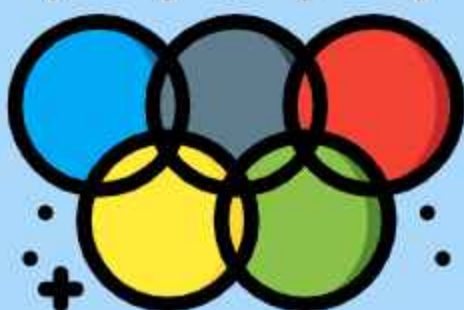
The celebrations commenced with a solemn yet powerful Olympic Oath, led with exemplary grace and conviction by Angel Tiwari. Her words resonated with every student, reinforcing the commitment to uphold the ideals of the Olympics - friendship, solidarity, and fair play - both on and off the field.

Following the inspiring oath, the creative talents of our students shone brightly as they participated in an engaging activity: the making of Olympic Rings as a visual reminder of the Olympic motto: "Citius, Altius, Fortius" - Faster, Higher, Stronger.

The afternoon buzzed with exhilarating athletic contests. A spirited Football match saw our young athletes display impressive teamwork, strategic prowess.

Simultaneously, the intensity of precision and quick reflexes was evident in the fiercely contested Table Tennis match.

International Olympic Day was not just a celebration of sports, but a reaffirmation of our commitment to nurturing well-rounded individuals.



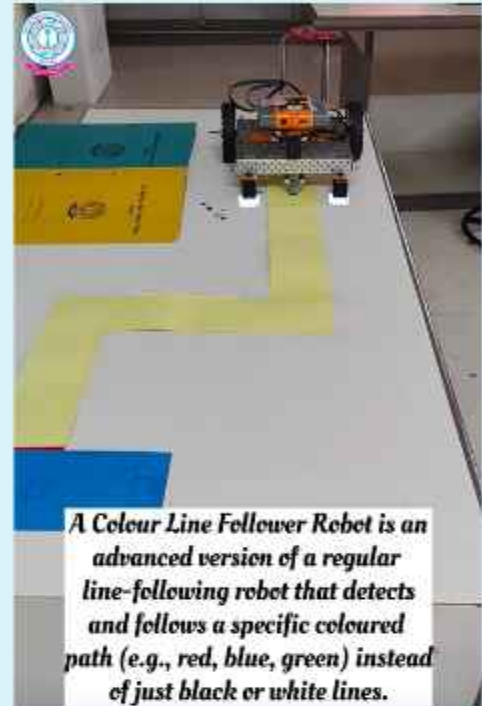
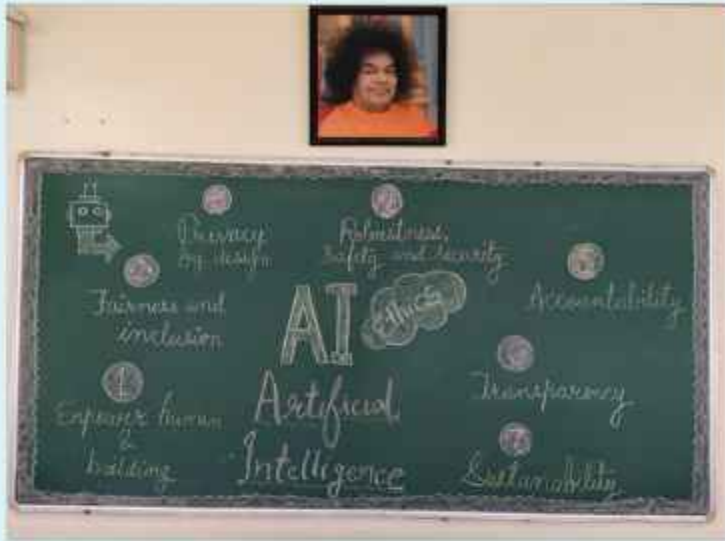
Internatational Yoga Day



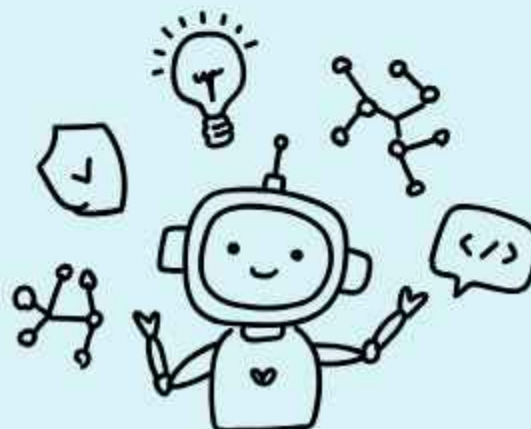
**The school celebrated International Yoga
Day with great zeal and reverence,
bringing together students and teachers
to embrace the ancient practice that
nurtures both body and mind !**

YOGA

A SNEAK PEEK INTO OUR ROBOTICS LAB



A Colour Line Follower Robot is an advanced version of a regular line-following robot that detects and follows a specific coloured path (e.g., red, blue, green) instead of just black or white lines.



TIME MACHINE ACTIVITY

“Summer Sojourns with the Time Machine!”

Our tiny tots took an exciting ride on the “Time Machine” as they journeyed to their favourite summer destinations — the sunny Beach Day, the splashy Water Park, and the cozy Grandparents’ House!

Through role play and storytelling, children shared joyful memories of their summer vacations, enhancing their communication skills, imaginative thinking, and confidence in public speaking. It was a delightful blend of fun and learning, making past moments .



BALVATIKA 1 B- FUN AND FITNESS ACTIVITIES



The values that shape me

Life is full of possibilities, and I don't know everything right now. But I do know one thing. I want to be a good human being before anything else. No matter what I become a scientist, an athlete, an artist, or something completely unexpected. I want to be kind, honest, and helpful. I believe true success is not just about winning or getting awards, but about always doing my best and treating others with respect.

KINDNESS



I also believe in three important values: Discipline, Dedication, and Determination. These will help me stay strong, work hard, and never give up on my dreams.

With hope and confidence

Advik Patwa

5 E

Visit to Jallianwala Bagh, Attari Wagah Border & Golden Temple, Amritsar



Vaidehi Sharma

7 C

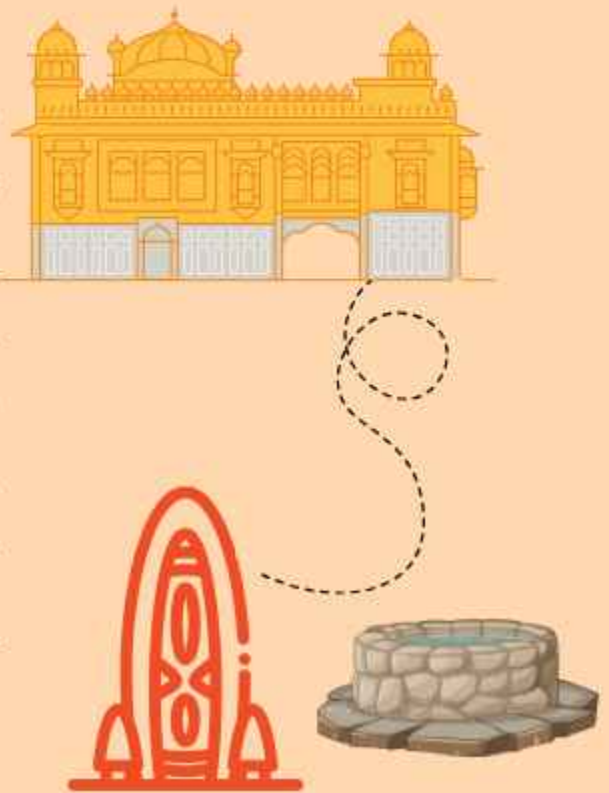
I got selected for 68th SGFI Karate National Tournament to be held at Ludhiana, Punjab in December 2024. I went there with my parents. After winning the Bronze Medal for Madhya Pradesh, I was super excited and then my parents decided to visit Amritsar for 2 days. Amritsar is about two-and half-hour journey by train.

We reached there by afternoon and directly went to Attari Wagah Border to witness the splendid Beating Retreat Border Ceremony. This ceremony is held every day and is a main tourist attraction in the state of Punjab. This ceremony has been jointly followed by the Border Security Force (BSF) of India and Pakistani Rangers. Wagah Border is the international border separating India and Pakistan. This border is important from the perspective of history and the splendid military ceremony that takes place every day, which attracts a large number of tourists. The ceremony starts with a blustering parade by the soldiers from both sides and ends up in the perfectly coordinated lowering of the two nations' flags. The soldiers of this ceremony are specially appointed and trained for this auspicious ceremony.

This was the first time that I had this unique and mesmerizing experience. We all were thrilled to see the brave soldiers of our country and everywhere the crowd was applauding and shouting “Bharat Mata ki Jai”. The atmosphere and vibe at the location are indescribable and worth the effort to experience. I really had goose bumps and must say that this is a lifetime experience!!

Next morning we visited the pious Golden Temple and offered our prayers there. This incredible place is marked by the stunning architecture, the serene atmosphere, the "langar", and a sense of unity and devotion that transcends religious boundaries, leaving visitors feeling a profound sense of calmness and positivity. The temple is also known as Sri Darbar Sahib and Sri Harmandir Sahib after its creator, Guru Sahib. I am truly blessed to get the chance to be here with my parents.

Our next place of visit was Jallianwala Bagh that was just at the walking distance from Golden Temple. My father told me about this place earlier, so I was curious to know more and was thinking that finally I got the opportunity to pay homage to all those who sacrificed their lives here.



Jallianwala Bagh Massacre

On Sunday, 13 April 1919, many people including females and children gathered in the Bagh to celebrate the Baisakhi festival and to peacefully protest against the arrest and deportation of two national leaders. Dyer came to know about this gathering and went there with his troops. The Jallianwala Bagh was surrounded on all sides by houses and buildings and had only five narrow entrances, most of which were kept permanently locked. The main entrance was relatively wide, but was guarded heavily by the troops backed by the armoured vehicles so as to prevent anyone from getting out.

Without warning the crowd to disperse, Dyer ordered his troops to block the main exits and begin shooting toward the densest sections of the crowd in front of the available narrow exits, where panicked crowds were trying to leave the Bagh. The people jumped in the well to save themselves from the bullets and died there. Firing continued for approximately ten minutes. Unarmed innocent civilians, including men, women, elderly people and children were killed. This incident came to be known as the Amritsar massacre.

On 13 March 1940, at Caxton Hall in London, Udham Singh, an Indian independence activist from Sunam who had witnessed the events in Amritsar and who had been wounded there, shot and killed Michael O'Dwyer, the Lieutenant-Governor of Punjab at the time of the massacre, who had approved Dyer's action and was believed to have been the main planner.

Udham Singh was hanged for murder on 31 July 1940. In 1952, Prime Minister, Pt. Nehru honored Udham Singh and he received the title of Shaheed. I salute Shaheed Udham Singh.



My Experience at the Bagh

I had heard the song of old Hindi Movie and always used to think what had happened there. Mentioning few lines here.

जलियाँवाला बाग ये देखो यहीं चली थी गोलियां
ये मत पूछो किसने खेली यहाँ खून की होलियां
एक तरफ़ बंदूकें दन दन एक तरफ़ थी टोलियां
मरनेवाले बोल रहे थे इंकलाब की बोलियां
यहां लगा दी बहनों ने भी बाजी अपनी जान की
इस मिट्टी से तिलक करो ये धरती है बलिदान की

I touched all the places and tried to feel the pain and agony of the innocent people while they were shot. I really got emotional by seeing the bullet marks that remain on the walls and adjoining buildings to this day. The well into which many people jumped and drowned attempting to save themselves from the bullets is also a protected monument inside the park. The garden is well preserved, and all the information was provided with audio visual presentations. A flame was later added to the site. There is also a big photograph of Shaheed Udham Singh at one place inside the park.

I can very well understand at what cost we have got our 'Independence', and we should do our best for our beloved 'Nation'. The people laid down their lives in the past to make our future bright. We owe a lot to all of them, and we can try to make this world a better place for everyone by our good deeds.



MOCK ME ONE LAST TIME



It's been like decades since we met,
Things turned their faces away,
I will live in peace as you go I said,
Yet I still miss those nags today.
The same blood runs through our veins,
Yet you're like a rock and I just a mere petal;
You shield the country, brave through flames,
Remember the tale of me being adopted?
And the road where I settled?
Yesterday, you said you'd come today,
I was literally on cloud nine,
and as the door knocked hoping it was you I went ahead,
Yes, It was you with a lot of officers on your side.
The mouth that I wanted to silent,
Was now covered in a tricolour cloth,
Not willing to talk to me was now all gone,
here I am by your grave and just a request I propose.
Please mock me with your words,
Please wake up disclose its a prank,
Please buy me chocolates on returns,
The moon is brighter tonight
—It holds our childhood that sank.
The world sleeps, but I stay here,
Missing the brother who walked through ranks.

Priyali Mandloi

9 D



A WITCH



She was called a witch, they said,
A creature to hunt, since the day she was born.
To chase her dreams, to steal her fire,
For they feared her heart's untamed desire.
A being so fierce, from ages untold,
With eyes like the moon, and a soul that was bold.
"She's a witch," they cried, "to burn her !"
But in truth, she was a dreamer, not a curse of dust.
For she wasn't a witch, not the way they believed,
But a girl with a heart that could never be deceived.
Her body was bound, but her spirit was free,
She longed to succeed, to let her soul be.
She dreamed of horizons where the sky kissed the sea,
But men in their pride, so blinded to see,
Killed her for daring to rise and to soar,
For her dreams were a threat to their ancient lore.
Too sad, too cruel, the price she paid,
Her spirit, though gone, will never fade.
For a woman's desires cannot be bound,
Her dreams live on, where hope is found.



Dhriti Jajodiya
10 D



वो भी कभी बच्ची हुआ करती थी...

वो जो सबका ध्यान रखती हैं,
वो भी कभी बच्ची हुआ करती थी।

जो हमें शैतानियाँ करने पर डाँटती हैं,
वो भी कभी मस्ती करने पर डाँट खाती होगी।

जब मैं ज्यादा मोबाइल देखती तो वो कहती हैं-
उनके समय में मोबाइल भी नहीं हुआ करते थे,
पता नहीं अपना समय कैसे बिताती होगी?

वो जो पहले गुस्सा करती हैं
फिर अपने हाथों से खाना भी खिलाती हैं।

हाँ मैं उसकी बात रही हूँ
जो हमारी हर खुशियों के लिए
अपनी सुशियाँ त्याग देती हैं।

वो ही जो हर समस्याओं का
सामना करने की शक्ति रखती हैं।

Divija Goyal 8 D



आजादी

आज तिरंगा फहराता है, अपनी पूरी शान से।
मिली हमें आज़ादी देखो, शहीदों के बलिदान से॥

हमने अपना गौरव पाया, अपने स्वाभिमान से।
लगी गूँजने दसों दिशाएँ, वीरों के यशगान से।
विश्वशांति की चली हवाएँ, अपने हिंदुस्तान से।
मिली हमें आज़ादी देखो, शहीदों के बलिदान से॥

पाठ अहिंसा फैलाया है, दुनिया और जहान में।
कितना भी लिख दें वो कम है, भारत के गुणगान में।
यही देश और इसकी माटी, प्यारी हमको प्राण से।
मिली हमें आज़ादी देखो, शहीदों के बलिदान से॥

सयाली मोदी

९ एफ



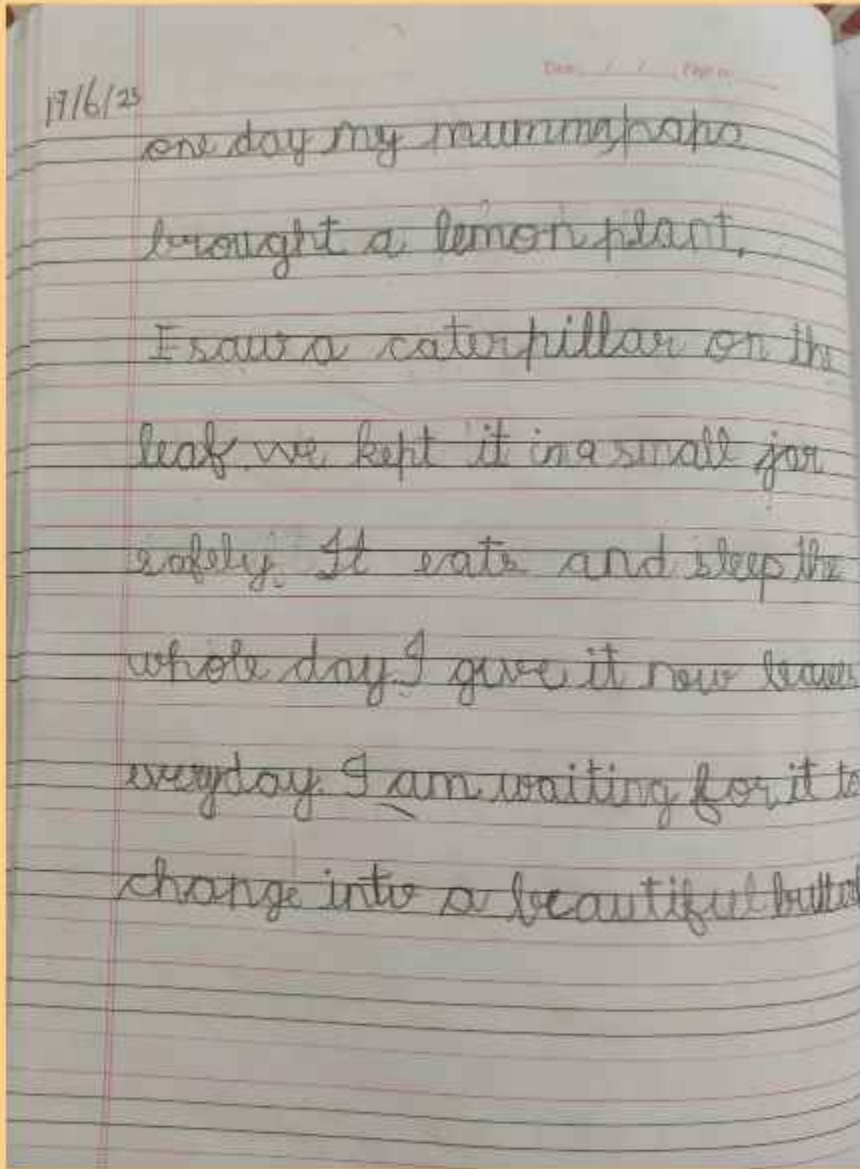
Tiny Survivor



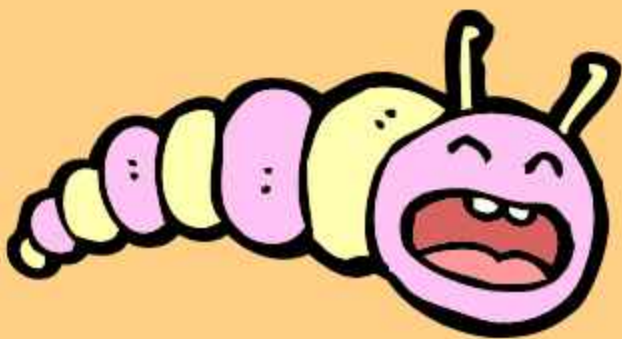
**A baby squirrel was rescued
by Poorvi Ma'am.**



HELPING HANDS



Ayaansh Badholia
2 B





ART CORNER



Mishika Jain 12 E





Khanak Jain
12A



Kinjal Ahirwar 9 E



Aditi Singh 12 E



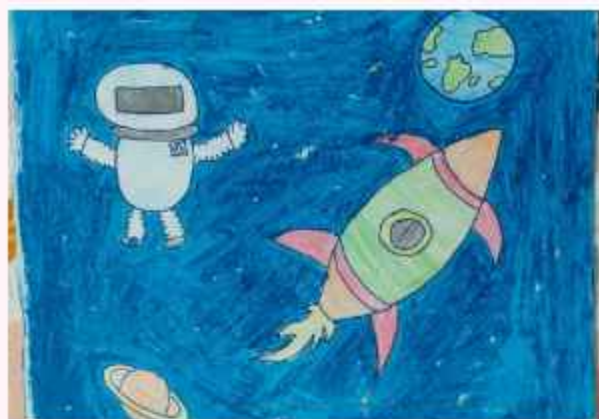


Avyaan Pahadiya 4 B



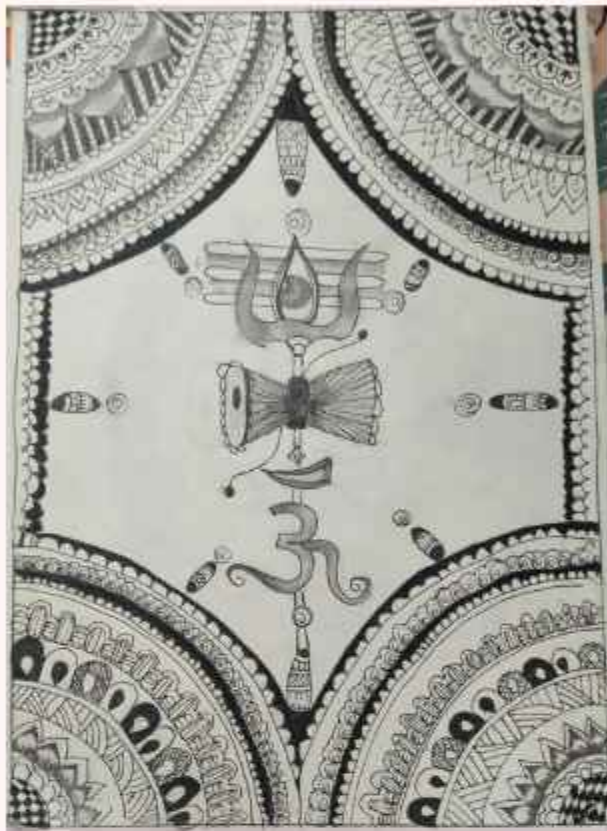


Ayaansh Badholia
2 B



Riya Audichya
10 E





Avya Badholia 7 C





Avya Badholia 7 C