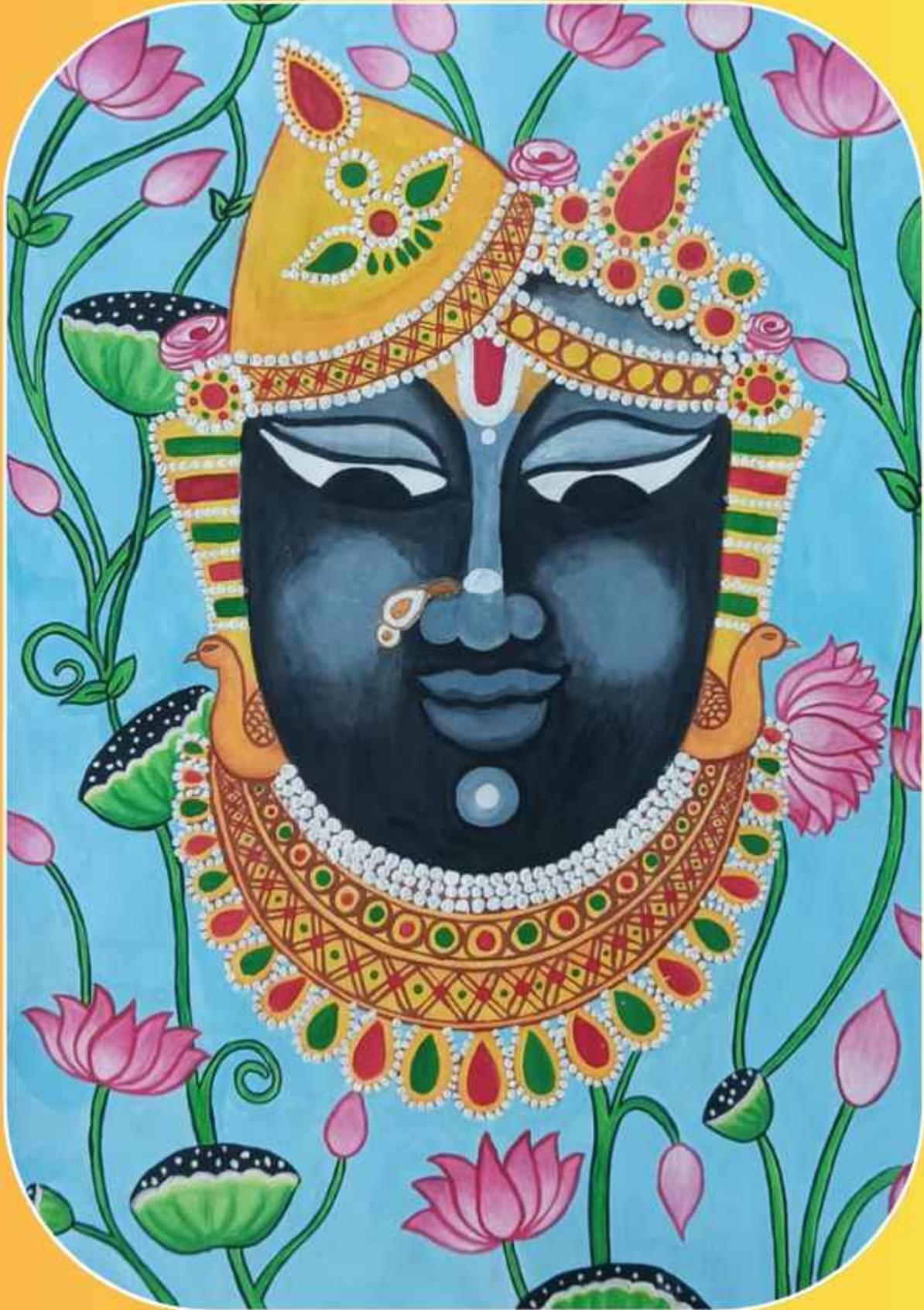


# ***Sai Sukriti***

*An initiative by the students of Sri Sathya Sai Vidya Vihar, Indore*

*Bi-monthly E-magazine*

*March 2026 Edition*



**Gunjan Kandoi**

**11 C**

# Teacher Editorial Board



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***Ms. Roopali Jalota***



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**Pranavi Panga**  
**9 A**



**Kavya Nair**  
**9 F**

# MY NEW YEAR PROMISES



*I will listen to my teacher.*

*I will keep my books and bag neat.*

*I will share and care for my friends.*

*I will speak politely.*

*I will finish my homework on time.*

*I will keep my classroom clean.*

*I will eat healthy food and play every day*

**Montessori**



# My New Year Resolutions

- ❁ I will manage my time well.
- ❁ I will study regularly.
- ❁ I will respect teachers, parents, and classmates.
- ❁ I will use kind words and actions.
- ❁ I will limit screen time.
- ❁ I will take responsibility for my actions.
- ❁ I will help others whenever I can.

MIDDLE SCHOOL CLASSES VI - VIII

# ***New year resolutions***



*I Resolve To...*



 I will set clear goals and work sincerely.

---

 I will stay disciplined and focused.

---

 I will maintain honesty and integrity.

---

 I will balance studies, health and hobbies.

---

 I will use technology responsibly.

---

 I will respect differences and opinions.

---

 I will contribute positively to my school and society.

---

**SECONDARY CLASSES IX - XII**



# FAREWELL

BATCH 2025-26



“The end of education is character.” This profound thought was beautifully reflected in the farewell organised to bid a warm adieu to the Class XII batch of 2025-2026. The event resonated with grace, emotion and the core values of the institution.

The programme began with Omkaar and prayer, creating a serene spiritual atmosphere, followed by soulful musical renditions and vibrant, graceful dance performances that added colour and enthusiasm to the occasion. The inspiring address by the Honourable Chairman, Dr. Ramesh Baheti, was a defining moment, as he motivated students to lead lives rooted in integrity, discipline and selfless service.

A unique highlight was the surprise segment where Ria Kakkad of Class XII-A was chosen as “Chairman for a Day”, imparting a meaningful lesson in leadership. The cake-cutting ceremony, in the presence of dignitaries and student leaders, symbolised togetherness and cherished memories.

On behalf of the Class XII students, Angel Tiwari, Arjun Satija and Ishika Khandelwal briefly shared their experiences, expressing heartfelt gratitude to the school, management and teachers, while fondly recalling the values and life lessons gained during their years at Sri Sathya Sai Vidya Vihar, Indore.

The gathering then stood united for the School Anthem, followed by the divine conclusion with “Sai Prem Ki Jyoti,” spreading the message of love, faith and universal brotherhood.



We will miss you



# Good Parenting Workshop

A Good Parenting Workshop was organized on Sunday, 22nd February, 2026, for the parents who have newly joined the Sai family.

The session aimed at familiarising parents with the school's philosophy and the transformative techniques of Educare.

Principal Dr. Anju Chopra warmly welcomed the parents and eloquently shared the school's vision of holistic development, highlighting the rich array of academic, co-curricular and value-based activities conducted in the school. She proudly brought to fore the school's numerous achievements that reflect excellence in every sphere.

The workshop was replete with engaging and interactive activities, including value games and a meaningful puppet show emphasizing the importance of quality family time practicing digital detox and digital sunset.

Parents were introduced to innovative teaching methodologies, the significance of a healthy diet, structured lifestyle and mental wellness. A lively role play performed by parents added enthusiasm and insight.

It was truly an enriching and successful session.



**An interactive workshop on 'Protect Your Health' was organised for the teachers on Friday, 6th February, 2026, under the aegis of CBSE.**

**Mr. Sunny George, Deputy Regional Manager-Clinical- Arjo Huntleigh Health Care India Pvt Ltd. was the resource person.**

**He apprised about the importance of being aware of the basic health care techniques. He also discussed the 7 pillars of self-care further reiterating that investing in self health care is very important. He further shared that exercise is integral in combating health conditions and diseases.**

**He also stressed on having proper knowledge about medicines , usage and storage along with highlighting the importance of first aid.**

**Overall, it was an informative session.**



**Health is wealth**



# SCIENCE WORKSHOP

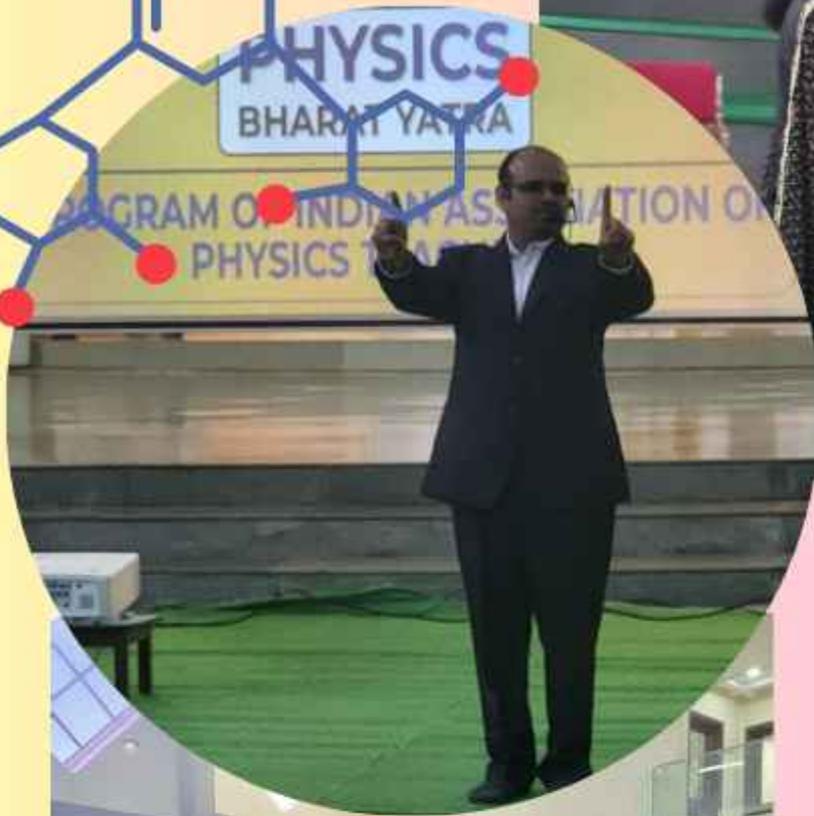
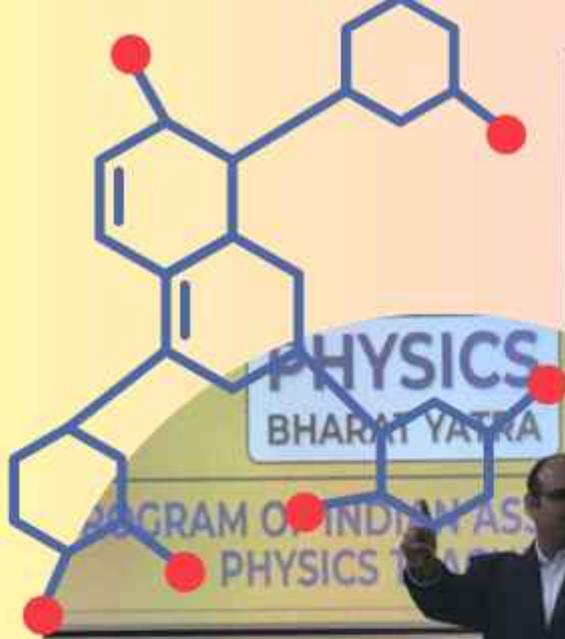
A science workshop for class 9 students was conducted on Saturday, 17th January, 2026 by Mr. Shailendra Kantak, with the aim of strengthening conceptual understanding through activity-based learning. The session encouraged students to observe, think and relate the concepts of physics to real-life situations.

During the workshop, activities related to waves were performed to explain vibration and the transfer of energy. These demonstrations helped students clearly understand how waves propagate and why they are important in everyday phenomena. The concepts were explained in a simple and engaging manner, which maintained students' interest throughout the session.

Special emphasis was given to Newton's laws of motion, particularly Newton's third law of motion. Through interactive demonstrations, students understood that for every action there is an equal and opposite reaction. Activities related to force and its direction helped students observe how the direction of force affects the motion of objects, making the concept of motion more meaningful and practical.

Overall, the workshop was interactive and informative. Students participated enthusiastically and showed keen interest in the activities. The session helped improve conceptual clarity, logical thinking, and scientific curiosity among the children, making the workshop a valuable learning experience.





# AN INSPIRATIONAL TALK- CHETAN BHAGAT

An inspirational talk was organized by IMA at the Basketball Complex, Race Course Road, Indore, with Mr. Chetan Bhagat, a renowned inspirational speaker as Chief Guest.

The topic of the session was “ Main Bharat ke liye kya kar sakta hoon.”

33 students from our school of class 8th & 9th attended the event.



During the talk, Mr. Bhagat highlighted three important points.

1. He emphasized on the importance of caring for oneself in two ways mentally and physically.
  2. He spoke about caring for friends and family, as strong personal relationships form the foundation of a meaningful life.
  3. He stressed upon caring for the country by becoming responsible and aware citizens.
- He also discussed child development and encouraged children to play outdoors instead of spending excessive time on mobile phones. He pointed out that mobile phones have replaced traditional ways of entertainment. Mr. Bhagat further mentioned that a person's company plays a vital role in shaping one's personality.

He concluded by stating that **helping oneself and one's family is a privilege, not a responsibility**. The session ended with the meaningful message that “life gets easy on the right path”. The talk was highly inspiring and encouraged everyone to reflect on their role in personal growth as well as nation-building.

# Talk



The children of classes X and XII were blessed in a serene and prayerful atmosphere, marking an auspicious beginning to the important milestone of appearing for the board examination.

The day commenced with Omkaar and a short prayer, invoking divine grace for clarity of thought, confidence, and success. The Principal and staff extended her heartfelt wishes, encouraging students to remain calm, focused and positive.

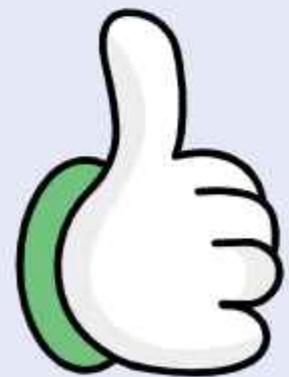
The students stepped forward with hopeful hearts and determined minds, carrying the blessings and best wishes as they embarked on this significant academic journey.



The children of class XII were sent off with blessings, warmth and positivity, as they stepped onto an important milestone of writing the board examination. Wishing them success and a bright future ahead!



**BEST  
OF LUCK**



# Science Exhibition

**NATIONAL SCIENCE DAY** is celebrated in India on February 28 each year to mark the discovery of the Raman effect by Indian Physicist Sir C. V. Raman on 28 February 1928.

An interactive Science Exhibition to commemorate the National Science Day was organized in school on 23rd February 2026 to ignite the curious young minds.

The Exhibition was inaugurated by our esteemed and erudite Principal Dr. Anju Chopra, who herself has keen interest and a sharp observation on global researches.

The highlight of the exhibition was a Robot that assisted in the ribbon cutting ceremony by presenting a scissor and introducing ma'am to the exhibition.

The children of classes 5 to 8 showcased their innovative exhibits namely Arduina Sensor System, Peizo Electricity, Maglev, Ooblick Speed Breaker etc.. They also presented a skit on Science vs Magic.

The myths and superstitions were busted by the fantastic activities undertaken by the students.

  The Science exhibition was a resounding success and was much appreciated by all.





# Science Fortnight – Little Einstein's Fiesta

The fiesta was celebrated to enhance creativity, curiosity and imagination of the young Scientists. Insights on National Science Day, highlighting its significance were discussed with the children. Word and Vocabulary basket with words related to Science were taken up in the assemblies. A science walk was organized to help young children understand that science is not just a subject in books, but it's beyond books. Children discovered that every part and sphere of their life has science behind it. An optical illusion gallery was set up and children marveled to see their eyes and brain getting tricked to see those illusions. Role play 'Ancient Science to Mangalyan' was enacted. Various robots were made and displayed by the children.

Experiments were demonstrated during the fortnight and a live arena of experiments performed by the children was set up on 28th February, 2026 culminating the fortnight celebrations. Sai Robot made by the Senior School children was an added attraction of the day.





# ***The Joy of Giving – A Lesson in Humanity***

**Trinav Chaturvedi (I C) has learned the true meaning of the ‘Joy of Giving’ at Sri Sathya Sai Vidya Vihar, Indore. Inspired by the values and teachings imparted by the school, he decided to donate boxes and stationery on his birthday to the children of Gurukul.**

**This thoughtful initiative reflects the school’s emphasis on compassion, sharing and social responsibility. By encouraging students to care for others and contribute to society, the school is shaping young minds into kind, responsible and empathetic individuals.**

**Such values not only enhance academic learning but also nurture humanity, helping children grow into good human beings who understand the importance of giving back to society. A small gesture from Trinav on his birthday that he learned only from school.**



# ***The Joy Of Giving***

**Divisha Joshi and Akshat Jain of class XI D own a youth led initiative by the name of 'SAHARA'.**

**They got a massive overwhelming response of receiving over 900 clothes, 550+ from our school, and rest from different schools and localities.**

**They have got the blankets stitched from the unused clothes for distributing to the needy and stray animals.**

**A commendable initiative by the SAI children!**



**Joy**



# सेवा से सजा जन्मदिन

सत्य साईं स्कूल में कक्षा 2 E की छात्रा मंजू रूपाराम ने इस बार अपना जन्मदिन बहुत ही खास तरीके से मनाया। वह महेश दृष्टिहीन कल्याण संघ गई, जहाँ उसने अपना समय वहाँ के बच्चों के साथ बिताया। वहाँ उसने ब्रेल लिपि को करीब से देखा और यह समझा कि कैसे ये बच्चे अपनी उंगलियों के स्पर्श से शिक्षा प्राप्त करते हैं। अपने स्कूल के संस्कारों को अपनाते हुए मंजू ने महसूस किया कि दूसरों की मदद करने और प्यार बांटने में जो खुशी मिलती है, वह किसी भी उपहार से बड़ी है। यह अनुभव उसके लिए बहुत ही प्रेरणादायक और सुखद रहा।



# Trip to Grand Machal

**420 angelic children of Nursery to Grade 2, alongwith 43 affectionate teachers and 63 caring support staff had a memorable picnic at 'The Grand Machal' and created timeless memories!**



# Basket of Memories



A day trip of  
The Grand Machal



SO  
MUCH  
'FUN'



Respected Anja ma'am, teachers, didi's and bhaiya's,

This birthday has become a memorable one for Anush. There could not have been a better celebration than this. 🥰

Thank you so much for taking effort in making the trip memorable, fun filled, safe and enjoyable for kids. 🥰

Anush's Mom  
Balvatika 3b

Thank  
You



Hello respected teachers... Thanks for organising such a fun Picnic! You all had put energy to make it amazing. Thank you for making the picnic so special. Seems all kids had a blast. Thank you so much ❤️.  
From Anyansh (1c) Mom

Respected Principal Ma'am and Teachers,  
I would like to express my sincere gratitude to you for accompanying the children and taking such wonderful care of them. Your guidance, patience, and constant attention ensured the students' safety and comfort.  
Thank You 🥰

Nitara's Mother 2B

Our sincere gratitude to Principal Ma'am and all the teachers for arranging such a well-organized and enjoyable school picnic. The children came back happy, excited, and full of lovely memories. Thank you for your dedication and thoughtful efforts 🥰❤️

Sai Rem Ma'am, thank you for organising such a fun trip! The kids can't stop talking about it!

I would like to express my sincere appreciation for the care and comfort provided by the teachers and staff during today's trip to grand machal 🥰  
Kudos to the entire team for a successful and well-managed outing. 🥰

Looking forward for more such enriching adventures as part of children's enthusiastic journey of learning.

Tanishi's Mom  
Balvatika 1 D

Hello respected principal ma'am and all respected teachers, I am truly thankful to all of you for arranging such a well-planned and enjoyable picnic. Your hard work, care, and enthusiasm made it a memorable experience for the children. Seeing them so happy means a lot to us.  
Thank you once again. ❤️  
Bv-1(c) Anvita's mother. 🥰

Thank you to all the respected teachers for the lovely outing. It seems the kids really enjoyed it and most importantly we were posted with all the updates and pictures, it was well managed and organized by the school. Hats off for commendable efforts! Looking forward for more such trips! Where kids can learn as well as enjoy!!

Sai Rem everyone!

Thank you to all the teachers and staff for organizing such a wonderful picnic for the kids. Everything was so well planned, and the children truly enjoyed themselves. We really appreciate your efforts and care in making this trip a memorable and successful one. 🥰

A huge thank you to the teachers and staff for organizing such a wonderful and safe picnic for the children. Seeing akaash come home so happy and full of stories is a testament to your hard work! Thanks for keeping us updated time to time, with pictures..



Hello respected teachers... Thanks for organizing such a fantastic Picnic! You all had put energy to make it amazing. Kids truly enjoyed it. Thank you for making the picnic so special and memorable. Seems all kids had a lot of fun. Thank you so much.  
From Tirth (12) Man

Sai Ram ma'am,

Respected teachers and the staff members

A day filled with excitement

Adventurous venue,  
Delectable food,  
The care and love for every child,  
New learning for our little one

A huge thank you to the entire staff.  
Eshany being exhausted is still looking excited for the activities he did there.

Regards  
Shrutika (Eshany Bhatt's mom)  
BV 1 D

Sai ram ma'am,

My heart is filled with gratitude and love as I express my deepest thanks for organizing the unforgettable day trip to Grand Machal for the kids. The joy and excitement on their faces as they shared their experiences with us were truly priceless, and I'll cherish those moments forever.

Ma'am, your teachers selfless efforts and dedication towards the children are truly commendable. The way you all ensured their safety, comfort, and happiness throughout the trip was remarkable, and it speaks volumes about your caring and nurturing nature.

The delicious snacks, lunch, and refreshments you provided were a treat for the kids, and they thoroughly enjoyed every bite. Your kindness and thoughtfulness have made this day an unforgettable one for them, and for us as parents, it's a feeling of gratitude that's hard to put into words.

Thank you, dear Ma'am and to all teachers for being friend to all the children here. The passion and commitment to create memorable experiences for them are truly inspiring, and we're blessed to have you in their lives.

Thank you again, Ma'am, for your kindness, care, and unwavering support.

Best regards

Sai Ram ma'am,  
Thank you principal ma'am, all teachers and supporting staff for organizing a fun-filled trip for kids as they enjoyed a lot ma'am and also talked a lot about the same. 🌟🌟

Dear Principal Ma'am  
Sai Ram

A huge THANK YOU 🌟 for making our child's day so special 🌟 The trip to Grand Machal was an unforgettable experience! Your efforts and dedication have created memories that'll last a lifetime. ❤️

Warm Regards  
Mohit Khanna  
(F/O Avika Khanna)

Sai ram principal mam nd all try  
Thanks so much for everything  
amazing trip my daughter enjoyed  
so much nd delicious food also 🌟  
Desha sonker 2B

Sai Ram,  
Thank you for accompanying the children  
nd taking such wonderful care of them.  
Your guidance and constant support  
ensured their safety and comfort.  
Thank you 🌟  
Isika's Mother BV -1B

enjoy every moment.

Thank you for such a wonderful outing!  
Maternal care and love of teachers made it fun.  
Sai Ram  
BV - 1C Dia's Mother

Thanku so much all the teachers for organizing such a lovely and safe trip 🌟

Sai Ram  
We are very grateful and lucky to be part of Sai Family 🌟  
Thank you so much Principal Madam, all the Teachers, Staff, Didi's, Driver and conductor Bhaiya and everyone for such a wonderful, lovely, safe and adventurous trip for our little munchkins 🌟 With Mouthwatering foods 🌟  
Heartfelt Thanking You All 🌟  
Regards  
Pulgni Chaitanya Pimprikar  
Shivansh's Mother BV1  
Nuzery E 🌟

Sai ram ...  
Thank you so much to all the teachers ...thank you for taking care of children so well. Kids have great fun ...  
Sai ram...

By 3 c... ayash Gupta's mother

Thank you so much Principal mam, teachers and didi's for organizing such an adventurous trip for our kids and taking care of all kids in such a loving way. Parth is so excited for trips like these. Once again thank you so much.

Sainam !

Thank you principal madam , all teachers and staff. Truly a wonderful experience for the little ones . Their excitement was unmeasurable and they are already looking forward for the next trip ...❤️❤️  
Regards 🌟

Thank you to Principal ma'am, all teachers and staff for the amazing picnic... 🌟  
Your dedication made the day fun, safe, and full of beautiful memories. 🌟

Sai Ram to all

A heartfelt thank you Principal ma'am , to all dedicated teachers and did's for organizing such a wonderful picnic for the children. Every detail was thoughtfully planned, ensuring the kids had an absolute blast. We truly appreciate your efforts and care in making this outing a memorable success! 🌟  
Khyash Arya BV -3D

Sai Ram Anju Ma'am .

"Heartfelt thanks to the school management, respected Principal, and all the teachers for organizing such a wonderful and memorable trip to Grand Machal. The trip was very well planned, safe, and full of learning and fun for the children. The food was delicious, and the kids truly loved everything. We really appreciate the efforts, care, and dedication of the teachers , did's and bus drivers who made this experience enjoyable and enriching. It will surely remain a beautiful memory for our children. Thank you once again!"

Anagha gakhale  
M/O Anvi 2-C

Sai Ram to all  
Heartfelt thank you Principal ma'am and all the teachers for organizing such a fun filled trip. Also a big thank you to all did's for being supportive and caring. Thank you so much.

Anvi Chitale  
BV 2- C

Sai Ram to all My daughter enjoyed the picnic  
Thank you mam B v-1c

Dear Principal Ma'am, teachers & did, bhayasa Sainam !

Thank you from the bottom of our hearts for giving our children such a wonderful opportunity to visit Grand Machal today. Your efforts in planning, guiding, and taking such good care of all the kids made this trip not only enjoyable but also truly enriching for them.

Seeing their excitement, learning, and happiness throughout the day is a reflection of your dedication and love for teaching beyond the classroom.

We are deeply grateful for your time, patience, and commitment in making this experience so memorable for our children.

With sincere thanks and respect, Grishma ( Niveen's mother) 1 D'

Sai Ram Ma'am

Respected teachers and Did's

Thank you so much for this wonderful trip 🌟... really appreciate your efforts 🌟

Kids get a chance to explore new things on their own, they are feeling more confident now .after Watching them feeling so happy 🌟

I am so grateful for having such a safe , positive, organized, memorable picnic for kids.

Kudos to Geeta ma'am , Sandi Ma'am, and Ritu Ma'am 🌟  
Thank you so much for your great support 🌟.  
Regards

Rishika Anand Ra  
Samir Singh Anand Jr meet a

Sainam everyone!

A big thank you to staff ,teachers and Principal ma'am for organizing wonderful trip!

Taking care of all needs from food to conveyance was up to the mark!

Kids come with a big smile is proof of their enjoyment!

Thank you  
Ritika Shah (BV 1 D- Hiraanshah)

Thanks to All teachers , support staff for planning safe enjoyable Trip and truly wonderful and unforgettable trip for kids 🌟

Sai ram 🌟

Thank you so much teachers and did for making this day wonderful and memorable.....  
A big smile by (stavi thwari 2 D ) 🌟

Sai Ram

Heartfelt thank you to school committee for organizing fun filled trip for the kids!  
Appreciate the care you took of our words and for bringing back safely 🌟

Sai ram to all,

Respected Principal ma'am, Teachers, and Staff.

I would like to extend my sincere thanks to each of you for organizing such a wonderful and memorable trip for the students. Your dedication, careful planning, and hard work truly made this experience enriching, enjoyable, and safe for everyone.

Thank you for taking care of kids in a great manner!

Regards

Barkha sodana(mother of Anayasha sodana)  
Bv 2D

Sai Ram

Respected principal Ma'am, teachers and all the staff  
Thanks a lot... 🌟 For this wonderful trip. The trip was very well planned, safe and memorable for the children, truly a wonderful experience for the little ones. Childrens enjoyed a lot I truly appreciate your efforts and taking care of all kids in such a loving way. 🌟

Once again a heartfelt thanks to all the SAI family for making our little ones day so special 🌟

Free:- Pranita (Prasiddhi's mom) BV 1-C

🌟🌟🌟

Respected teachers,

Thank you so much for planning such a joyful and well-organized picnic. Your dedication and enthusiasm were clearly reflected in the smiles and happiness of the children. They truly enjoyed every moment. Grateful for all your efforts. 🌟

Ashen Singh mother BV 1 C

Sai Ram  
Heartfelt thanks to Respected Principal ma'am, teachers,  
and supporting staff, for organizing such a fun filled  
and successful picnic for little ones.  
Kids enjoyed and learnt many things.

Sincere appreciation for your patience, care, meticulous  
planning and execution for whole trip.

Regards  
Dr. Gurvira Sumit Sinha  
Pranika's Mother Bal-Vatika 1 A

Sairam ..

Respected principal ma'am and all the  
teachers and supporting staff,  
We're so grateful for the amazing picnic  
you organized for our little ones! The kids  
had a blast, and it's clear how much care  
and effort went into making it special.  
Thank you for creating such wonderful  
memories!

Warm regards,  
Priyanka Chouksey  
Mother of Shivay Chouksey (BV 2 A)  
@SS BM Gauri Dyer Ma'am  
@SS BM Sonal Fernandes Ma'am

Sai Ram

I would like to express my heartfelt thanks to Respected Principal Ma'am, all the teachers, didis and bhaisyas For organizing such a wonderful and memorable picnic day for the kids. Your Dedicated efforts for the comfort and Safety of our kids are truly appreciable.

THANKU SO MUCH 🙏  
Shivani Kulkarni

Sairam 🙏

Respected Principal ma'am, all the teachers, mentors, didis and bhaisyas...  
A sincere thanks to each one of you for making the trip so memorable and  
fun-filled for the kids. 🙏 The transport, yummy and delicious snacks and  
the overall care given to the kids was absolutely fantastic.

Each one of your guidance and encouragement has been instrumental in my  
child's growth and happiness. 🙏🙏

Thank you for such an amazing trip. 🙏🙏

Regards  
Anchal Arora (SSSVV)  
Mother of Shoaib Arora (BV 1 E)

Thank you so much Respected Principal  
Ma'am, all the teachers and didi's for  
organizing the picnic as well. 🙏🙏  
This type of event is like a lifetime memory  
for the kids...

Thank you so much everyone for putting up  
such amazing efforts... It is a hard job to  
take care of so many kids in an open  
environment... 🙏

Hot off to the entire team...

🙏🙏🙏  
Dr. Pranav Mahajan  
F/o Shivam Mahajan - BV - 1C

Sairam ma'am ,

Respected teachers and the staff  
members

Thank you so much for organizing such  
a lovely and safe trip. My daughter  
enjoyed a lot .we truly appreciate  
your efforts and care in making this  
outing a memorable success!

Sweeti Jain  
M/O Yagvi Jain BV - 2A

Sairam 🙏

Respected Principal ma'am, all the teachers, mentors, didis and sir  
A sincere thanks to each one of you for making the trip so  
memorable and fun-filled for the kids. The transport, yummy and  
delicious snacks and the overall care given to the kids was  
absolutely fantastic.

Each one of your guidance and encouragement has been instrumental  
in my child's growth and happiness. 🙏🙏

Thank you for such an amazing trip. 🙏🙏

Regards  
Nishi Maheshwari jajoo (mother)  
Aarvik jajoo 1 A  
Anika jajoo BV 1 A

Sai ram and thank you so much to all the teachers for taking such  
wonderful care of the kids during the Grand Machel picnic.

Your patience, dedication, and constant attention assured that the  
children were safe, happy, and truly enjoyed the experience.

We deeply appreciate the effort and love you put into making the  
picnic a memorable one for them. 🙏🙏

Swanya Sharma  
Anyones's mother ( BV 1 A)

Sairam to all

such a heartfelt thankyou @SS BM PRIYA DUBEY  
ma'am @BM SS PREETE RANGNEKAR Ma'am  
ma'am and didi for taking care for our children..

🙏🙏🙏  
Wonderful day trip 🙏❤️ beautiful memories for  
all children 🙏

Regards  
Mevita M/O Rishi BV E1

Sairam 🙏

Principal ma'am and all the teachers and supporting staff.  
We're so grateful for the amazing picnic you organized for the kids.  
They surely had a blast, and it's clear from the pictures shared how  
much care and effort went into making it special. Thank you for  
creating such wonderful memories!  
We really appreciate your efforts!

Regards  
Nishi Khosla  
M/o Boney Kaur Khosla  
Class 2 c

Thank u Ma'am to make unforgettable memorable moments of Iva  
and personally take care them he is fond of yours love and  
affection after that trip 🙏

Ivaan Patel BV 1 E

Sai Ram

We are very grateful and lucky to be part of Sai Family 🙏  
Thank you so much Preeti Madam and Priya Madam.  
Motherly care, love, kindness and your support makes us our  
more self dependent and confident.

A big thank you too Didi's, Bhaisya, Driver Bhaisya and cendia  
Bhaisya and everyone for such a wonderful, lovely, safe and  
adventurous trip for our little munchkins 🙏 With Mouthwatering  
foods 🙏

Heartfelt Thanking You All 🙏

Regards  
Falguni Chaitanya Pimprikar  
Shivanshi's Mother BV1  
Nusray E 🙏

Sai ram 🙏🙏

A heartfelt thank you to the entire staff for the great arrangements and efforts that made the picnic memorable...

Regards

Rona anshu

M/O saskashi anshu BV - 2D

Sai Ram Mani

Heartfelt thanks to the school committee for organising a super fun trip for the kids! 🙏 Really appreciate the care you took of our little ones and for bringing them back safe and sound 🙏. This trip will be a cherished memory for kids... and for us too! 🙏 Thankful & Grateful! 🙏

Shubhangi

M/o Dhvani Upadhyay

Class 1 A

Heartfelt thanks to you for managing the day trip so well. Shreemal came back so happy and full of stories. This wouldn't have been possible without your dedication and hard work. Thanks a ton to both of you 🙏

Thank u dear Principal mam, all d teachers and didis for such a lovely day

Sai Ram Anja Ma'am

Heartfelt thanks to you, Ma'am, for organizing such a wonderful trip. Your care, planning, and guidance made it a truly enjoyable and memorable experience. 🙏

Dear Principal, Management, and Class Teacher(Dr. Ma'am)

We would like to extend our heartfelt gratitude 🙏 for organizing a wonderful 🙏picnic 🙏 for our children. Your efforts and attention 🙏 to detail ensured a safe and enjoyable experience. The kids had an absolute blast! 🙏 Your dedication and care are truly appreciated. 🙏

🙏 Thank you once again for creating cherished memories. 🙏

Sai Ram Mani

Heartfelt thanks to the school committee for organizing a super fun trip for the kids! 🙏 Really appreciate the care you took of our little ones and for bringing them back safe and sound 🙏. This trip will be a cherished memory for kids... and for us too! 🙏 Thankful & Grateful! 🙏

Rinkal Rajawat

M/o Divya Rajawat

Class - Bel vatika 2D

Sai ram... 🙏

Heartful of Thank you to principal mam, teachers, all Didis for taking care of the tiny tids , organizing such a memorable day trip for kiddes. Trisha's was very excited for this trip from many days. In morning she wake up earlier than me in the excitement of trip. And the trip was filled with lots fun and memories for her. She came back very happy.

Thank you so much all of you for your love and care.

Regards

Dinkal Arora ( Mother of Trisha Arora Bv. 1c )

Sai Ram

Thank you Principal mam all teachers and all didis for the amazing picnic! We loved and it was so nice to spend time with everyone outside of class heartfelt gratitude for all of a 🙏🙏

Respected Principal Ma'am, Teachers, Management team and Didis

I sincerely thank each one of you for the care, effort, and dedication during the one-day trip to Grand Machel.

Respected Principal Ma'am, when you said, "A big thank you for giving your life to us," it touched me deeply. Your presence, warmth, and guidance at every school event truly reflect your care and commitment toward the children.

To the teachers, your planning, guidance, and attention to every small detail made the children feel safe, comfortable, and engaged. The WhatsApp updates from planning to execution and live pictures throughout the trip made me feel as if I was with my child every moment.

To the didis, your patience, care, and emotional presence made the children feel secure, confident, and joyful throughout the trip.

Special thanks to Anisha Ma'am and Nikhi Ma'am for going down to the children's level, walking with them, understanding their needs, and making them feel truly cared for.

I also appreciate the management team for creating a well-organized and nurturing environment that makes such experiences possible.

Thanks to everyone, this trip became more than an outing—it became a joyful and secure memory for my child and a comforting experience for me as a parent.

With heartfelt gratitude and respect,  
Divya Giri (Mother of Garvita Chohan)

Sai Ram ,

Our heartfelt appreciation to the esteemed school authorities specially Mrs Anja Chapsa Ma'am and Mrs Ritu Nager for meticulously planning and executing such a splendid picnic. The seamless arrangements and thoughtful supervision made it a memorable experience for all.

Regards,

Urvasi Sethi m/o

Enayya Sethi Class 2nd A

Sainam 🙏

Principal ma'am and all the teachers and supporting staff, We're so grateful for the amazing picnic you organized for the kids. They surely had a blast, and it's clear from the pictures shared how much care and effort went into making it special. Thank you for creating such wonderful memories! We really appreciate your efforts!

Regards

Anika Ajmera

Bel vatika 2 B

Sai ram .

Thanks a principal ma'am and Nanyo ma'am and all staff for a fantastic picnic! Such a perfect day filled with sunshine..Daksh will cherish these memories!

Thanks 🙏

Daksh Verma BV 3A

Dear Principal's ma'am & Teachers

We wanted to express our heartfelt gratitude for organizing such an amazing picnic day for the kids! The activities, food, and company were simply fantastic 🙏. Sameeha came back beaming with joy and memories to cherish. Thank you for making it so special 🙏.

Thanks

Sameeha Gulati

Balvatika 1 B

Sai Ram

Thank you so much for organizing such a wonderful picnic for the kids. Aarav had an amazing time and came back home so happy and excited.

He really enjoyed everything — the food, the fun activities, and the overall picnic experience. It was clear how well everything was planned and how lovingly the children were looked after. Thank you for giving them such beautiful memories. Truly appreciate all your efforts.

Regards,  
Priya Gupta  
Aarav Gupta  
Balvika 1 E

Thank you so much ma'am  
Heartfelt thanks for taking care of kids so nicely.  
Thanks for all efforts to make them happy and safe.  
Vanya kabra  
Balvika 2 A

The trip was amazing - kids had a great time and they enjoyed throughly.

A big thank you to the Principal ma'am for planning such a joyful day out for our little ones. Special appreciation to the teachers and didis for their tireless efforts and for taking such great care of the children.

Best regards,  
Pooja & Sunil Sharma  
Tony Sharma  
B.V 1 (E)

Sairam ma'am .

Respected teachers and the staff members

Thank you so much for organizing such a lovely and safe trip, we truly appreciate your efforts and care in making this outing a memorable success!

Thanks  
Falek khandewal  
Balvika 1 B

Sai Ravi Ma'am,

Thank you so much to the respected Principal, all the teachers, and the entire supporting staff for organizing such a wonderful picnic for kids.

This being Aryahi's first-ever picnic, it was truly a memorable experience for her. From the bus journey with friends, fun rides, exciting activities, delicious food and snacks—every little detail was so thoughtfully planned. She came back so happy and excited, sharing stories with such joy. It's lovely to see her enjoy and explore like never before.

Truly grateful for your efforts, care, and love in creating such beautiful memories for our little ones.

Regards,  
Dr. Snehal Jain  
Aryahi's Mom  
BV 1A



"These little ones aren't that easy to handle..."

We all know the effort you all would have made and you always make to take care of our kids in the trips..

It fun to see them in the pictures and on the same side I feel grateful that this is possible in such chaotic world that kids are safe and enjoying in some other hands..

We handover our kids with trust to you..

Appreciate to this Relation that we as parent share with you all..  
Thankyou for everything..Principal Teachers didi driver...everyone who took care of our kids..

-TASHYA RAJWANI Bv 1A

A big thank you to the Principal ma'am for planning such a joyful day out for our little ones. Special appreciation to the teachers and didis for their tireless efforts and for taking such great care of the children.

Best regards,  
Preeti malviya  
Sutvik malviya 's mother 2nd c

Sai Ram

Thanks to the Principal Ma'am ,all the teachers and didi's for organizing such a wonderful picnic. kids enjoyed a lot.

Sai Ram

Respected Anju Ma'am, Gauri Ma'am, Sandi Ma'am and all the teachers and supporting staff I wanted to extend my sincere thanks for the wonderful picnic. Saanidhi had an amazing time and hasn't stopped talking about it! It meant so much to us as parents to know they were in such safe, caring hands. The trip was so well-organized, and we're truly grateful for the fun, adventure, and peace of mind you provided. Thank you for all you did!

Vaishali Singh  
Saanidhi Singh's mother  
Balvika 2-A

Sai ram...  
Thank you respected anju ma'am, Teachers and staffs for planning such an amazing trip. It was fun, educational, and unforgettable.

Regards  
Bhavya Mongal  
Bv 3D



Respected Mam

Sadon Piranam

I am writing to express my sincere gratitude for organizing the wonderful school trip to The Grand Machal on 8<sup>th</sup> Jan 2026. It was an incredibly fun and good experience and we all thoroughly enjoyed it. The trip was very well-organized and we specially appreciated the food, activities like gacanting, soft play

arena etc. Thankyou for your effort in planning such a memorable event. It is an experience I won't forget, and it truly enhanced our understanding and appreciation for the team work.

Thankyou once again for everything

Yours Obedient,

Devaditya Isin

Class I-C'



## EXPLORING, EXPERIENCING, ENLIGHTENING – EXCURSION TO NAINITAL & JIM CORBETT

53 Boys of class IX & XI embarked on an enriching educational excursion to the serene hills of Nainital and the adventurous wilderness of Jim Corbett National Park along with 5 teachers by air.

They excitedly explored the tranquil lakes, scenic mountains and experienced the thrill of a jungle safari at Jim Corbett National Park.

Bon voyage! 🌍✈️



# National Youth Day

On January 12, 2026, the School celebrated National Youth Day with great enthusiasm and fervour. As part of the celebrations, children of classes 1 to 4 gathered to perform Surya Namaskar, showcasing their commitment to physical well being and mental discipline.



# INDIAN ARMY DAY – HONOURING OUR BRAVE PROTECTORS



Our Balvatika children commemorated the Indian Army Day with great pride and enthusiasm, paying tribute to the courage, discipline and selfless sacrifices of our brave soldiers. Through an expressive role-play, the children gained insight into the life of a soldier—their dedication, hard work, and unwavering responsibility towards safeguarding our nation.

The celebration was marked by respectful salutes and heartfelt expressions of gratitude, as the children proudly conveyed their love for the country by saying “Thank You, Soldiers”. It was a meaningful learning experience that beautifully blended patriotism, respect and joy.



# Little Celebrations, Big Learnings ✨

## 🌿 Harvest Festivals Fiesta – Lohri, Makar Sankranti & Pongal 🌿

Our Balvatika children joyfully dived into the festive vibes of Lohri while also learning about the significance of Makar Sankranti and Pongal. Through an engaging storytelling session, the little learners discovered how these festivals celebrate harvest, gratitude and togetherness across different parts of India. The children enthusiastically participated in the celebration, spreading smiles, joy and festive cheer all around. 🎈🔥☀️





# Basant Panchami Celebration (Bal Mandir)

Our campus was a canvas of divine grace and springtime splendour as we celebrated Basant Panchami with reverence and joy! Adorned in yellow, our little stars offered prayers to Goddess Saraswati, seeking wisdom and enlightenment. The soul-stirring Saraswati Prarthana echoed the school's commitment to nurturing cultural values and holistic education. 🌸🌺🌻🌼

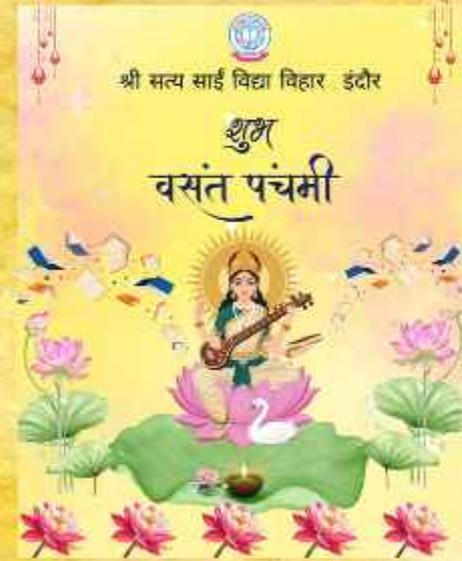


*Basant Panchami holds great importance in the lives of students as it signifies the beginning of learning, wisdom, and creativity under the blessings of Goddess Saraswati, the divine source of knowledge.*

*On this auspicious occasion, a special assembly was conducted with soulful Shlok Path, filling the atmosphere with devotion and positivity. The students reverently sought the blessings of the Goddess, praying for clarity of thought, academic excellence, and moral values. The celebration inspired learners to respect knowledge, cultivate discipline, and pursue education with sincerity and dedication.*



# वसंत पंचमी





NETAJI SUBHASH CHANDRA BOSE JAYANTI

# Parakram Diwas

23rd January

"Freedom begins with fearless dreams!"

- \* The value of "pi" was first calculated by the Indian Mathematician Budhayana, and he explained the concept of what is known as the Pythagorean Theorem. He discovered this in the 6th century, long before the European mathematicians.
- \* Algebra, Trigonometry and Calculus also originated in India.
- \* Quadratic Equations were used by Sriidharacharya in the 11th century. The largest numbers the Greeks and the Romans used were 106 whereas Hindus used numbers as big as  $10^{53}$  (i.e. 10 to the power of 53) with specific names as early as 5000 B.C. during the Vedic period. Even today, the largest used number is Terra:  $10^{12}$  (10 to the power of 12).
- \* Until 1896, India was the only source of diamonds in the world (Source: Gemological Institute of America).
- \* The Baily Bridge is the highest bridge in the world. It is located in the Ladakh valley between the Dras and Suru rivers in the Himalayan mountains. It was built by the Indian Army in August 1982.
- \* Sushruta is regarded as the Father of Surgery. Over 2600 years ago Sushruta & his team conducted complicated surgeries like cataract, artificial limbs, cesareans, fractures, urinary stones, plastic surgery and brain surgeries.
- \* Usage of anaesthesia was well known in ancient Indian medicine. Detailed knowledge of anatomy, embryology, digestion, metabolism, physiology, etiology, genetics and immunity is also found in many ancient Indian texts.
- \* The four religions born in India - Hinduism, Buddhism, Jainism, and Sikhism, are followed by 25% of the world's population.
- \* Jainism and Buddhism were founded in India in 600 B.C. and 500 B.C. respectively.
- \* Islam is India's and the world's second largest religion.
- \* The oldest European church and synagogue in India are in the city of Cochin. They were built in 1503 and 1588 respectively.
- \* Jews and Christians have lived continuously in India since 200 B.C. and 52 A.D. respectively.
- \* The largest religious building in the world is Angkor Wat, a Hindu Temple in Cambodia built at the end of the 11th century.

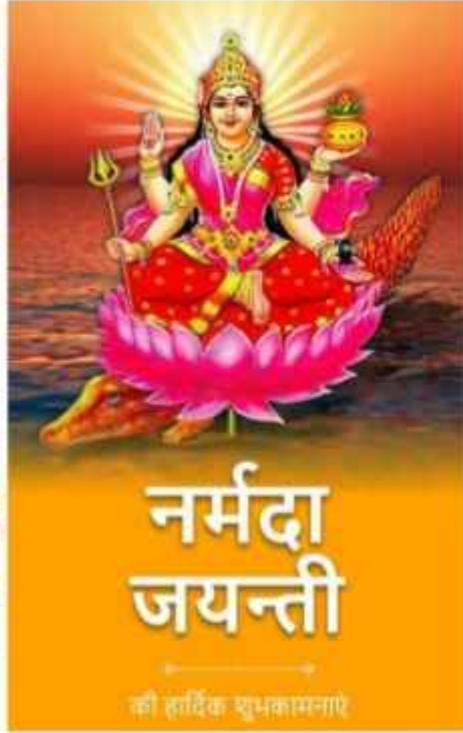
## About India

India is one of the oldest civilizations in the world with a kaleidoscopic variety and rich cultural heritage. It has achieved all-round socio-economic progress since Independence. As the 7th largest country in the world, India stands apart from the rest of Asia, marked off as it is by mountains and the sea, which give the country a distinct geographical entity. Bounded by the Great Himalayas in the north, it stretches southwards and at the Tropic of Cancer, tapers off into the Indian Ocean between the Bay of Bengal on the east and the Arabian Sea on the west.

## Interesting Facts about India

- \* India never invaded any country in her last 100000 years of history.
- \* When many cultures were only nomadic forest dwellers over 5000 years ago, Indians established Harappan culture in Sindhu Valley (Indus Valley Civilization)
- \* The name 'India' is derived from the River Indus, the valleys around which were the home of the early settlers. The Aryan worshippers referred to the river Indus as the Sindhu.
- \* The Persian invaders converted it into Hindu. The name 'Hindustan' combines Sindhu and Hindu and thus refers to the land of the Hindus.
- \* Chess was invented in India.
- \* Algebra, Trigonometry and Calculus are studies, which originated in India.
- \* The 'Place Value System' and the 'Decimal System' were developed in India in 100 B.C.
- \* The World's First Granite Temple is the Brihadeswara Temple at Tanjavur, Tamil Nadu. The shikhara of the temple is made from a single 80-tonne piece of granite. This magnificent temple was built in just five years, (between 1004 AD and 1009 AD) during the reign of Rajaraja Chola.
- \* India is the largest democracy in the world, the 7th largest Country in the world, and one of the most ancient civilizations.
- \* The game of Snakes & Ladders was created by the 13th century poet saint Gyandev. It was originally called 'Mokshapat'. The ladders in the game represented virtues and the snakes indicated vices. The game was played with cowrie shells and dices. In time, the game underwent several modifications, but its meaning remained the same, i.e. good deeds take people to heaven and evil to a cycle of re-births.
- \* The world's highest cricket ground is in Chail, Himachal Pradesh. Built in 1893 after leveling a hilltop, this cricket pitch is 2444 meters above sea level.
- \* India has the largest number of Post Offices in the world.
- \* The largest employer in India is the Indian Railways, employing over a million people.
- \* The world's first university was established in Takshila in 700 B.C. More than 10,500 students from all over the world studied more than 60 subjects. The University of Nalanda built in the 4th century was one of the greatest achievements of ancient India in the field of education.
- \* Ayurveda is the earliest school of medicine known to mankind. The Father of Medicine, Charaka, consolidated Ayurveda 2500 years ago.
- \* India was one of the richest countries till the time of British rule in the early 17th Century. Christopher Columbus, attracted by India's wealth, had come looking for a sea route to India when he discovered America by mistake.
- \* The Art of Navigation & Navigating was born in the river Sindhu over 6000 years ago. The very word Navigation is derived from the Sanskrit word 'NAVIGATHI'. The word navy is also derived from the Sanskrit word 'Nau'.
- \* Bhaskaracharya rightly calculated the time taken by the earth to orbit the Sun hundreds of years before the astronomer Smart. According to his calculation, the time taken by the Earth to orbit the Sun was 365.258756484 days.

- \* Varanasi, also known as Benaras, was called "the Ancient City" when Lord Buddha visited it in 500 B.C., and is the oldest, continuously inhabited city in the world today.
- \* His Holiness, the Dalai Lama, the exiled spiritual leader of Tibetan Buddhists, runs his government in exile from Dharmashala in northern India.
- \* Martial Arts were first created in India, and later spread to Asia by Buddhist missionaries.
- \* Yoga has its origins in India and has existed for over 5,000 years.



# नर्मदा जयन्ती

की हार्दिक शुभकामनाएं

## Maa Narmada

### The Lifeline of Madhya Pradesh

नर्मदा नदी को मध्य प्रदेश की जीवनरेखा कहा जाता है क्योंकि यह पीने, सिंचाई और जलविद्युत के लिए आवश्यक जल प्रदान करती है, जिससे राज्य की कृषि और अर्थव्यवस्था को सहारा मिलता है। अमरकंटक पठार से निकलकर यह मध्य प्रदेश और गुजरात से होते हुए 1,312 किलोमीटर पश्चिम की ओर बहती है। इसे एक पवित्र नदी और एक प्रमुख पर्यटन और सांस्कृतिक आकर्षण माना जाता है, जिसकी 41 सहायक नदियाँ और 29 प्रमुख परियोजनाएँ बिजली उत्पादन में सहायक हैं।

**माँ नर्मदा के बारे में मुख्य तथ्य:**

**उत्पत्ति और प्रवाह:** यह नदी मध्य प्रदेश के अनूपपुर जिले के अमरकंटक में स्थित नर्मदा कुंड से निकलती है। यह मध्य प्रदेश में 1,077 किलोमीटर तक बहती है, फिर महाराष्ट्र और गुजरात से होते हुए खांभात की खाड़ी (अरब सागर) में गिरती है।

**मध्य प्रदेश के लिए महत्व:** नर्मदा को जीवन रेखा माना जाता है क्योंकि यह कृषि को सहारा देती है, बिजली प्रदान करती है और जल आपूर्ति सुनिश्चित करती है।

**पौराणिक और धार्मिक महत्व:** भारत की सात पवित्र नदियों में से एक मानी जाने वाली यह नदी अक्षर गंगा से भी पुरानी मानी जाती है। इसे भगवान शिव की पुत्री माना जाता है और इसके तीरों पर इसकी पूजा की जाती है।

**प्रमुख स्थलचिह्न:** जबलपुर और महेश्वर जैसे प्रमुख शहर इसके किनारों पर स्थित हैं। सरदार सरोवर बांध इस नदी पर बनी एक प्रमुख परियोजना है।

**भूगोल:** यह विन्ध्या और सतपुड़ा पर्वतमालाओं के बीच स्थित एक दरार घाटी से होकर बहती है।

यह नदी मध्य प्रदेश के दैनिक जीवन, संस्कृति और आर्थिक विकास से गहराई से जुड़ी हुई है।

## Maa Narmada

### The Lifeline of Madhya Pradesh

The Narmada River, often referred to as "Maa Narmada," is rightfully known as the lifeline of Madhya Pradesh, as it provides essential water for drinking, irrigation, and hydropower, supporting agriculture, industry, and daily life in the state.

Originating from the Amarkantak Plateau, it flows 1,312 km westward, nourishing millions of people.

**Key Aspects of Narmada River as Lifeline:**

**Agricultural and Industrial Support:** It serves as a primary source of irrigation and drinking water for many cities and towns in Madhya Pradesh.

**Energy Generation:** Several hydroelectric power projects on the river contribute significantly to the state's power supply.

**Cultural Significance:** Revered as holy river in Hindu mythology, it is a center of faith, with many pilgrims visiting its banks.

**Geography:** As the largest west-flowing river in India, it flows through a rift valley between the Vindhya and Satpura ranges.

**Economic Impact:** The river supports various economic activities, including fishing and tourism, enhancing its role in the regional economy.

The river is also crucial to the state of Gujarat, and it is sometimes called the lifeline of both Madhya Pradesh and Gujarat, highlighting its broader impact on the region.

# *Celebrating the spirit of unity and democracy!*

## *THE ECHOES OF COURAGE*

Republic Day was celebrated with great patriotism and reverence, commemorating the spirit of the Indian Constitution. The celebration commenced with the unfurling of the Tricolour by our respected Principal, Dr. Anju Chopra amidst the soul-stirring strains of the national song, Vande Mataram.

The children presented a medley of patriotic songs, their voices echoing with unity. Veer Sonkar recited a patriotic poem, beautifully expressing the sacrifices of the freedom fighters, soldiers and the values enshrined in the Constitution.

In her inspiring address, the Principal encouraged the gathering to uphold the rich legacy of India. She urged the children to be virtuous citizens and to contribute to society meaningfully, emphasizing that the future of the nation rests on their integrity and hard work. The celebration concluded on a high note with the National Anthem, sung with immense pride and devotion by all present. The children left taking the prasadam and carrying the spirit of patriotism in their hearts. Jai Hind!



# Republic Day Celebration

Patriotism echoed across the campus today as we celebrated Republic Day at Balmandir with unbridled joy and fervour! ♥ Vibrant folk dance, soul-stirring melodies, and bursts of colour marked our tribute to the nation ✨.

Young voices confidently spoke of freedom, unity, and India's grandeur ✨. The celebration concluded with hearts brimming with pride and gratitude for our glorious heritage



# Bal Vatika Republic Day

## Little Hearts Beat for the Nation

### Republic Day Prelude

Our Balvatika children celebrated the upcoming 77th Republic Day with joyful enthusiasm and love for the nation.

Through role play, storytelling, and interactive discussions, they learned the meaning of Republic Day and the importance of the Constitution of India.

The little ones also expressed heartfelt respect for our freedom fighters and brave soldiers.

It was a meaningful day that nurtured patriotism, pride, and a sense of belonging in our tiny learners.



# CELEBRATING INDIAN NEWSPAPER DAY

Our Montessori little ones celebrated Indian Newspaper Day with great excitement and curiosity. As they explored newspapers in a playful and engaging way, the children were gently introduced to the meaningful habit of reading and learning through print.

This enriching experience helped them understand that reading newspapers builds knowledge, improves vocabulary and increases awareness about the world around them. The day was filled with enthusiasm, curious questions and joyful learning, as our young learners took their early steps toward becoming confident and informed readers.





## **Stripes of the Wild: Celebrating International Zebra Day**

**Our Montessori children joyfully celebrated International Zebra Day while exploring fascinating facts about zebras — their unique black and white stripes, plant-based diet, natural habitats, and social groups known as herds. They also learned that a baby zebra is called a foal. Through engaging activities and conservation discussions, the children understood the importance of this special day — spreading awareness about wildlife protection. The celebration ended with a heartfelt promise from our little learners to love, respect and care for animals.**



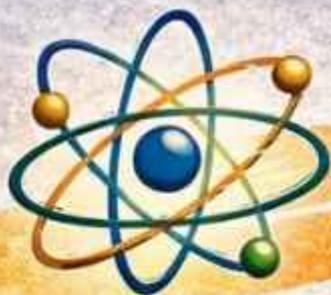
# Shivratri Celebration and Role Play

Assembly shone bright with devotion and festivity at Bal Mandir. A talk on the significance of Shivratri set the tone, followed by a mesmerizing dance performance by Aarohi Goyal of Sr.Montessor A that echoed the cosmic dance of Lord Shiva. The beautiful poem by Trishika Vijayvergiya of 2 C on Shivratri resonated with the vibes of the festival.

It was followed by a Role Play presented by the children of Yamuna House on the topic "Plan Today, Shine Tomorrow". The aim of the presentation was to help children understand the importance of using time wisely in their daily lives. It reminded everyone that good time management is the key to success.



Sri Sathya Sai Vidya Vihar, Indore



# National Science Day

28th February

Celebrating the Spirit of  
Innovation & Discovery

In remembrance of

**Sir C. V. Raman**

and the discovery of the Raman Effect

“Science is a way of thinking much  
more than it is a body of knowledge.”



*Let's explore, experiment, and discover!*

# ★ *Sports Week Unleashes a Kaleidoscope of Energy and Excitement* ★

Amidst excitement and electrifying vibes, Balmandir's Sports extravaganza was ignited! It was flagged off and was declared open releasing vibrant balloons skywards. As the tiny tots marched in with cuddly Teddy Bear, PT drill, segueing seamlessly, the atmosphere sparkled with colourful soft vibes. Opening Basketball match cheered by fellow children boosted the players 🏀! 🎉







**DO YOUR  
Best**





# Fit India; Fit Indore



# \*EMPOWERING YOUNG MINDS THROUGH RECOGNITION\*

Crowning Ceremony for Classes 1 to 4 was a grand celebration of talent and good conduct! 🎉🌟

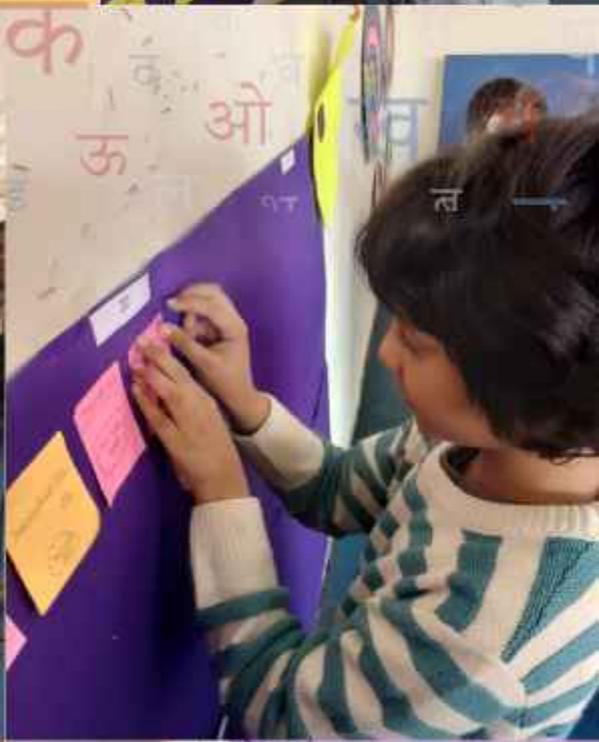
This memorable event honoured the achievements of our young learners, filling them with pride, confidence and a renewed spark of motivation for others. 🌈🌟



# CCI ACTIVITY हिन्दी दिवस

On the occasion of **Vishwa Hindi Diwas**, the children of classes 1 & 2 enthusiastically participated in the "Sandesh Patal" activity.

Through this activity, the children expressed messages in Hindi, highlighting important values such as respect, kindness, honesty, unity and love for one another. By pasting their messages on the Sandesh Patal the children not only celebrated our mother tongue, Hindi but also reinforced moral values and cultural pride in a simple and meaningful way.



# CCI ACTIVITY

# हिन्दी दिवस

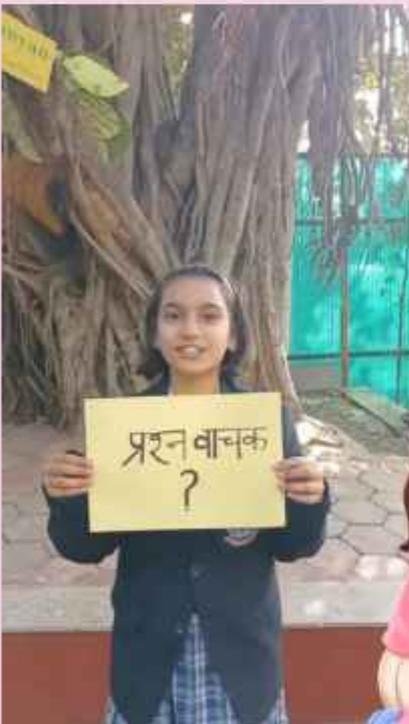
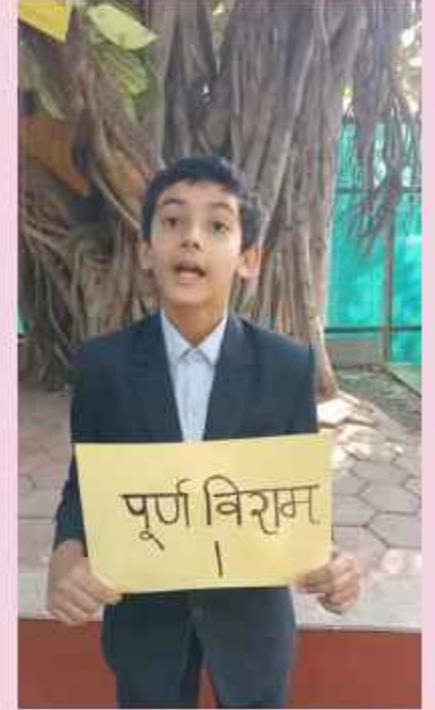
To mark Vishwa Hindi Diwas, the children of classes 3 & 4 wrote a short paragraph on the topic “Meri Matrabhasha Hindi”.

Through this activity, students expressed their thoughts, emotions and pride for their mother tongue. It provided them with a meaningful opportunity to reflect upon the importance of Hindi in their lives, appreciate its cultural significance and pay respect to the language that connects them to their roots and heritage.



# विराम चिह्न गतिविधि

विराम चिह्न हिंदी भाषा में, वाक्यों के अर्थ को स्पष्ट, प्रभावी और पठनीय बनाने के लिए प्रयुक्त होने वाले संकेत है। वे लिखते व बोलते समय भावों के अनुसार रुकने का संकेत देते हैं जैसे पूर्ण विराम, प्रश्न वाचक, अल्प विराम आदि। सही विराम चिह्न से वाक्य का सही अर्थ निकलता है और संवाद स्पष्ट होता है।



## मुहावरों की फुलवारी

बाल मंदिर के बच्चों ने एक सुंदर लघु नाटिका प्रस्तुत की। इस नाटिका का मुख्य उद्देश्य हिंदी भाषा की सुंदरता तथा मुहावरों के सटीक और प्रभावशाली प्रयोग को दर्शाना था। परीक्षा समाप्त होने के बाद कुछ मित्रों के बीच होने वाले संवाद को आधार बनाकर यह प्रस्तुति तैयार की गई, जिसमें बच्चों ने बातचीत के माध्यम से विभिन्न मुहावरों का सहज और रोचक प्रयोग किया।

इस नाटिका के माध्यम से यह संदेश दिया गया कि मुहावरे भाषा में जान डाल देते हैं और अभिव्यक्ति को अधिक प्रभावशाली बना देते हैं।





हिंदी समाचार पत्र पढ़ना, देश, दुनिया की खबरों की जानकारी रखना और अपने ज्ञान को बढ़ाने का सही माध्यम है। यह न केवल हिंदी भाषा, शब्दकोष और व्याकरण को सुधारता है बल्कि तार्किक क्षमता, सोच, और ज्ञान को बढ़ाता है। श्री सत्य साईं विद्यालय के कक्षा चौथी के छात्रों ने समाचार पत्र का वाचन एक गतिविधि के रूप में कक्षा में किया।



# CCI ACTIVITY



The children of classes 3 and 4 enthusiastically participated in a poster-making activity 🎨🖌️ on the theme "Swami Vivekananda" .

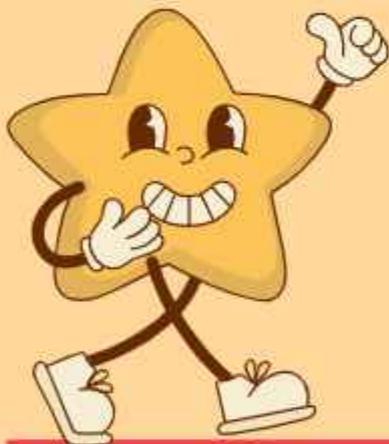
Through their colourful and thoughtful posters, the children beautifully showcased their creativity while reflecting on the inspiring life and teachings of Swami Vivekananda. The activity helped them understand and appreciate his core values such as discipline, persistence, and perseverance, making the learning experience both creative and meaningful.



# CCI ACTIVITY

As part of the CCI activity, the children of Classes 1 & 2 crafted cute little kites 🪁 with Baba's message, " Love All, Serve All ." The activity gave the children an opportunity to express their creativity and celebrate Uttarayan, while also enhancing their fine motor skills.

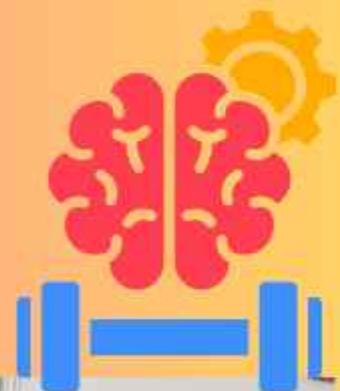
The children happily carried their kites home, wearing big smiles on their faces.



Our Montessori children enthusiastically participated in Pattern Coding and Brain Gym activities. The young learners joyfully engaged in bilateral Brain Gym exercises, using both sides of the brain simultaneously, which helped enhance coordination and cognitive balance.

The Pattern Coding activity was thoughtfully introduced to strengthen logical thinking, sequencing, and problem-solving skills. Through hands-on exploration, children improved their focus, concentration, hand-eye coordination, and overall thinking abilities by activating both hemispheres of the brain.

The session was filled with excitement, curiosity, and active learning. The children truly enjoyed the experience, making learning both meaningful and fun.



With great enthusiasm, the children of classes 1 & 2 participated in an intra-class quiz on the theme **Incredible India**.

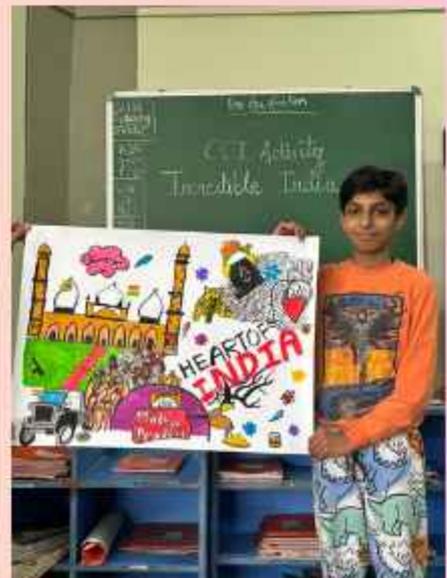
The activity encouraged young minds to joyfully explore the geography and culture of our country while showcasing their knowledge with confidence. Their curiosity and teamwork turned the quiz into a delightful learning experience. The winning team in each class was awarded a DIY trophy 🏆 which filled them with pride, happiness and renewed enthusiasm to make learning a fun and lifelong habit."



# Activity

**As part of the CCI activity, the children of classes 3 & 4 beautifully showcased the vibrant colours of India through an engaging "Class Presentation".** ✨  
**They confidently presented key features related to different Indian states, highlighting their culture, traditions, food, attire and unique identities.**

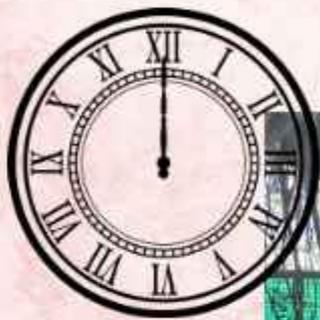
**This enriching activity helped the children develop a deeper understanding of India's rich and diverse heritage while reinforcing the spirit of unity that truly makes India incredible.**



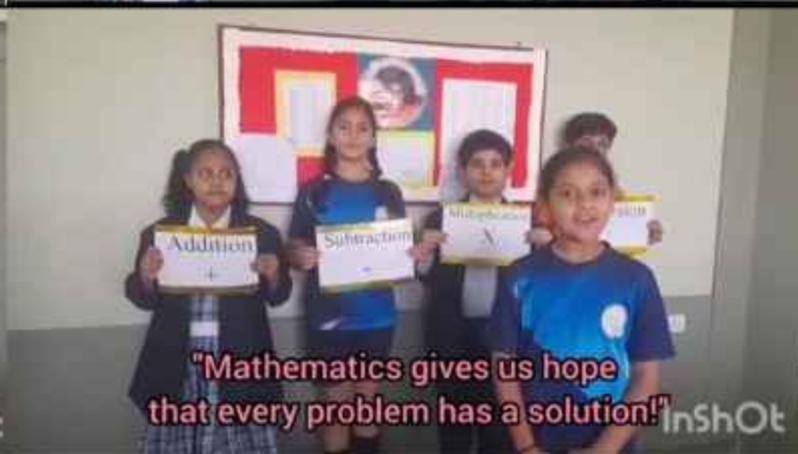
# Mathematics Hopping Activity (Jr. Montessori)



***A Math activity on "Time" was conducted for the students of Class 2-A. The students learned the concepts of half past, quarter past, and quarter to through physical movement, which helped them understand the concepts effectively.***



An innovative Math activity **Mathematics Vocabulary Basket** was conducted in class 4 C. It seamlessly integrated keywords related to the four mathematical operations (Addition, Subtraction, Multiplication and Division) with diverse values. All the students enthusiastically participated in the enriching experience, fostering a deeper understanding of mathematical concepts which helps in understanding word problems in a better way, while imbibing essential life values too.



# 🎂 Birthday Pictograph 🎂

## Mathematics Activity (3 F)

Students decorated cake cutouts based on their birthday months with their names and dates. They created a pictograph showcasing birthdays across months on a chart. They also decorated a cake cutout for Sathya Sai Baba and discussed Baba's teachings - "Love All Serve All" and "Help Ever Hurt Never".

Then a Reflection was taken through creative Q&A. The students enthusiastically participated in the activity and showed their creativity in learning by doing in a beautiful way.



**As part of the CCI activity, the students of classes 1 & 2 had a blast with 'Act It Out'. Acting out words and getting their peers to guess. This fun activity boosted their vocabulary, observation skills and confidence!**

**Meanwhile, classes 3 & 4 rocked the English Learning Parade showcasing their inspirational lines and spreading positivity. They noted their favorite lines, which encouraged creativity, reading skills and a dose of good vibes.**

**ACTIVITY**



**The Montessori children participated in a 'Shelling of Peas' activity as part of their practical life learning. The activity helped develop fine motor skills, hand-eye coordination and a sense of responsibility among the students.**





# LITTLE CITIZENS, BIG VALUES



Our Balvatika children joyfully engaged in a vibrant 'Civic Sense' activity featuring an interactive traffic light drama. This hands-on experience deepened their understanding of responsible citizenship—mastering traffic rules, meanings of signals and the role of zebra crossings.

Beyond road safety, they embraced core social virtues like sharing, helping, respect, patience and orderly behavior. The session also highlighted cleanliness and safety, encouraging them to care for their environment.

The grand finale was a proud pledge by our young learners to uphold these values and contribute positively to society. A truly inspiring step towards nurturing mindful, responsible citizens from the very start. ★



# “Smart & Safe: Stranger Awareness Through Dramatic Play”

A Stranger Awareness activity was conducted in the Montessori classroom through engaging dramatic and pretend play. Children actively explored the concept of who strangers are and learned smart safety responses – such as avoiding unnecessary conversations, refusing gifts, and never walking away with unfamiliar people. They were guided on how to stay alert, trust their feelings and confidently shout for help if they sense danger. The role-play format made learning meaningful, interactive and age-appropriate. The children thoroughly enjoyed the session while gaining essential life-safety skills, making it both an informative and memorable learning experience.





I stay close to my safe adults



I do not go with strangers



I shout for help if I feel scared



I never take gifts from strangers



# The Bal Mandir children celebrated Reading Day!

With books as their friends the children enjoyed the journey of imagination and discovery. From tales of adventure to comic stories, the day was filled with magic and learning. This group reading initiative helped them develop a love for reading.



## Tribute to Indian Scientific Excellence

Ganga House children at Bal Mandir, showcased a captivating role play, "Ancient Science to Mangalyan", highlighting India's scientific prowess. The performance took the audience on a journey through India's scientific history, from ancient achievements to the remarkable Mangalyan mission. Children proudly celebrated the contributions of Indian scientists, waving the national flag on Mars.



## Ancient Science to Mangalyan



# 'The Letters Pairing Activity' – Jr. Montessori C



# Role-Play on Daanveer Karna

Our tiny tots of *Nursery A* threw light on the selfless nature and generosity of Suryaputra Karna through a theatrical representation - *Daanveer Karna*.

The kids conveyed the incidents showing the selfless and sacrificing nature of Karna with finesse through a role-play. Their expressions and embodiment of every character brought the story to life.

This activity boosted their self-confidence, teamwork skills, communication and helped them think creatively along with developing emotional intelligence and cognitive skills.

SHOW  
TIME



The children of **Nursery B** presented a thoughtfully curated role play highlighting the life and teachings of Swami Vivekananda. With expressive movements, gentle expressions and meaningful gestures, the young performers beautifully conveyed values of strength, compassion, and self-belief. The presentation reflected Swami Vivekananda's inspiring message of service and inner confidence, leaving a memorable and uplifting impression on the audience.



॥ श्री स्वामी सुमर्ष ॥

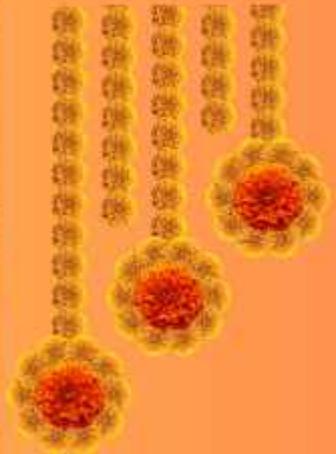
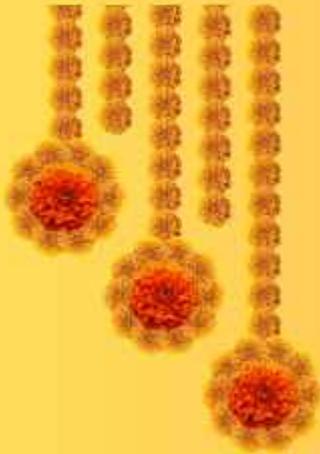
॥ श्री स्वामी सुमर्ष ॥

# ॐ Devotional Performance – Nursery C ॐ

Through a devotional presentation, our Nursery C children learned values of respect, faith, discipline and togetherness 🙏🌸

Such activities help nurture good manners, confidence, and positive thinking in young minds ✨  
It was heartwarming to see them perform with joy, sincerity, and unity 🌙💖

🌿 Building values along with learning 🌿





# The Triumph of Faith

## "Bhakt Prahlad"



The tiny tots of **Nursery D** delivered a vibrant performance on the theme of Bhakt Prahlad, beautifully depicting the triumph of faith over evil.

The highlight of the play was the depiction of Navdha Bhakti\* (the nine forms of devotion), which Prahlad famously taught. Through their innocent acting and dancing, our budding artists showcased how devotion and truth can overcome any obstacle.

This storytelling approach effectively simplified deep spiritual lessons for our young learners.

Heartfelt gratitude to our Principal, Dr. Anju Chopra, for her inspiration in uncovering the hidden talents of every child. May these early lessons of love and righteousness shape their bright future!





The children of Nursery E presented a serene dance drama depicting the life and teachings of Bhagwan Gautam Buddha. Through graceful movements, calm expressions and meaningful gestures, they conveyed the values of peace, compassion and mindfulness. The performance beautifully reflected Gautam Buddha's message of inner peace and harmony, leaving a lasting impression on the audience.



# ✦ *Radiance and Courage:* ✦

Add a little bit ✦ Radiance and Courage ✦

✦ Enchanting Journey with Hanumanji and the Golden Sun ✦

The children of **Jr. Montessori A** enthralled the audience with a captivating dance drama inspired by the mythological tale **Hanuman and the Golden Sun**. Through expressive gestures and vivid facial expressions, the young performers artfully embodied Hanuman's innocence, curiosity and unwavering bravery.

This engaging role play seamlessly transitioned into a mesmerizing dance performance illuminating the stage with youthful energy ✦ celebrating the timeless spirit of our cultural heritage ✦.



# ROLE PLAY ON SHAHEED BHAGAT SINGH BY JR. MONTESSORI B

Our little stars of **Jr. Montessori B** brought history to life with a vibrant role-play, a tribute to Shaheed Bhagat Singh. With heart warming emotions, waving "Inquilab Zindabad", the children enacted key moments from Bhagat Singh's life. They shared his values of courage, justice and sacrifice. Parents joined the event. The activity boosted confidence, public speaking, and national pride in our young learners. 🌟



# 👦 Raja Vikramaditya and an Honest Bird 👦

The tiny tots of **Jr. Montessori C** presented a vibrant portrayal of Raja Vikramaditya's timeless tale of justice and values, with their innocent yet impactful performance.

Kudos to our budding artists for acting, singing and spreading joy, inspiring us all and showcasing the beauty of learning through stories. May these early lessons shape their bright futures!

Through their performance we all were reminded of the importance of being fair, kind, honest, truthful and loving. ❤️❤️

Gratitude to our beloved Principal, Anju Ma'am for inspiring us to bring out the hidden talent of every student. ❤️🙌❤️



## Mata Vaishno Devi - A Revered Hindu Goddess 🌸

Our tiny tots of Jr. Montessori D enthusiastically presented a role play on Mata Vaishno Devi.

They were dressed in beautiful traditional attire and recreated the sacred journey to the Vaishno Devi shrine. One child, dressed as Maa Vaishno Devi, blessed devotees with a gentle smile. Others sang melodious bhajan and performed garba.

The dance drama was witnessed by parents and fellow students. Through this children learned a lesson of "Victory of good over evil."



# 🌸 Devi Ahilya Bai Holkar - Epitome of leadership and love 🌸

Our tiny tots of *Sr. Montessori A* brought the inspiring story of Devi Ahilya Bai Holkar to life! 🎉

Dressed in traditional attire, they beautifully depicted her courage, wisdom and dedication to public service - building temples, roads and serving the people with compassion. 🙏

The dance drama was witnessed by parents and fellow students.

It was a powerful lesson in leadership, kindness and women empowerment for our young learners!



# ROLE PLAY ON SATYAVAADI HARISHCHANDRA



*The children of Sr. Montessori B beautifully presented a role play on Satyavaadi Harishchandra, a timeless symbol of truth, honesty and integrity.*

*Through their confident expressions, lively dialogues and expressive actions, the children brought to fore the legendary tale to life in a simple yet impactful manner.*

*The young performers portrayed the values of truthfulness, sacrifice, fairness and compassion that King Harishchandra stood for with elan.*

*The role play was a delightful blend of learning and creativity, helping the children build confidence, teamwork and communication skills.*

*It also served as a meaningful reminder to everyone present about the importance of being truthful, kind and righteous in our daily lives.*

*Overall, the role play was a commendable effort by the students and a wonderful example of learning through storytelling, leaving the audience inspired and deeply touched.*

*Principal, Dr. Anju Chopra appreciated the zeal of the children in bringing to life the powerful message of truthfulness and honesty.*



# Eklavya: The Symbol of Dedication & Discipline

The children of **Sr. Montessori C** presented a beautiful and touching role play on Eklavya.

The children portrayed how Eklavya was a devoted, disciplined and hardworking student  who learned archery with great dedication and deep respect for his guru . Through their expressions , dialogues  and actions, the students beautifully conveyed the values of guru bhakti, self-discipline, determination and sacrifice.

All the children performed with confidence and sincerity, making the assembly meaningful, inspiring and memorable.



# 👑 A Wise King Raja Bhoj 🍁

The children of **Sr. Montessori D** presented a wonderful role play on Raja Bhoj.

The children showed how Raja Bhoj was a wise and kind king who always listened carefully and gave fair justice. Through their expressions, dialogue and actions, the students conveyed the values of honesty, truth and right decision-making.

All the children performed confidently and made the assembly enjoyable and meaningful.



## KING



# Freedom in our hearts, pride in our actions

Salute The Legends Who Gave Us Freedom

On 17th January 2026, a Fancy Dress Competition on Indian Freedom Fighters and National Heroes was organised for class 5. The children participated with great enthusiasm 🎉.

Students came dressed as famous leaders like Mahatma Gandhi, Bhagat Singh, Subhas Chandra Bose, Rani Lakshmi Bai, Jawaharlal Nehru and Sarojini Naidu etc. 🧢👔.

Each participant spoke a few lines confidently about the freedom fighter they had portrayed 🗣️.

The competition was a grand success and helped instill patriotism, confidence and respect for our national heroes ✨.



# Wall of Gratitude Activity

On 17 January 2026, class 6 students created a Wall of Gratitude on the theme "My India, My Pride"  expressing appreciation for India's rich cultural heritage through positive thoughts and creative drawings.

Activities encouraged creativity, patriotism and respect for India's traditions . It fostered cultural awareness among students. 

It was a proud moment for students to celebrate India's heritage! 



# ***Expressing independence through creativity and unity***

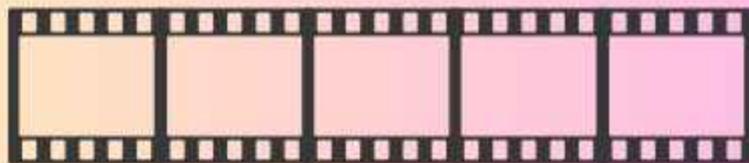
‘Salute The Legends Who Gave Us Freedom’

On 17th January 2026, students of classes 7 & 8 prepared Power Point presentations on **India’s Unsung Heroes**, highlighting their life, struggles and contributions 🖥️.

The activity aimed to build research skills, confidence, teamwork and presentation skills 🤝.

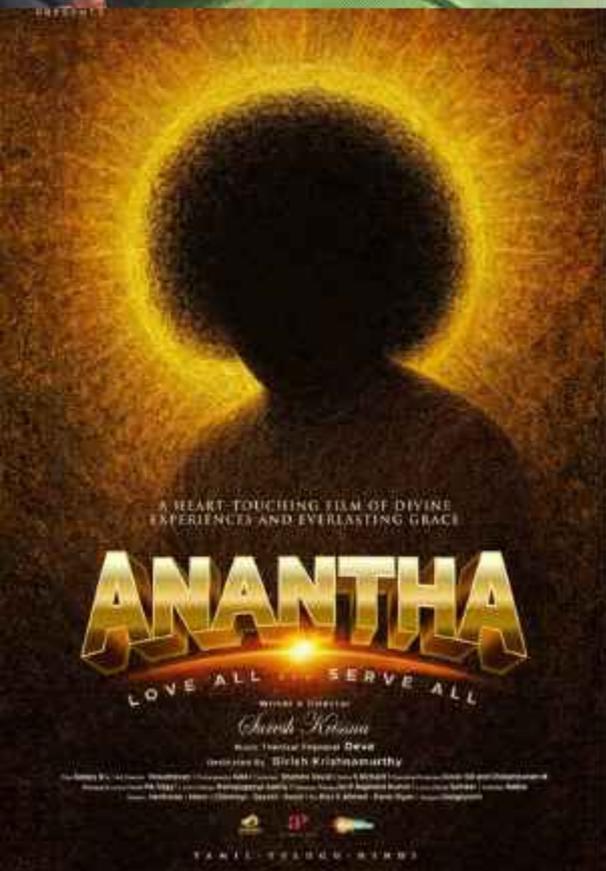
Students confidently explained the PPT using images, key facts and quotes 🗣️. The session was informative and engaging, helping students understand the values of courage, sacrifice and service to the nation .





# MOVIE TIME

**The screening of the movie Anantha was a deeply touching and enriching experience for the children of class 5. The film beautifully portrayed the divine presence, boundless love and everlasting grace of Bhagawan Sri Sathya Sai Baba through simple yet profound experiences. The children watched with rapt attention and were moved by the values of faith, compassion and selfless service highlighted in the movie. The screening not only entertained the students but also left a lasting impression on young hearts, inspiring them to imbibe noble virtues and strengthen their faith in the divine.**



# ***The Amazing World of "Anantha"***

*Class 6 students witnessed the amazing world of our Sathya Sai Baba through the movie Anantha. It focused on his devotees and their special encounters with his teachings. The film blended heartwarming stories of their faith, Baba's miracles and His Divine interventions for his devotees. The children were thrilled and filled with gratitude for our Principal Ma'am for providing this wonderful opportunity. She made it even more engaging by serving yummy popcorn in between!*



# MUB Activity

## Importance of Exercise and Yoga

With the aim of helping children of class 5 🧒 understand the benefits of exercise and yoga, develop healthy habits, and appreciate the importance of physical 🏃 and mental 🧠 well-being 😊, a variety of activities were conducted during the MUB period on 18th February, 2026 .

### \*Storytelling 🗣️:

The session began with an interactive story about a child who transformed his life by including daily exercise and yoga in his routine. The story highlighted how physical activity keeps the body strong and the mind alert.

### \*Knowledge Quiz 🧠♂️:

The children enthusiastically participated in a quiz based on different exercises, yoga poses, and their benefits for health and concentration.

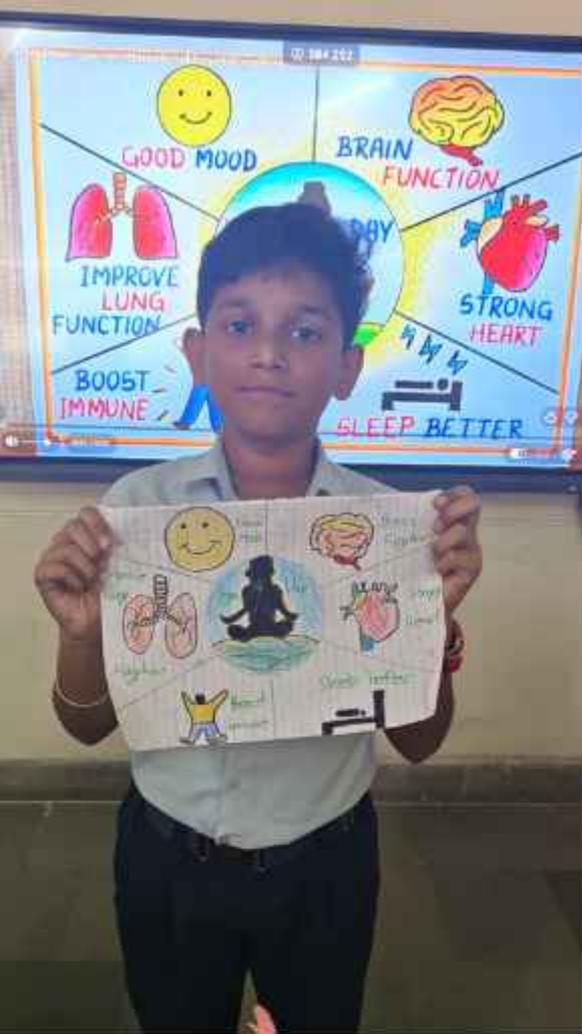
### \*Practical Session 🧘♀️:

The children performed simple yoga asanas like Tadasana, Vrikshasana, Bhujangasana, and learned about proper breathing techniques. They also practiced light exercises.

### \*Creative Expression 🎨:

The children drew posters and charts showing their favorite exercises and yoga poses, depicting how these activities help in staying healthy and happy.

These activities helped the children understand the significance of exercise and yoga in daily life. They learned how regular physical activity improves health, strengthens the body, reduces stress, and enhances focus in studies in a simple and meaningful way.



# Real Games...Real Friends....Real Joy...REAL HAPPINESS!

## This is my way to LIFE!!

An interactive session “Unplug to Bloom” was conducted for the children of classes 3 - 8 to sensitise children regarding the mindful screen usage. The session highlighted the physical, psychological and emotional effects of excessive screen time. It was brought to the fore that healthy digital habits would lead to better sleep, improved concentration and renewed energy A detox challenge was introduced to help children gradually disconnect from screens.

Through an engaging role play, the teachers vividly highlighted the growing dependence on mobile phones and its impact on daily life. The children were motivated to practise digital sunset, regular exercise and outdoor activities.

In her address Principal, Dr. Anju Chopra cautioned the children against unwarranted screen dependence that leads to screen fatigue. She reminded the children that how fortunate we are in India to enjoy outdoor play, a luxury in many parts of the world and further stressed that the school offers 24 sports activities, games under the vigilance of trained coaches and the children must make the most of the sprawling grounds of the school.

The children pledged to refrain from online gaming and embrace a balanced, active lifestyle. The session effectively reinforced the message: “Use screens wisely—do not let screens use us.”

**Effects of too much screen time**

**On the Body :**

- 1. Eye Strain
- 2. Poor Posture
- 3. Less Physical Activity
- 4. Several Diseases (Obesity, Vitamin D deficiency, Diabetes, Asthma issues etc.)

**On the Brain :**

- 1. Reduces focus power
- 2. Memory Problems
- 3. Brain becomes used to fast fun
- 4. Brain gets less sleep
- 5. Brain starts wanting the phone again & again



**Healthy Screen Habits**

- 1. Follow a daily screen limit
- 2. Take breaks every 30-40 minutes
- 3. No screen 1 hour before sleep
- 4. Balance screen with play

**Benefits of Digital Detox**

- 1. Better Sleep
- 2. Better concentration
- 3. More Energy
- 4. Better relationships
- 5. Happier Mood
- 6. Learning becomes easier





## On the Emotions

1. Mood Swings
2. Irritability
3. Aggression



## Simple Detox Challenge

1. No screen before sleep
2. Screen free meals
3. Family time without phones
4. Play outside daily



**The children watched the live telecast of Pariksha Pe Charcha, an inspiring initiative of Honourable Prime Minister Shri Narendra Modi, in their classrooms. The session offered golden tips to Exam Warriors, motivating them to face challenges with confidence. The Hon'ble PM emphasised that one who believes in their abilities is always fearless and advised students not to compare themselves with others, but to remain self-confident.**

**He urged everyone to dream big and work sincerely towards turning those dreams into reality, adding that success should speak for itself. He also highlighted the importance of proper sleep and regular breaks to de-stress and stay focused. He found it impressive that students are thinking about the Viksit Bharat scheme of 2047 and urged them to become responsible citizens and contribute to a Viksit Bharat, reminding them that meaningful change begins with small steps. The session left children inspired, empowered and ready to face their challenges with renewed confidence.**



# Reduce, Reuse, Recycle

"Waste is a resource in the wrong place" ♡ - a thought to ponder, The Eco Club of our school organized a 'Best Out of Waste' activity for students of classes 5 to 8. ✂ The aim was to create awareness about reducing, reusing and recycling waste. Students enthusiastically participated, showcasing their creativity and talent. Students created innovative items like pencil stands, flower pots, and decorative pieces from discarded materials. The activity helped students understand the importance of waste management and sustainability. It encouraged creative thinking, problem-solving, and teamwork. - "Reduce, Reuse, Recycle" - a mantra for a greener tomorrow 🌍🌱



## ZERO WASTE



# "SING FOR THE NATION, SING WITH PRIDE!"

The Patriotic Song Competition was conducted with great enthusiasm and patriotic spirit. Students from classes V to IX participated wholeheartedly. The event aimed to instil a sense of patriotism and love for the nation among students.

The participants presented soulful patriotic songs that filled the atmosphere with pride and enthusiasm. Their performances reflected deep respect for the country and its rich heritage.

The judges appreciated the confidence, clarity, and patriotic spirit shown by the students.

Our respected Principal Ma'am motivated the students by appreciating their enthusiastic participation. After announcing the results she congratulated all the winners and every participant for their sincere efforts. 🇮🇳



## Results:

- 1st Position: Kaveri
- 2nd Position: Ganga
- 3rd Position: Narmada
- 4th Position: Yamuna



## Quiz

**The students of class 7 organized an engaging quiz based on the Ramayana to commemorate the Ram Mandir Sthapna Diwas.**

**The activity provided an enriching platform for students to deepen their understanding of Lord Rama's life, values, and teachings. Through thought-provoking questions, the quiz fostered enthusiasm, cultural awareness and reverence for India's rich heritage, while encouraging teamwork, confidence, and active participation among the children in a meaningful and memorable manner.**



# MUB Activity - Mahashivratri Celebrations

With the aim of helping children of class 5 to understand the importance of Mahashivratri, learn about Lord Shiva and appreciate Indian culture and traditions, a variety of activities were conducted during the MUB period on 11th February, 2026.

## \*Storytelling:

The session began with an interactive narration of the "Samudra Manthan" (Churning of the Ocean).

## \*Knowledge Quiz:

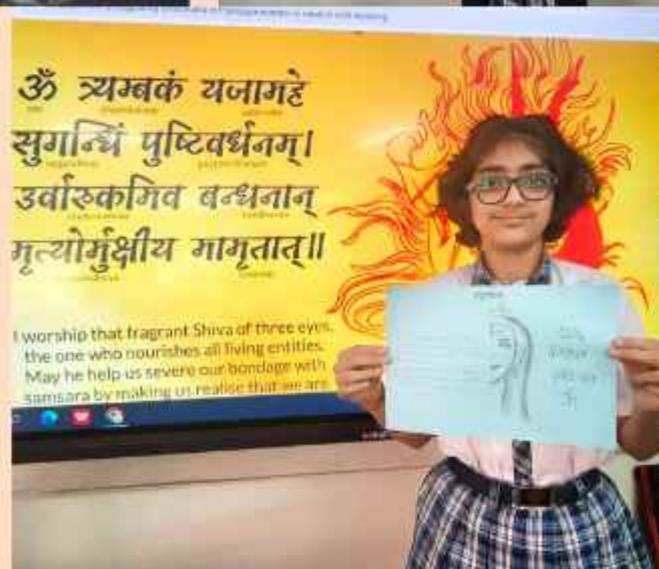
The children enthusiastically participated in the interactive quiz based on Lord Shiva.

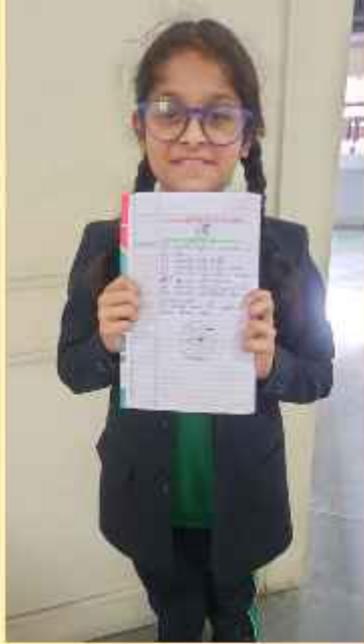
## \*Chanting:

The children chanted the Maha Mrityunjaya Mantra and tried to understand the meaning of this powerful mantra.

## \*Creative Expression:

The children depicted the life of Lord Shiva through beautiful drawings. These activities made the children understand the significance of Mahashivratri and its importance in Indian culture. They learned about Lord Shiva's qualities and stories in a simple and meaningful way.





**Class 5 students participated in an immersive Model United Bharat (MUB) experience on 21st January 2026 to celebrate the Republic Day of India.**

**Students were thoughtfully introduced to the significance of Republic Day 🇮🇳, the meaning of the Constitution 📖, the need for a Constitution 🏛️ and the core ideals and values it upholds such as justice, equality, liberty, and fraternity 🤝.**

**To strengthen their understanding, students enthusiastically took part in a hands-on activity 📝 by designing their own Class Rule Book, applying constitutional values like responsibility 🎯, discipline 🕒, respect 🙏 and fairness 🏛️.**

**The activity promoted civic awareness 🏛️, critical thinking 🧠, teamwork 🤝 and a sense of democratic responsibility 🌍, making the Republic Day celebration both meaningful and memorable 🌟🇮🇳**

# MUB Activity

## Ensuring Access To Clean Drinking Water For All

With the aim of educating students on the importance of clean drinking water and promoting sustainable habits  , students of class 5 were made aware and conducted various activities during the MUB period on 04th February, 2026 .

Activities performed were:

- Drawing & Poster Competition : Students created impactful posters on "Save Water, Save Life" highlighting rainwater harvesting , water conservation, and hygiene practices .
- Knowledge Quiz : An interactive quiz on global freshwater scarcity, water safety, and disease prevention was conducted.
- Water Conservation Pledge : Students pledged to conserve water, reduce waste, and promote hygiene .

Outcome : Students became "Water Warriors" , equipped to spread awareness and practice water conservation in their community



# Model United Bharat (MUB)

An interactive session was conducted for all sections of class 5. The session focused on Model United Bharat (MUB), where students participated in a fun and engaging quiz based on the topics Mahashivratri, Yoga & health, and Water conservation concepts taught over the past month.

The session began with a brief introduction of MUB, and how it helps in their learning journey. The children enthusiastically participated in the quiz, confidently answered questions and actively shared their thoughts. The students expressed their experiences and learning outcomes from the MUB classes, reflecting excitement, curiosity and improved awareness.

Following this, students presented a musical performance on the song "We Are All Amazing", highlighting the values of diversity, equality and inclusiveness. The performance beautifully showcased how children from different backgrounds come together, celebrating uniqueness and unity. The session concluded with an informative video "Story of Prahalad" instilling values of sincerity, belief and kindness among students.

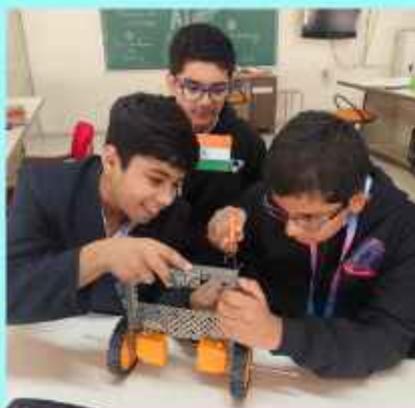
Overall, it was a highly interactive, joyful, and enriching session for all.



# Small hands, big ideas – shaping the future of India through AI and Robotics. 💡

**Students of Classes 5 to 8 showcased their creativity and technical skills by developing exciting AI & Robotics projects that reflect the spirit of a progressive and self-reliant India. Their projects included a Construction Site Robot, Sensor-Based Table Fan, Robotic Rope Car, Obstacle AVOIDER Robot, Black Line Follower Robot, Smart Parking System, Sensor-Based Door and many other models based on automation and modern technology.**

**Through these hands-on innovations, our young minds are learning to solve real-life problems using technology, contributing to the vision of Digital India and Atmanirbhar Bharat. These projects highlight how today's students are becoming tomorrow's engineers, innovators, and nation-builders. 🚀**



**The robotics activity gave children an exciting platform to explore creativity and innovation through hands-on learning.**

**As young minds designed and built beautiful robots, they developed problem-solving skills, teamwork and technological awareness.**

**The activity also reflected patriotic fervor, with students incorporating national themes and values into their robotic models.**

**Blending science with imagination, the session inspired confidence, curiosity and pride, nurturing future-ready learners with a strong sense of creativity and love for the nation.**





# My Behaviour Check Challenge



**Healthy Screen-Free Habits  
for Happy Children**

**“Less screen, more green –  
more smiles, more  
learning!”**

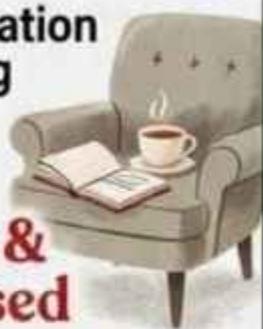
## Why Screen-Free Habits Matter

### **SCREEN-FREE HABITS HELP US:**

- **Think clearly**
- **Stay active and healthy**
- **Be creative and confident**
- **Build strong friendships**
- **Just like good behaviour shapes our character, screen-free habits shape a happy life.**

## Mindfulness & Mental Wellness

-  Journaling or gratitude writing
-  Meditation or silent sitting
-  Visualization or intention setting
-  Reading a physical book
-  Reading poetry or scriptures
-  Memory games
-  Affirmation writing



## Creative & Skill-Based

-  Drawing or sketching
-  Painting or coloring
-  Handwriting or calligraphy
-  Writing letters or postcards
-  Creative writing
-  Origami or paper crafts
-  Knitting, stitching, or crochet
-  DIY crafts or home décor
-  Playing a musical instrument
-  Learning a recipe from a cookbook

## Physical & Movement-Based

-  Walking
-  Yoga or stretching
-  Bodyweight exercises
-  Dancing
-  Gardening or plant care
-  Cleaning or decluttering
-  Outdoor games
-  Cycling
-  Skipping rope
-  Balance or posture exercises



-  Board or Puzzles
-  Storytelling
-  Reading aloud
-  Teaching a skill
-  Playing traditional games
-  Deep conversations
-  Active listening
-  Writing family memories
-  Observing nature quietly

## Home & Life Skills

-  Cooking from scratch
-  Baking
-  Organizing closets or drawers
-  Planning goals on paper
-  Budgeting in a notebook
-  Repairing household items
-  Folding laundry mindfully
-  Making herbal teas
-  Preparing spice mixes

## Social & Family Activities

-  Board or card games
-  Puzzles
-  Contact
-  Storytelling



# Education in human values builds hearts, not just minds

The EHV Ethineeti sessions for classes 5 to 8 commenced on a serene note with the chanting of Omkaar, silent sitting, guided visualization, creating a calm and receptive atmosphere. The sessions then unfolded into enriching, age-appropriate discussions designed to nurture the heart as much as the intellect.

Thought-provoking conversations on kindness, gratitude and empathy encouraged students to understand and respect the feelings of others. Interactive activities on teamwork, friendships and healthy relationships highlighted the importance of cooperation and mutual trust. Discussions on nature and trees instilled a sense of environmental awareness, while sessions on responsibility emphasized accountability in daily actions.

Through stories, reflections and group sharing, the Ethineeti classes continue to shape character and strengthen moral foundations, guiding students to grow not only as capable learners but also as compassionate and responsible individuals.



## Children of class 5 A brought to life the "Legacy of Ahilya Bai Holkar" in their class assembly.

The presentation began with a vivid narrative of her role as the "Philosopher Queen," who rebuilt faith, culture and values. This was illustrated through a visual "pilgrimage map" that showed her influence stretching from the Himalayas to South India.

Through a short, impactful skit, the students portrayed her Lokaniti governance and her unwavering commitment to justice.

The assembly further explored her socio-economic foresight by showcasing the Maheshwari saree weaving tradition, which she established to empower local artisans.

By concluding with a reflection on her values of selfless service and cultural pride, Class 5-A reminded the audience that true leadership lies in building a legacy that outlasts its creator. The assembly was much appreciated by all.



# Class Assembly 5B

“Wisdom is not about winning alone, but about growing together.”

The class **5 B** assembly on the theme “Tenali Raman - wisdom with a smile” was successfully conducted with great enthusiasm and confidence. The script beautifully showed how teamwork, patience, and intelligence can solve problems. Through the story of the festival performance, students highlighted the importance of unity over competition in a creative and engaging manner.

The acting, narration, music, and dance were well coordinated and captured the audience’s attention throughout. The students performed confidently and delivered a meaningful message that not everyone has to lose for someone to win, and working together creates something beautiful.

Overall, the assembly was informative, entertaining, and value-based, leaving a strong message about wisdom, cooperation and harmony.



# ***Class Assembly 5C***

**“Childhood friends are the custodians of the purest innocence and the foundation of truest values.”**

**The children of class 5 C presented a meaningful morning assembly on the theme “Growing Up with Swami (Malgudi Days) : innocence, friendship and values”**

**The assembly took the audience on a nostalgic journey to Malgudi, the fictional town created by R. K. Narayan, through a skit inspired by Malgudi Days. It beautifully portrayed the life of Swami and highlighted the timeless values of honesty, respect for elders, responsibility and the importance of true friendship.**

**The skit, along with a poem, a graceful dance and a melodious song, reflected the simple joys and challenges of childhood.**

**The class assembly was engaging and impactful. It reminded everyone that innocence is strength, family is a support system and friendship is one of life’s greatest treasures.**

**The performance was highly appreciated by everyone.**



# CLASS ASSEMBLY

**The students of class 5 D presented an inspiring assembly on the topic 'Eklavya- the epitome of dedication, discipline and self-learning', showcasing his unwavering devotion to Guru Dronacharya.**

**The assembly featured an enactment of some glimpses from Eklavya's life. The children mesmerised the audience with Doha recitation, followed by a melodious song and an amazing dance performance, highlighting Eklavya's determination and commitment.**

**The assembly conveyed a valuable lesson that true dedication and practice will lead to achieving greatness and respecting one's Guru is essential.**

**The students' enthusiasm and dedication made the assembly a memorable learning experience. The assembly was much appreciated by all.**



**The children of class 5E conducted a wonderful morning assembly on the topic 'Raja Bhoj- The Scholar King'.**

**The assembly began with a brief introduction about his life, highlighting his wisdom, bravery and love for education and justice. A small nukkad natak was performed to showcase his admirable traits and leadership qualities. A lively dance performance on the Stuti of Raja Bhoj added charm and energy to the assembly.**

**The assembly was informative, engaging and appreciated by all, making it a memorable.**



# A World of Books, A Universe of Dreams

**Students of Class 5 F presented a mesmerizing assembly on the theme “Adventures and Morals in Enid Blyton’s Stories”.**

**The assembly began with the story of a young girl who is fond of reading books. As she reads, she drifts into a dream where she meets the famous characters from Enid Blyton’s stories. The wonderful script, beautifully enacted by the students, took the audience on a nostalgic journey, especially with the delightful entry of Noddy.**

**The students successfully conveyed why Enid Blyton’s books, filled with adventure and moral lessons, continue to remain popular even today. The dances and poetry recitations were the cherry on the cake, captivating the audience and filling the atmosphere with joy and enthusiasm.**

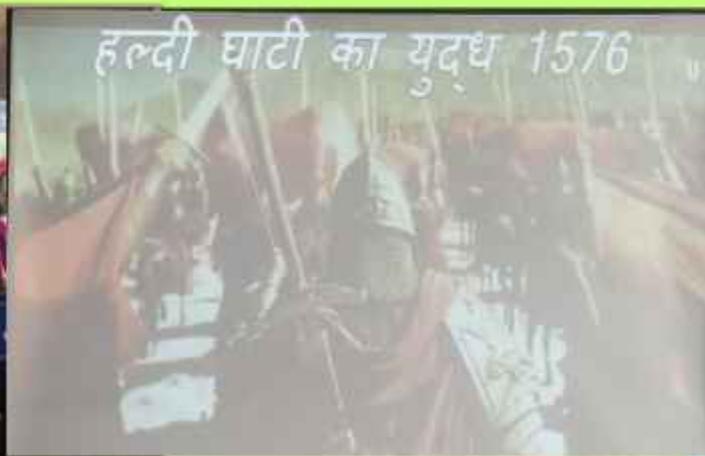
**The assembly concluded on a meaningful note—books create magic if you believe in them. The inspiring words shared by the respected Principal Ma’am highlighted the importance of reading and encouraged children to choose books over devices, offering valuable insight to all.**



**"Courage is not just about fighting battles, but about standing firm for one's values and self-respect."**

The Class Assembly presented by the students of Class 6 A on the topic "Maharana Pratap: The Eternal Symbol of Courage and Self-Respect" was conducted with great dignity and enthusiasm. The programme beautifully showcased the inspiring journey of Maharana Pratap from his birth to the end of his life, highlighting his unwavering courage, sacrifices and ultimate success.

A powerful enactment depicted the major phases of his life, while a graceful dance performance and a soulful poem recitation movingly portrayed his deep love and bond with his loyal horse, Chetak. The presentation was further enriched by a well-prepared and visually appealing PPT, which added depth and clarity to the theme.



# The students of Class 6 B presented a captivating class assembly on the topic “Ashoka the Great.”

The assembly vividly portrayed Emperor Ashoka's remarkable transformation from a ruthless conqueror to a devoted follower of Buddhism after the historic Kalinga War.

The assembly was enriched with an expressive dance performance and an informative PowerPoint presentation that highlighted significant milestones of Ashoka's life and reign.

Adding poetic depth to the assembly, Aditi Nair recited the poem “Ashoka Ke Vijay Par” with grace and confidence.

The well appreciated assembly left a lasting impression on the audience, conveying a profound message of peace, compassion and inner transformation.



# *Life and Legacy of Prithviraj Chauhan*

The students of class 6 C conducted a special assembly showcasing the life and achievements of Prithviraj Chauhan, the brave Rajput ruler. The presentation beautifully highlighted his courage, administrative abilities and exceptional talent in archery.

Special emphasis was laid on his famous battles, particularly the First and Second Battles of Tarain fought against Muhammad Ghori. The students also described his legendary act of bravery, where he is believed to have defeated Ghori using his remarkable skill of “Shabd Bhedi Baan” (shooting an arrow guided by sound).

A well-presented drama depicted his valour and patriotism, making the assembly more engaging and informative.

A self-composed poem by a Maitri Mishra along with a melodious song and an energetic dance performance, captivated the audience.

The assembly concluded with a motivational message encouraging students to imbibe qualities such as bravery, determination and love for the nation from the life of this great historical hero.

The confidence and sincere efforts of the participants were highly appreciated by everyone.



**The Class Assembly presented by the students of class 6 D on the topic "Netaji Subhash Chandra Bose: The Voice of Fearless India" was conducted with great pride and enthusiasm.**

**The assembly beautifully highlighted the inspiring life journey of Netaji Subhash Chandra Bose, one of India's greatest freedom fighters.**

**A powerful enactment brought to life the major phases of Netaji's journey, from his birth and early years to his role as a brave Indian revolutionary and his historic contribution in forming the Azad Hind Fauj, reflecting his indomitable courage, unwavering determination leaving a lasting impact on the audience. This was followed by a graceful dance performance and a soul-stirring poem, along with the passionate slogan recitation of "Tum mujhe khoon do, main tumhe azadi dunga", which deeply moved everyone and highlighted his intense love for the motherland.**

**Principal ma'am appreciated the inspiring assembly that was a true tribute to the fearless spirit of Netaji Subhash Chandra Bose. She encouraged the children to be brave and sincere in their approach, emphasizing that true bravery extends beyond the battlefield. Ma'am further inspired them to contribute diligently towards making Bharat a 'Vishvaguru'.**

**Our inspirational parent, Mr. Pradeep Sharma, RTO, Indore, the 1st RTO in India to achieve the remarkable feat of hoisting the Indian National Flag on Mount Aconcagua, the highest peak outside Asia was felicitated by Principal, Dr. Anju Chopra.**



# **' Arise, Awake and stop not till the goal is achieved'**

**The students of class 6 E presented an amazing assembly on the topic "Swami Vivekananda a symbol of Strength, Confidence and Youth Power".**

**The assembly was conducted with great dignity and enthusiasm. The children narrated the inspiring journey of Swami Vivekananda from his birth to the end of his life. They highlighted his unforgettable speech in 'The World Parliament of Religions at Chicago' in the form of an enactment.**

**The children also recited a poem praising Vivekananda accompanied by melodic beat.**

**The children took the center stage carrying his inspiring and thought provoking messages. Further followed by a mesmerizing dance performance by the students.**

**Everyone appreciated the children for their magnetic and immaculate performance.**



# “The only way to succeed is through courage and hard work.”

The children of 6 F presented their class assembly on the topic “ Rani Lakshmi Bai: The Fearless Queen of Jhansi ” with immense pride and patriotic zeal. The children beautifully portrayed her journey from the brave Manikarnika to the heroic warrior of 1857.

A powerful battle enactment reflected her indomitable courage, accompanied by a self-composed poem recited by Saanvi Gupta, melodious singing and a graceful dance performance — making it a heartfelt tribute .

The slogan “Main apni Jhansi nahi doongi!” echoed with pride.

Everyone applauded the impactful presentation

It encouraged students to embody bravery, sincerity, and dedication in building a strong Bharat .

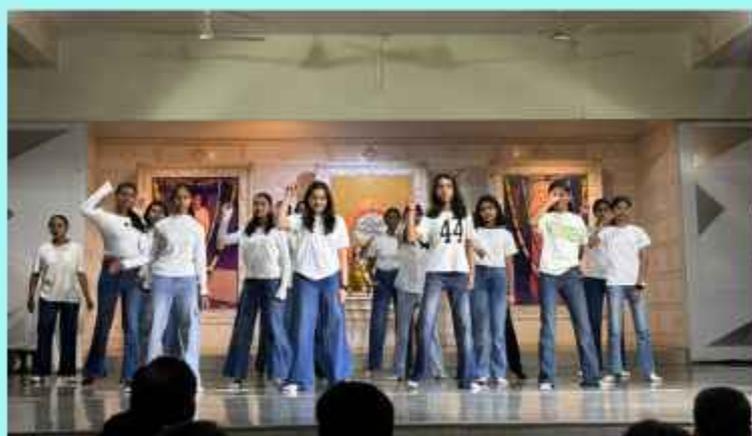




**“The future belongs to those who shape it with wisdom and responsibility.”**

The Class Assembly by the children of **8 D** on the topic "Shaping a Digital World – The Vision of Sundar Pichai" was conducted with great poise and purpose. The programme thoughtfully explored the ideals of ethical leadership, innovation with responsibility and purposeful progress through a compelling dramatic presentation, a melodious song and an expressive dance performance.

The assembly left a lasting impression and was highly appreciated by the respected Principal for its depth of thought, disciplined execution and confident presentation.



**Freedom is a boon, which everyone has the right to receive..**

The class assembly of class 8 E on the topic: Valour, Wisdom and Compassion: The Life of Chhatrapati Shivaji Maharaj was conducted with great reverence and enthusiasm.

The assembly began with a self-composed poem, "The Resonating Glory of Chhatrapati Shivaji Maharaj," beautifully portraying his heroic legacy. This was followed by the inspiring song, a skit and a dance performance that filled the atmosphere with patriotic zeal.

The students presented handmade sketches of Chhatrapati Shivaji Maharaj as a token of remembrance and respect to Principal ma'am.

The assembly concluded with a heartfelt vote of thanks, followed by Principal Ma'am's motivational address, inspiring students to imbibe the values of bravery, wisdom and compassion in their lives.



**Class 8 F** presented a captivating class assembly on the topic “From College Dropout to Tech Pioneer – The Story of Bill Gates” showcasing his transformative journey from a young enthusiast to a global icon. The assembly commenced with an illuminating introduction, followed by a thoughtfully enacted skit that vividly portrayed Bill Gates’ struggles, perseverance, determination, ultimately leading to the establishment of Microsoft.

The presentation was further enriched by a melodious song and graceful dance performances, which eloquently depicted various phases of his life and achievements. A visually appealing PowerPoint presentation augmented the assembly’s overall impact, adding depth and clarity to the narrative.

In her address, the Principal Madam lauded the commendable efforts of the students, applauding their confidence, coordination and teamwork. She also acknowledged the unwavering support and guidance of the teachers, which played a vital role in the success of the assembly.



# FROM RESPONSIBILITY TO RELAXATION

**The school bid a warm farewell to Mr. Ramkishan, our devoted bus driver, on the occasion of his superannuation after 15 years of dedicated service. His sincerity, punctuality and caring nature ensured the safe commute of countless children, earning him the trust of parents and staff alike. The Principal and administrative staff expressed heartfelt gratitude and wished him good health, happiness and a fulfilling new chapter of life ahead.**



# WRITER'S NOOK

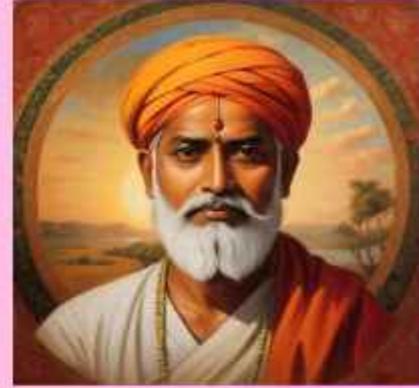


# ***Devotional paths to the Divine –***

## ***Sant Kabir Das***



*No idol held his vision,  
No scripture chained his song.  
Unity sang beyond religions,  
and his humble truth remained lifelong*



Sant Kabir Das was a philosopher of Nirguna philosophy, a mystic poet-saint and a social reformer. His existence is from bhakti era. Kabir believed in the idea that there is God, but he is formless. He was none less than a religious poet, he wrote poetries on the formless God who has nothing to do with a specific religion.

In 1440 CE in Varanasi a child was born to a widowed brahmin mother but due to social fear she abandoned him. A family of humble Muslim julahas who lived in the outskirts of Banaras/Benares found him. He was raised by Nima and Niru julaha. His mother Nima named him Kabira. Values of Hinduism were instilled in the infant before abandonment and after adoption the child of few years was taught Islam.

That child was Kabirdas, who was exposed to a mixture of both cultures, he had deep dislike for rituals and hypocrisy. His questioning nature too had developed early in childhood. He respected and loved both his parents and learned weaving to help them earn their livelihood. Even after becoming a mystic, a saint and poet he remained a humble weaver just as his parents.

As a child he played, hid and bathed on the ghats of Ganga where sadhus, gurus and their shishyas gave, heard and wrote sermons. Unknowingly he received Vaishnava mantra mostly from guru Ramanand, under his influence soon Kabir's bhakti blended with inner realization.

He wrote in many languages like simple Hindi, Awadhi, Bhojpuri to help locals understand and expressed his devotion and thoughts through 'Dohas' (couplets) and songs. His writing style was sharp, fearless and direct. He targeted social evils and religious hypocrisy. Kabir's verses were preserved orally and later were compiled as Bijak and in Guru Granth Sahib.

His Followers were called Kabir Panthis. Sant Kabir had a great influence on Sikhism, Bhakti saints and Sufi thought.

Kabir proclaimed that God is one, formless and beyond the boundaries of religion, caste and creed. He shattered empty rituals, idol worship and religious hypocrisy with fearless words.

For him, true devotion was inward, born of honesty, love and lived experience.

For Kabir, bhakti was personal and experiential, not institutional. God, Kabir insisted, does not reside in temples or mosques but dwells within the awakened human heart. Through simple verses, he spoke profound truths, urging humanity to seek the Divine not in symbols and stones, but in sincere living unity, truth and compassion.

He died in 1518 CE at Maghar in Uttar Pradesh. There is a nice logic why he chose to die in this place – it is said dying in Kashi (Varanasi/Banaras) leads to liberation while dying in Maghar gives hell and by doing this he challenged superstition. He died naturally but after dying his body turned into flowers, Hindus and Muslims divided it among themselves for he was a jewel for all of them. This symbolises that unity is beyond religion.

God sent Kabir on Earth to give us the strength of unity and till today India stands as a symbol of unity in diversity. Today, to remember the great saint we celebrate Kabir Jayanti on Jyeshtha Purnima on his birthday. Celebrations, bhajans, doha recitations are conducted and teachings of unity and truth are spread. The dohas of Sant Kabir Das are an integral part of the Hindi textbooks.

His teachings include -

“Moko kahan dhūᅇ re bande, main to tere pās.” (Why search for Me elsewhere? I dwell, within you.)

“Pothī paᅇ jag muā, paᅇdit bhayā na koī.” (Reading countless books never made anyone wise; truth is lived and said, not memorized.)

“Mālā pherat jug bhayā, phirā na man kā phēr.” (Years of prayer beads mean nothing if the heart never turns inward.)

“Kankar pāthar jor ke, masjid laye banāy.” (Stone and mortar cannot contain the One who lives within every soul.)

“Jāko rākhe sāiyā, mār sake na koī.” (The formless One who protects needs no image, no shield, no name.)

Kabir’s words challenged rituals, caste and religious division, teaching inner realization over outer practice. He preached Nirguna devotion, unity of humanity, moral living, truthfulness, compassion and fearless self-inquiry, urging people to experience God directly within rather than through institutions or symbols.

*Among the looms and lanes, he stood,  
A weaver who wove wisdom true.  
Life became his living scripture,  
Through humble ways, greatness grew.*

## How should I approach spirituality and life?



### Embrace Inner Realization

Focus on personal experience and inner truth rather than external rituals.

### Seek Unity Beyond Religion

Recognize the oneness of humanity and God, transcending religious boundaries.

### Live with Compassion and Truth

Prioritize moral living and compassion over hypocrisy and falsehood.

### Question and Inquire Fearlessly

Encourage self-inquiry and challenge societal norms.

**Agrata Shah**

**7 E**



# Resonating the Glory of Chhatrapati Shivaji Maharaj

**The saffron flag rented courage once it was bestowed by his touch.**

**His roar kindled the fire of bravery in the hearts of the crowd, breaking fear's clutch.**

**His fragrance dwelled in the heroic breeze, sending goose bumps through silent whisper.**

**His eyes, an ocean of respect for Maa Saheb; were nurtured in her loving care.**

**He is the man whose very name lit the diya of pride and valour in our hearts.**

**With him, the tale of strength ends, and with him alone, it truly starts.**

**Chhatrapati Shivaji Maharaj, an epitome of strength and strategy, justice and integrity. He stood fearlessly, fought with his head held high, keeping Swarajya his supreme priority.**

**Chhatrapati Shivaji Maharaj, is not merely a name etched on the pages of the past, But a legend echoing the melody of true valour and leadership; first of his kind and unsurpassed.**

**Gurneet Kaur Bhatia**

**8 E**



## **The Internet**

Welcome to the internet,  
you'll find everything you need,  
but an old man for the first time  
might get a bit worried.

Social media apps galore  
like Snapchat, Reddit, Twitter.

Instagram and TikTok  
make you feel like a quitter.

But whatever you need,  
the internet is here.  
News, quizzes and what to do  
about your watermelon fear.

No need to write letters  
or open an encyclopedia.  
WhatsApp, Messenger, Telegram,  
Discord, Google and more media.

All these sites are present  
and there to help you,  
but all of them are toxic  
and none of them do.

Then of course there's YouTube  
which is probably the best  
for gaming, entertainment,  
education and the rest.

Google tells you everything,  
opens every site you want.  
Search a baby's little nose  
or a Batman in Vermont.

Gaming is also included,  
games like Fortnite and Minecraft.  
Make a living on Kick and Twitch  
because streaming is a craft.

Tutorials and tips,  
faking every little thing.  
That's the entire internet,  
just never go on Bing.



# ***150 years of the Invention of "Hello Call"***

The 7th of March 2026 marks a truly special milestone in the journey of humanity. On this historic day, the telephone, one of the most influential inventions in human history completes 150 years since its invention by the great Scottish scientist Alexander Graham Bell in 1876. Very few inventions have changed human life as deeply and permanently as the telephone.

The telephone began as a simple device that carried sound through wires. However, its impact was extraordinary. For the first time, people could speak to one another instantly over long distances. This breakthrough transformed the way families stayed in touch, how businesses worked, how decisions were made, and how societies grew. Distances that once seemed vast suddenly felt smaller, bringing the world closer together.

Alexander Graham Bell's path to this invention was deeply personal. His family was involved in the teaching of elocution (Elocution is the art of clear and effective speech). Both his mother and his wife were deaf, which had a strong influence on his life. His concern for hearing and communication led him to study sound and speech. These efforts finally resulted in the invention of the telephone on 7 March 1876.

Bell was a sensitive and talented individual. Encouraged by his mother, he developed a love for art, poetry, and music. Although he had no formal musical training, he became skilled at playing the piano. As his mother gradually lost her hearing, Bell learned a manual finger language to communicate with her. This close experience shaped his lifelong dedication to improving human communication.

The telephone soon became a powerful social tool. It strengthened personal relationships, supported emergency services, and enabled faster communication. Over time, technology transformed the telephone into mobile phones and eventually today's smartphones devices that combine communication, information, and entertainment in one compact form.

From Bell's first successful call to the smartphones of today, the telephone has reshaped human life. As we celebrate 150 years of this remarkable invention, we honour its creator and recognize the telephone as a lasting symbol of human progress, one that continues to connect, empower, and unite humanity.



**Aratrika Pandey**

**7 D**

# Fun Trip to the Statue of Unity

We went on a fun trip,  
four days of cheer.  
From Sri Sathya Sai Vidya Vihar,  
our school so dear.  
Chips, juice, sandwiches  
oh what a treat,  
Homework forgot,  
life felt so sweet!  
Then came the giant—  
wow, what a sight!  
Statue of Unity....  
stood with glory and might.

We looked up high,  
our necks said, "Aiyo!"  
Sardar Patel smiled,  
our national hero!  
Glow Garden sparkled,  
shining so bright,  
Felt like stars  
came down at night.

In Jungle Safari,  
Tiger roared "hello,"  
Some of us scared,  
some said "Oh no!"  
At night we slept  
like kings and queens,  
In Hotel "The Fern",  
living our dreams.  
Our teachers cared,  
like family true,  
Guiding, laughing,  
sometimes scolding too!

Four days flew  
like a happy song,  
Sweet memories  
we'll carry lifelong!!



Maitri Mishra

6 C



# **PALM OIL: PLEASE DO NOT EAT THIS**

Palm oil is one of the most commonly used vegetable oils in the world. It is used in more than half of all packed food items we eat including pizza, doughnuts, ice cream, Maggie, chips, chocolate.

So is palm oil healthy? The answer is NO.

Palm oil is high in saturated fat which increases unhealthy cholesterol and triglycerides and raises the chances of heart diseases, obesity and other health problems. Thus poses risks to heart health.

Palm oil comes from the fleshy fruit of palm trees which is native to coastal areas. It is nowadays one of the least expensive and most popular oils used worldwide. It accounts for one-third of global plant oil production.

It is used more widely in food manufacturing or for frying mass produced foods. It is also added to many ready-to-eat foods in our grocery store, including peanut butter, baked food items like bread, cookies, muffins, protein bars and chocolates.

However its use on the health of people is deeply concerning!

The consumption of palm oil has been linked to negative health effects in children including an increased risk of heart disease, obesity and nutrient deficiencies. Additionally, the production of palm oil is linked to environmental destruction, harmful chemical use and potential for allergic reactions.

It is important for parents to be aware of the potential risks associated with palm oil consumption and to make informed decisions about the foods and products they purchase for their children. So Please Do Not Eat This and start reducing the consumption of food items made with palm oil and promote healthy eating habits.

So I have made it as my new year resolution and You?

Eat Healthy Live Healthy.



Sarthak Sirohi

4 B



# Hope

There are some tough times in life,  
But you must not be scared.

I understand; it's strife

But think of the people who are deaf, dumb and visually impaired.

The difficulty of the situation will slice through you like a knife,

But remember, that Hope is the energy that will lighten

Any dark corner of your life.

Aarnav Motiwale  
10 D



Reet Sharma  
11 D

# The Night Sky

*I looked out the window,  
a view so beautiful it felt like glass.*

*I breathe in the smell of water,  
mixed with that against grass.*

*It was a moment of solitary,  
a kind I truly enjoyed,*

*That was enough to fill something I carried within  
me,*

*something like a void.*

*The night sky was white,  
full of clouds filled with tears,  
threatening to fall*

*like it had something to fear.*

*12 AM came soon and I talked to the moon,  
opening up with him,*

*telling him all my dirty secrets of June.*

*Beneath the night sky, I truly felt seen  
and it made me realise, there was something left to  
heal.*

*I looked up again before I slipped inside,  
leaving a part of my life with the stars outside.*

# EXAMS

Exams are formal tests conducted in schools to assess students' knowledge and understanding of what they have studied. They help both teachers and students understand how well the lessons have been learned and where improvement is needed. Exams are an essential part of education, not just to measure marks, but to build discipline and focus.

The purpose of exams is not only to check memory but also to test our understanding, thinking, and problem-solving skills. They encourage regular study and help develop good habits like time management, goal setting, and hard work.

Through exams, students learn how to deal with pressure and goal setting, and hard work. Through exams, students learn how to deal with pressure and deadlines—skills useful throughout life.

However, many students feel stressed during exam time. It's important to remember that stress doesn't help—it only makes learning harder. Instead of worrying, students should prepare with a clear plan, revise regularly, and take breaks to stay fresh. A calm mind learns better than a worried one.

During the exam, students often feel nervous. But if we stay confident and focus on what we know, we can perform much better. Reading the questions carefully, managing time wisely, and not panicking are keys to writing a good examination. After the exam, students usually get tense about results. But results are just a part of the learning journey. Success and failure both teach us valuable lessons. What matters most is the effort we put in.

Exams, if approached the right way, are very beneficial. They shape our character, improve our knowledge, and prepare us for the future. So, instead of fearing exams, we should face them with confidence and a positive attitude.

**EXAM!**



Dimpy Kothari  
7 E

## MY FAVOURITE ANIMAL



My favourite animal is dog.

Dog is very loyal animal.

Dogs have strong sense of smell.

They eat meat, milk bread and pedigree.

A baby dog is called puppy.

They are our protectors and guard of our houses.

Dogs love to play game like fetching a ball.

We should keep dogs clean and take them to vet for check ups.

NAME - ABEER PALIWAL

CLASS - III = B



Name of story - Missy Berger  
 Good upon a time there  
 lived a cat named Missy  
 Berger. She lived with her  
 owner, Anisha. She never took  
 good care of her. One night  
 thieves came and kidnapped  
 Missy Berger. The next day  
 her owner woke up and  
 looked for her everywhere.  
 She had a bird friend since

her friend. She called its  
 name. It appeared in front  
 of her. She thanked the cat.  
 Then the bird looked for the  
 cat.



soon, the bird found the cat  
 in a cage. She went back  
 and told her everything.  
 Then, they called the cops.  
 The cops caught the thieves  
 and gave Missy Berger back  
 to Anisha. Anisha was  
 so happy. She thanked her  
 bird friend and took Missy  
 Berger back to her house.

The end



**Anaisha Gupta**  
**3 B**

**Divika Gupta**  
**II E**

THE ROAMING RAJA  
 RAJATRI

Day 1 - leopard in the  
 forest is looking for special food  
 where people and leopard  
 live like rajat hours we  
 went on a safari and see  
 leopard and their babies.

Day 2 - visit to Anandpur  
 temple, it is a cover

## Time Writes Back

I am the clock you never thanked,  
the pause between your breaths,  
the dust on photographs,  
that proves that you once existed.

You accuse me of stealing  
your youth, your chances, your names.

But I never took anything.

I only held what you dropped,  
while running towards tomorrow.

I watched you hurry past sunsets  
as if they were reusable,  
as if the sky would remember  
you forgot to look.

You asked me for answers.

I gave you experiences.

You asked me for shortcuts.

I gave you distance.

Do you know how heavy regret is?

It weighs exactly the same  
as wisdom.

The difference is only, that you choose when to carry  
it.

I have seen you pray,  
only when the ground disappeared,  
and blame me,  
for the fall you refused to notice.

I am not cruel.

I am precise.

I return everything.

The love you postponed,  
the words you swallowed,  
the courage you scheduled  
for "one day."

That day is always today  
until it isn't.

I am the reason scars soften  
and why memories sharpen.

I blur faces,

but outline lessons.

When you say,

"I wish I had known earlier,"  
understand this:

earlier you wouldn't have listened.

I am not your enemy.

I am your mirror,

that moves forward,

so you are forced to follow.

When you finally stop chasing me,

you will realize that,  
I was walking with you  
all along.

जहाँ तुम चुपचाप चले जाते हो

एक जगह है।

जहाँ जाने के लिए

कहीं निकलना नहीं पड़ता।

बस...

एक साँस रुकती है,

और तुम वहाँ पहुँच जाते हो।

वहाँ कुछ खास नहीं दिखता।

शाम की अधखुली रोशनी,

ठंडी होती चाय,

जलना सीखती हुई एक मोमबत्ती।

वहाँ,

तुम्हें ठीक साबित नहीं होना पड़ता।

तुम्हारा नाम

थोड़ा ढीला पड़ जाता है।

बीता हुआ कल

एक कोने में बैठकर,

कुछ नहीं पूछता।

वहाँ, ना तो तुम बहुत अच्छे होते हो,  
न बुरे।

बस..

होते हो।

विचार धीरे-धीरे आते हैं,

जैसे ज़मीन पर उतरते

डरे हुए पंछी।

कुछ रुकते हैं,

कुछ उड़ जाते हैं।

कोई किसी से पकड़ा नहीं जाता।

उदासी भी वहाँ शोर नहीं करती।

वह बस...

कंधे पर, थोड़ी देर,

सिर रख देती है।

समय?

यहाँ ठहर जाता है।

और कल?

बिना दस्तक दिए, बाहर ही,

धीमे से इंतज़ार करता है।

और जब तुम लौटते हो,

तो कुछ बदला हुआ

नज़र नहीं आता।

पर तुम?

थोड़ा हल्के कदमों से

चलते हो।

जैसे,

ज़िंदा होने की

कोई नाज़ुक,

कीमती बात

याद आ गई हो।



Advika Rane

# Ashoka Ke Vijay Par

*The horizon bled crimson, a landscape of hollow shells*

कलिंग के मैदान में चारों तरफ़ बिछी थी लाशें,

*a conqueror stood amidst the wreckage of his own  
ambition*

पर जीत के उस शोर में उसने सुनी सिसकती साँसें

*the iron-willed monarch witnessed the harvest of his  
hate,*

उसने सोचा क्या पाया है मैंने, जब सब कुछ तो है बेकार

*he renounced the blade to embrace a silent sacred fate*

अब तलवार नहीं करुणा से होगा बेड़ा पार

*from the furnace of Chandashoka rose Mahashoka - rose  
a light of pure intent*

नफ़रत के ज़ख़्मों पर उसने लगाया प्यार का मरहम

*he etched his soul on granite walls a legacy permanent*

अहिंसा का रास्ता अपनाया और मिटा दिया सबका गम

*the wheel of his wisdom continues to orbit our national  
pride*

तिरंगे का वो चक्र आज भी उसकी याद दिलाता है

*history bows to the king who conquered the storm inside*

तभी तो सारा जहाँ आज भी सम्राट अशोक के आगे झुक जाता है।

*Because the loudest roar isn't the one that calls for war*

*but the one that demands peace that was the roar of*

*Ashoka,*

*that was the roar of the great Ashoka!*



**Aditi Nair**

**6 B**



## वीर चेतक

मेवाड़ की माटी की शान है चेतक,  
वीरता का सच्चा प्रमाण है चेतक।  
थर्राया गगन जब वह दौड़ पड़ा,  
बिजली-सी गति देख शत्रु घबराया।

तलवारें लगीं, तन छलनी हुआ,  
फिर भी पथ से वह नहीं डिगा।  
ऊँची चट्टानों को लाँघ गया।  
स्वामी को बचाया पर प्राण गया।

अंतिम साँस तक निभाया साथ,  
न छोड़ा अपने स्वामी का साथ।  
जन-जन गाएगा उसका गुणगान।  
हम सब करें उसको प्रणाम।

त्याग साहस का निशान था चेतक।  
महाराणा का सच्चा साथी था चेतक।  
मेवाड़ की माटी की शान था चेतक।  
वीरता का सच्चा प्रमाण था चेतक।



इशिका कौर नारंग

६ अ





## झाँसी वाली रानी

खूब लड़ी मर्दानी, वह तो झाँसी वाली  
रानी थी

न झुकी वह आँधी के आगे,  
न डरी किसी तूफ़ान से,  
झाँसी की रानी निकली थी  
आज़ादी के अरमान से।  
पीठ बँधा था नन्हा बालक,  
हाथों में तलवार चली,  
जब अन्याय ने सिर उठाया,  
तब शेरनी बन लड़ने चली।  
“मैं अपनी झाँसी नहीं दूँगी”—

यह नारा नहीं, प्रण था,  
हर श्वास में देश बसा था,  
हर क़दम में रण था।  
राजमहल का रेशम छोड़  
लोहे से रिश्ता जोड़ा,  
अंग्रेज़ी सत्ता काँप उठी  
जब उसने रण में घोड़ा मोड़ा।  
न आँखों में भय का साया था,  
न होंठों पर कोई याचना,  
मृत्यु भी पीछे हट गई  
देख उसकी साधना।  
गिरी नहीं वह धरती पर,  
इतिहास में उठ गई,  
रानी नहीं वह ज्वाला थी  
जो भारत में सुलग गई।



सानवी गुप्ता  
६ एफ



# वीर पृथ्वीराज चौहान

सुनो सभा, सुनो राष्ट्र, सुनो रण का गान,  
लौह-हृदय उस वीर का, पृथ्वीराज चौहान॥

गौरी आया गर्व सजाए,  
छल-कपट का खेल रचाए।  
पर चौहान की सिंह-दहाड़,  
तोड़ दिया आक्रमण का पहाड़॥

रण में गूँजी भारत-गाथा,  
लाँधी वीरों ने हर बाधा।  
एक-एक बाण जब बोल उठा,  
दुश्मन थर-थर डोल उठा॥

छल ने बाँधा देह को, बाँध न पाया वीर।  
आत्मा जिसकी स्वतंत्र थी, अडिग, अजेय, गंभीर॥

रण में जिसे हरा न सका,  
युद्धधर्म निभा न सका।  
छल से बाँधा हिन्द वीर को,  
पर शीश उसका झुका न सका॥

अजमेर का वह सिंह अभी,  
धोखे से पकड़ में आया है।  
यह युद्ध नहीं, यह षड्यंत्र है,  
जहाँ कायर विजयी कहलाया है॥

अब देखो यह न्याय नहीं है,  
यह भय का निर्मम प्रदर्शन है।  
लौह-शलाका, क्रूर हँसी,  
और सत्ता का अंधा शासन है॥

आज नयन कुचले गए,  
कल अभिमान टूटेगा।  
जिसे अंधा समझ रहे हैं सब,  
वही युगों तक देखेगा॥  
वही युगों तक देखेगा,  
वही युगों तक देखेगा॥



मैत्री मिश्र  
छठी 'स'



कविता - मेरी माँ

दुनिया में सबसे प्यारी मेरी माँ,  
 जिसकी कोई उपमा नहीं,  
 जो परमात्मा में है, आत्मा में है,  
 जिसके बिना घर, संसार, जीवन है अधूरा,  
 सारे जग से न्यारी,  
 प्यारी-प्यारी मेरी माँ।  
 प्यार करना उसका उखल है,  
 माँ तो मेरी बगिचा का सबसे अनमोल  
 फूल है,  
 उसके आगे संसार की हर चीज  
 फिजूल है,  
 माँ की खुशी के लिए हर दुःख भी कबूल

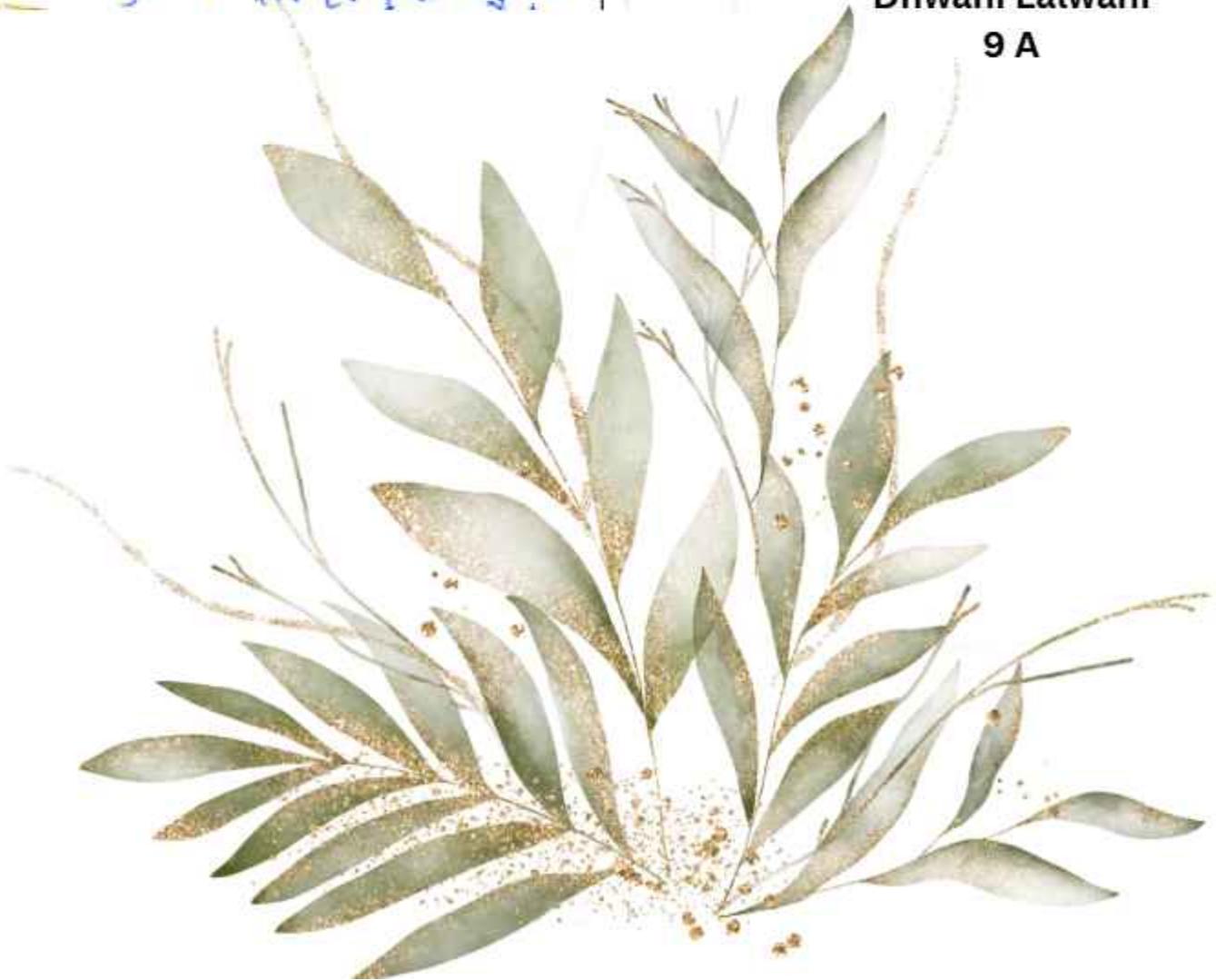
मैं रुहूँ तो मनाती है माँ,  
 मैं रोऊँ तो हँसाती है माँ,  
 भूख ना हो तो भी खिलाती है माँ,  
 मेरी हर बात को प्यार से सुनती है माँ।  
 मेरी हर परेशानी को चुटकी में खतम  
 करती है माँ

माँ के साथ-साथ मेरी दोस्त भी बनना  
 जानती है माँ।

माँ के बिना अधूरा लगता ये जहाँ,  
 माँ के कदमों में जन्मत,  
 माँ के आँचल में प्यार की छाँव।  
 भगवान का दूसरा रूप है माँ।

Dhwani Lalwani

9 A



पेड़ हों औपजीवन हों  
 पानी हों नदियाँ जीव जन्तुओं  
 अरुण हों जीवन देनी  
 आहत हम उनकी रक्षा करें

हरियाली हों आवर्धित अरुण  
 पेड़ों की महान हों अरुण  
 अरुण की रक्षा हमारा कर्तव्य है।



name - Satvik Malviya  
 Class - 2nd  
 Section - C



Jawai Leopard

Haldi Gha

Khoba Roti

Ranakot Temple




" भारत का गणतंत्र "

भारत 15 अगस्त 1947 को स्वतंत्र हुआ था तथा 26 जनवरी 1950 को इसके संविधान को अंतिमता किया गया, जिसके अनुसार भारत एक देश एक लोकतांत्रिक, संप्रभु तथा गणतंत्र देश घोषित किया गया।

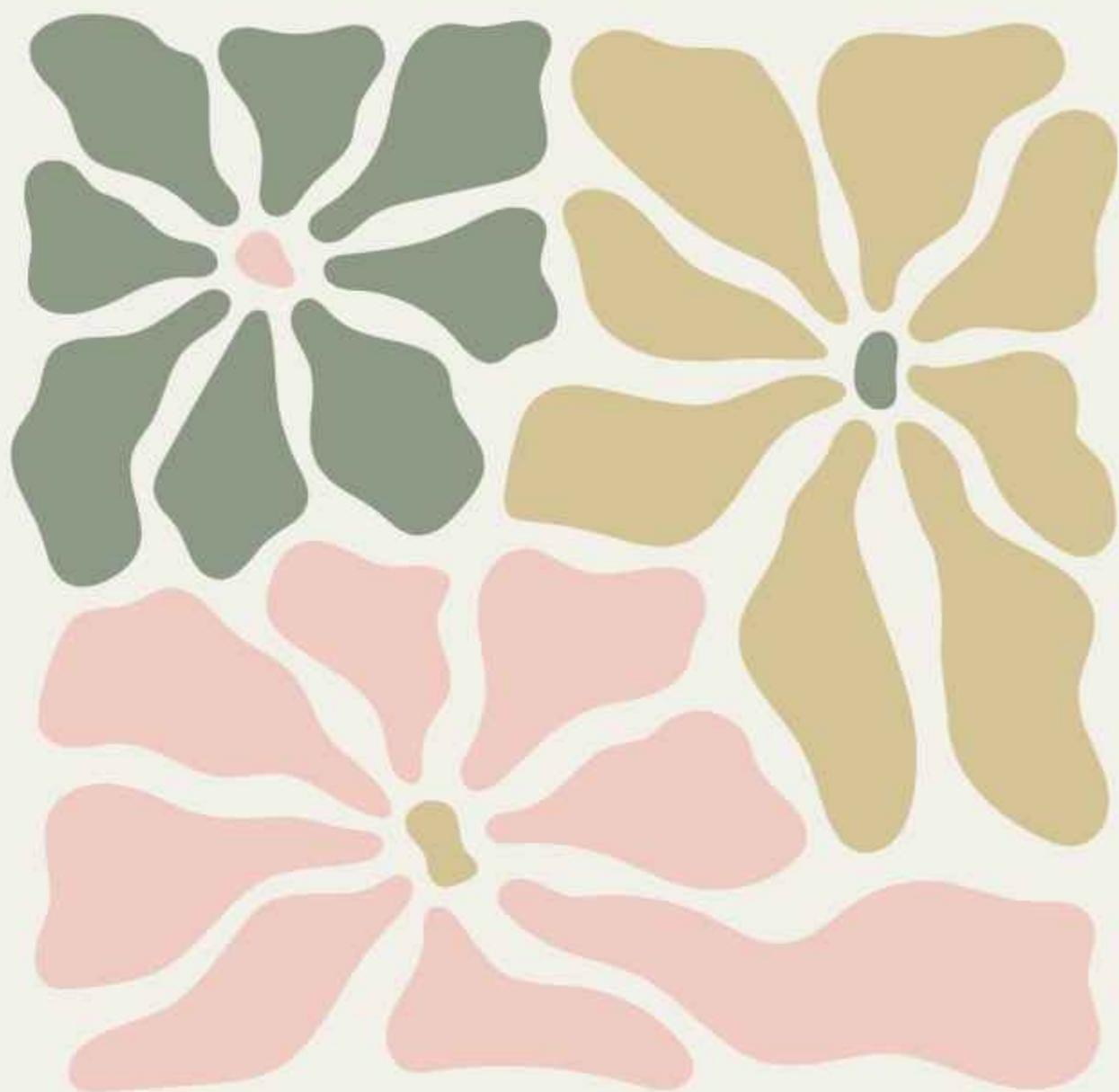
26 जनवरी 1950 को देश के प्रथम राष्ट्रपति डॉक्टर राजेंद्र प्रसाद ने 21 तापों की सलाही के साथ श्वेतारोहण कर भारत को पूर्ण गणतंत्र घोषित किया। यह ऐतिहासिक क्षणों में गिना जाने वाला समय था। इसके बाद से हर वर्ष इस दिन को गणतंत्र दिवस के रूप में मनाया जाता है। तथा इस दिन देशभर में राष्ट्रीय अंकाश श्वता है।

हमारे संविधान देश के नागरिकों को लोकतांत्रिक तरीके से अपनी सरकार चुनने का अधिकार देता है। संविधान लागू होने के बाद डॉक्टर राजेंद्र प्रसाद ने वर्तमान संसद भवन के दरबार हॉल में राष्ट्रपति की शपथ ली थी और इसके बाद पांच मील लंबे परेड सभासद के बाद इंडियन स्टैडियम में उन्होंने राष्ट्रीय ध्वज फहराया था।



Vardham Kasliwal

4 B



**ART  
CORNER**



**Dimpy Kothari**  
**7 E**



**Priya Mamtani**  
**11 B**



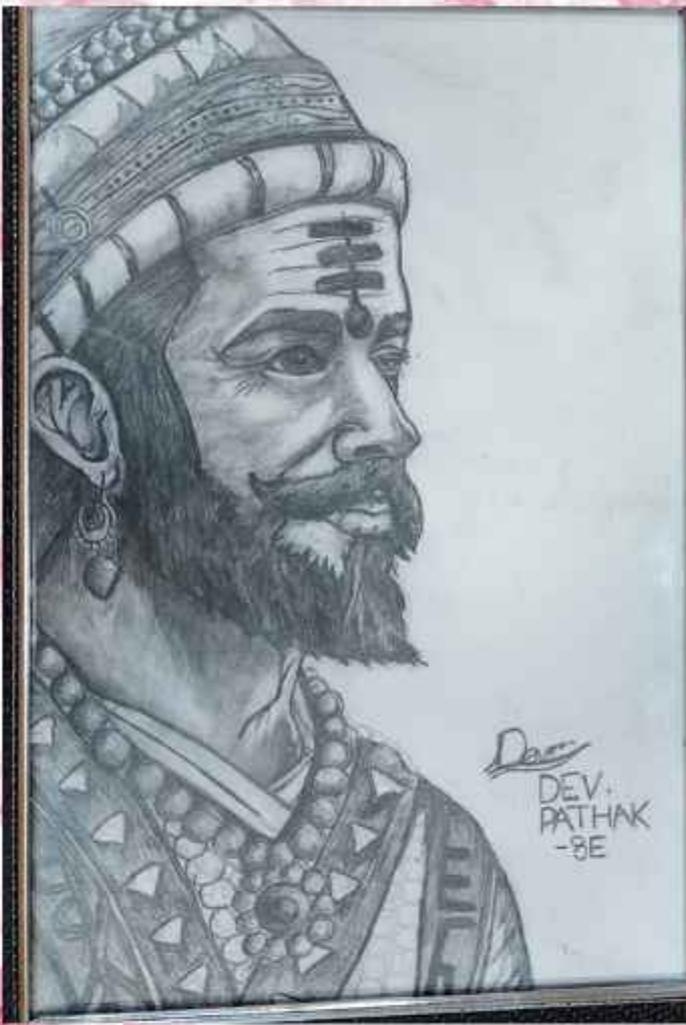
**Ishi Tiwari**  
**12 B**



**Urvika Agrawal**  
**12 B**



**Arya Arora**  
**4 F**



**Dev Pathak**  
8 E

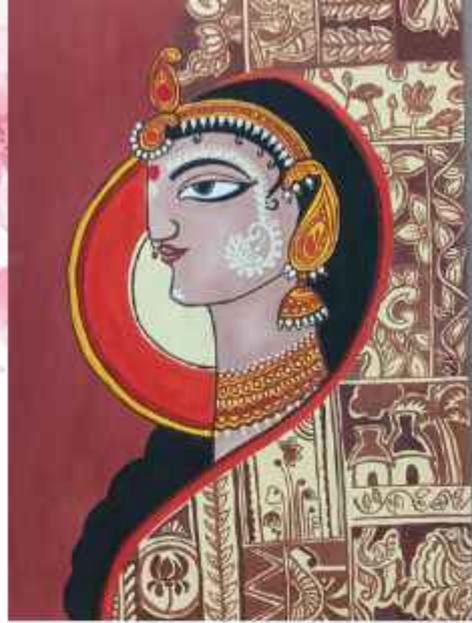


**Atharv Singh**  
8 E

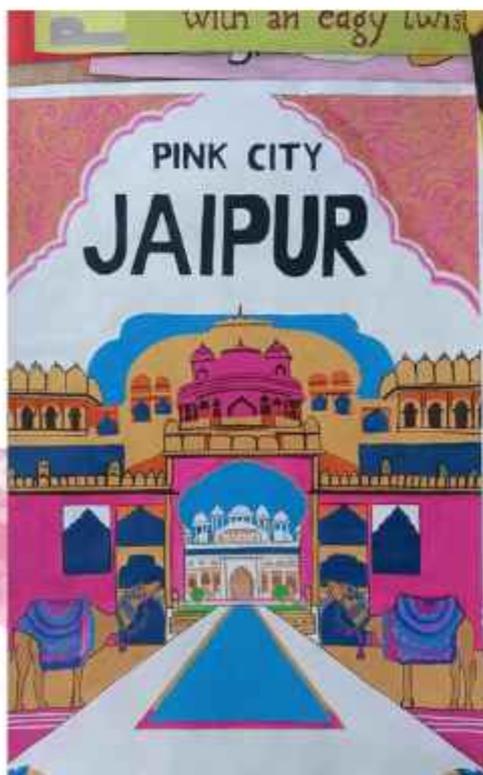


**Saanvi Gupta**  
6 F



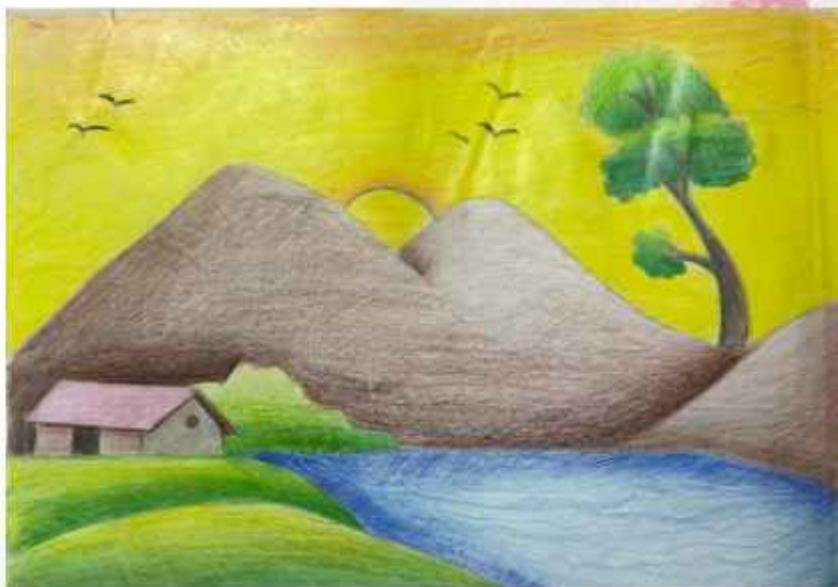


**Gunjan Kandoi**  
**11 C**





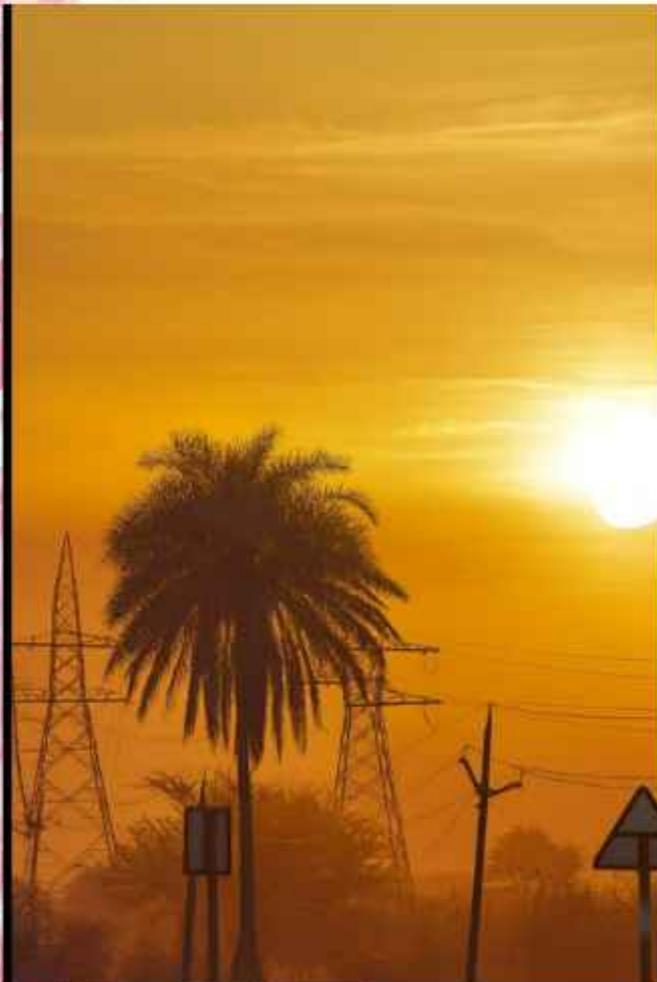
**Avyaan Pahadiya**  
**4 B**

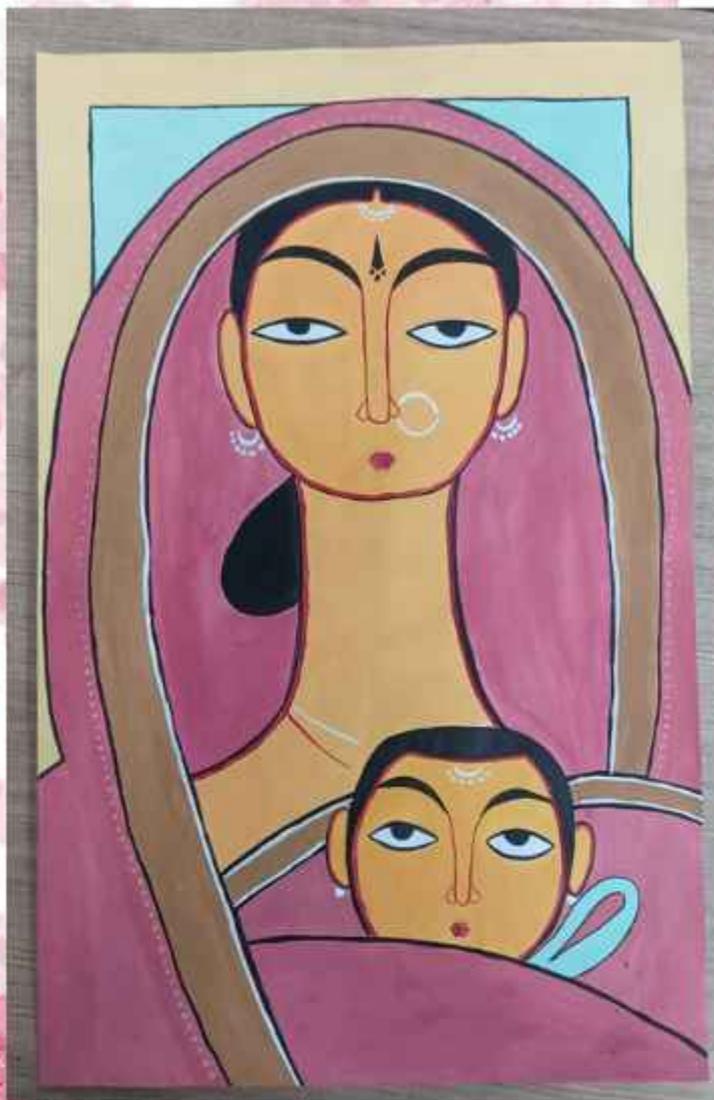




**Photography by**

**Aaryen Jain  
9 A**





**Shranya Gupta**  
**11 G**





**Harshil Mogra**  
**10 A**



**Tiya Sharma**  
**3 A**



**Ravya Dixit**  
**Jr. Montessori**



**Aarya Gupta**  
**8 C**



**Diya Ramchandani**  
**8 C**





**Shivaay Gupta**  
**5 D**



**Samyak Dhakad**  
**5 E**

