

Sai Sukriti

An initiative by the students of Sri Sathya Sai Vidya Vihar, Indore

Bi-monthly E-magazine

May 2026 Edition



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A TRIBUTE TO THE PILLAR OF EDUCATION



SHRI. M. G. PARANJAPE





श्री सत्य साई विद्या विहार, इंदौर

महाभारत का सार सिर्फ नौ लाइनों में समझें, जिसमें पाँच लाख श्लोक हैं....

आप किसी भी धर्म के हों,
चाहे आप औरत हों या मर्द,
चाहे आप गरीब हों या अमीर,
चाहे आप अपने देश में हों या विदेश में,
संक्षेप में...

अगर आप इंसान हैं, तो महाभारत के ये 9 अनमोल मोती ज़रूर पढ़ें और समझें....

1. अगर आप समय रहते अपने बच्चों की बेवजह की मांगों और इच्छाओं पर कंट्रोल नहीं करेंगे, तो आप ज़िंदगी में लाचार हो जाएँगे... 'कौरव'
2. आप कितने भी ताकतवर क्यों न हों, अगर आप अधर्म का साथ देंगे, तो आपकी ताकत, हथियार, हुनर और आशीर्वाद सब बेकार हो जाएँगे... 'कर्ण'
3. अपने बच्चों को इतना बड़ा न बनाएँ कि वे अपने ज्ञान का गलत इस्तेमाल करके पूरी तबाही मचा दें... 'अश्वत्थामा'
4. कभी ऐसे वादे न करें कि आपको अधर्मियों के आगे झुकना पड़े... 'भीष्म पितामह'
5. अपनी ताकत का गलत इस्तेमाल *धन, शक्ति, अधिकार और गलत लोगों का साथ आखिर में पूरी बर्बादी की ओर ले जाता है... 'दुर्योधन'
6. कभी भी सत्ता की बागडोर किसी अंधे व्यक्ति को मत दो, यानी जो स्वार्थ, धन, घमंड, ज्ञान, मोह या वासना में अंधा हो, क्योंकि वह बर्बादी की ओर ले जाएगा... 'धृतराष्ट्र'
7. अगर ज्ञान के साथ समझदारी है, तो आप ज़रूर जीतेंगे... 'अर्जुन'
8. धोखा आपको हर मामले में सफलता नहीं दिलाएगा... 'शकुनि'
9. अगर आप नैतिकता, नेकी और कर्तव्य को सफलतापूर्वक बनाए रखते हैं, तो दुनिया की कोई भी ताकत आपको नुकसान नहीं पहुंचा सकती। 'युधिष्ठिर'

यह आर्टिकल सभी के लिए फायदेमंद है, इसलिए कृपया इसे बिना किसी बदलाव के शेयर करें।

सर्वे भवन्तु सुखिनः
सर्वे सन्तु निरामयाः
सदैव प्रसन्न रहिये।
जो प्राप्त है, वो पर्याप्त है।

डॉ. रमेश बाहेती
अध्यक्ष



SRI SATHYA SAI VIDYA VIHAR, INDORE

POWER OF WORDS

"WORDS ARE NOT JUST SOUNDS OR LETTERS – THEY ARE REFLECTIONS OF OUR THOUGHTS, OUR CHARACTER, AND OUR HEART."

Words are invisible, yet they shape our world in ways we often underestimate. A single word can spark hope, ignite courage, or heal a wounded heart. At the same time, a careless word can hurt, discourage, and leave scars that last a lifetime.

History stands as a testimony to this power:

- *Great leaders have changed the course of nations not with weapons, but with words.*
- *A motivating speech has inspired revolutions*
- *A compassionate sentence has comforted millions.*
- *Words have the potential to uplift and inspire.*

Words are like seeds:

- *When we speak, we plant them in the minds and hearts of others.*
- *Kind words grow into confidence, love, and trust.*
- *Harsh words grow into doubt, fear, and resentment.*
- *A simple "Well done" can boost someone's confidence instantly.*
- *A heartfelt "I believe in you" can give someone the strength to keep going when they feel like giving up.*
- *The power of words doesn't lie only in speaking – it also lies in choosing them wisely.*
- *In today's fast-paced world, where communication happens instantly through messages and social media, the responsibility becomes even greater. Words typed in seconds can have lasting impacts.*
- *Let us use this incredible power responsibly.*
- *Let us be the reason someone smiles today.*
- *Let our words heal, encourage, and bring positivity wherever we go*

The children of classes X and XII were blessed in a serene and prayerful atmosphere, marking an auspicious beginning to the important milestone of appearing for the board examination.

The day commenced with Omkaar and a short prayer, invoking divine grace for clarity of thought, confidence and success. Principal, Dr. Anju Chopra, extended her heartfelt wishes, encouraging students to remain calm, focused and positive.

The students stepped forward with hopeful hearts and determined minds, carrying the blessings and best wishes as they embarked on this significant academic journey.



**WISH YOU
ALL THE BEST**

A blessed and positive start for our Class XII Humanities students as they stepped out for the board examinations.

May hard work shine and success follow.



**best of
LUCK**



WELCOME



We welcome the Municipal Commissioner of Indore, Shri Kshitij Singhal (IAS) to our Sai family. Smt Sheetla Patle (IAS) has been appointed as the new Secretary of the Madhya Pradesh Public Service Commission (MPPSC).



The teaching staff of Sri Sathya Vidya Vihar, Indore had the privilege of visiting the enchanting Bonsai Exhibition, organised by our revered Governing Board members, Mrs. Padma Kalani, Mrs. Indumati Maheshwari and Mrs. Neelam Tapadia in collaboration with Bonsai Study Group of Indore. Everyone was mesmerized by the exquisite bonsai masterpieces crafted with artistry and dedication.





Graduation Ceremony

When Vision takes Shape in Reality

The Vision of Our Chairman Dr.Ramesh Baheti took shape in reality on the “Grand Graduation Day Ceremony” of Senior Montessori Children.

The Montessori Graduation Ceremony was celebrated with great enthusiasm, grace and a deep sense of pride at the school premises. The event marked a significant milestone in the lives of the young learners as they prepared to step into a new phase of their educational journey.

In keeping with the Indian tradition of “Atithi Devo Bhava” the parents and grandparents were warmly welcomed by the school band, creating a vibrant and joyful atmosphere right from the beginning.

A delightful and value based role play titled “Grand Family Expo” added charm to the occasion. The young performers, with their innocent expressions and confident presentation, portrayed family values and relationships that they learn in Sai School, in a creative and engaging manner, earning appreciation from the audience.

The highlight of the event was the Graduation Ceremony, where the Senior Montessori students marched in confidently, accompanied by their teachers. Dressed in their in academic regalia and convocation caps, the children looked radiant as they took their positions, symbolising their readiness to embark on a new journey of learning.

The Valedictory Song-Sai Prem Ki Jyoti..... presented by the students reflected their heartfelt promise to uphold the values of love, truth, peace, and righteousness as taught by Bhagwan Sri Sathya Sai Baba.

Adding a touch of nostalgia, the school band presented a delightful musical performance that brought back cherished childhood memories for parents and grandparents alike with songs like Nani Teri Morni..., Papa Kehtey hai..... etc.

Distribution of citations, Academic Progress Cards and gifts recognized each child’s unique achievements and growth.

The event concluded with a formal Vote of Thanks, followed by the Shanti Path and the National Anthem, leaving everyone with a sense of fulfilment and gratitude.

The Grandparents and Parents enjoyed sumptuous lunch in the dining hall.

The event was a heart warming blend of pride, joy and nostalgia, leaving an indelible impression on Grandparents and Parents.

Graduation Ceremony received a tumultuous response turnout of Grandparents and Parents.





Sai Children

“What a wonderful performance! You have truly brought values to life on stage.”

“Your role play was not just acting; it was a reflection of strong character and understanding.”

KUDOS!





New Academic Session (Class X & XII)

The 1st assembly of the new academic session for the students of classes X and XII was conducted with a spirit of positivity. The assembly began with soulful bhajans creating a serene atmosphere invoking the blessings of Swami for a fruitful year ahead. It was followed by Swami's Discourse and a motivational video.

Addressing the students, Principal, Dr. Anju Chopra, encouraged the children to begin the year with clarity of purpose and a disciplined approach. She emphasized the importance of managing time wisely and advised the students to dedicate at least two hours every day to sincere and focused study. She also urged them to stay away from distractions, vices and harmful influences, reminding them that these crucial years shape their future career and life goals. Motivating the students to strive for excellence with integrity, she inspired them to nurture strong values and be harbingers of goodness. Aarti at the Lotus Feet of Bhagwan Sri Sathya Sai Baba was offered by Principal Ma'am. The assembly concluded on a hopeful note, with students feeling motivated to walk the path of hard work, values and success.





Dawn of a New Academic Session 2026-27



The corridors of the campus once again reverberated with cheerful laughter and lively chatter as bright, energetic children returned, marking a joyful beginning to the new academic session (2026-27) for classes Junior Montessori to IX and XI. The first assembly commenced on a serene and positive note with a soulful bhajans, creating a spiritually uplifting atmosphere.

Principal, Dr. Anju Chopra extended a warm and loving welcome to all. In her inspiring address, she encouraged the children to begin a new chapter in the book called 'LIFE' with confidence and determination. She reminded them to value everything they learn in school may it be coding, literature or the hobbies they pursue nothing ever goes waste. Emphasizing that discipline is of paramount importance, she stated that with focus and dedication, one can conquer the world and achieve their goals. She further urged the children to be a yardstick of quality, be good human beings and true Sai children.

The assembly concluded with the offering of aarti at the Lotus Feet of Bhagwan Baba by Principal Ma'am.





From Bal Mandir to Senior School A Journey Towards New Horizons



The cheerful and enthusiastic children of Class IV were given a warm welcome in the Senior School during a special familiarization visit, as they prepared to move beyond the nurturing corridors of Bal Mandir in the coming academic session.

The visit was organised to help the children feel comfortable and confident about this new phase of their school life. They were taken on a guided tour of the campus and were introduced to the facilities that will soon become a part of their everyday learning environment.



As a thoughtful gesture, the children were gifted interesting and inspiring books to encourage their love for reading.

The visit concluded on a happy note as the children relished delicious ice cream, leaving them with smiles and fond memories.



A Warm and Joyful Welcome to Cutie pies of Nursery

Our tiny tots of nursery took their first step into a world of wonder and discovery! They were welcomed with love and care by Principal Dr. Anju Chopra as they embarked on this exciting journey of learning and growth. The day passed with a spirit full of joy and happiness.



World Navkar Mahamantra Day

The World Navkar Mahamantra Day was celebrated on 9th April 2026 with great enthusiasm and devotion.

The event witnessed the active participation of around 2,200 students, along with staff members.

The program began with a brief introduction to the significance of the Navkar Mantra, highlighting its message of respect, peace, spiritual growth, its values of humility, non-violence and reverence for enlightened souls.

Everyone collectively chanted the Navkar Mantra in a serene and disciplined environment, creating a deeply spiritual atmosphere across the campus.

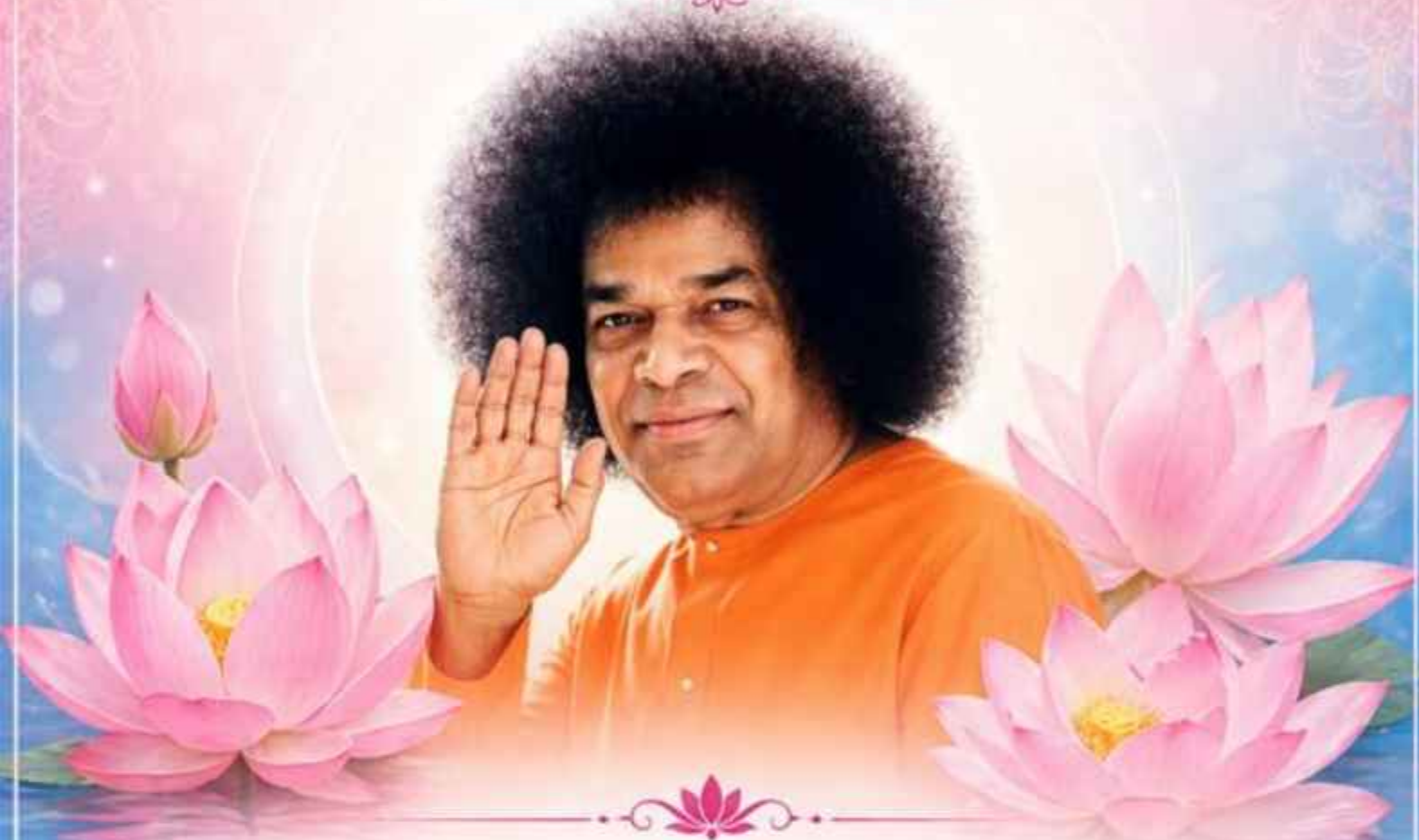

The collective chanting fostered a sense of harmony and mindfulness among all participants.

Principal, Dr. Anju Chopra encouraged the children to practice these values in daily life and become gospels of peace.





**Sri Sathya Sai
Vidya Vihar, Indore**




ARADHANA DIWAS

♥ *A day of Gratitude, Love & Remembrance* ♥

“Love All, Serve All
Help Ever, Hurt Never”

– Sri Sathya Sai Baba –

Let us all strive to be true instruments
of **HIS Love** and spread
light and peace wherever we go.





SAI ARADHANA DIWAS

The sacred occasion of Sai Aradhana Diwas was observed with deep devotion and reverence in the school on 24th April, 2026. The pious day commenced with melodious bhajans, creating a serene ambience and invoking the blessings of the Almighty. The soulful renditions filled every heart with peace and spiritual upliftment.

The day is a reminder to express our heartfelt gratitude and love for Sri Sathya Sai Baba and to reaffirm our commitment to uphold the eternal human values of Truth, Righteousness, Peace, Love and Non-violence, along with the spirit of selfless service propagated by Swami.

Students and staff listened attentively to Swami's Divine Discourse, which beautifully highlighted the timeless mantra for leading a noble and purposeful human life. The gathering was further enriched by an inspiring talk delivered by Mr. Rishabh Sachdeva, an ardent devotee and proud alumnus of the school. He shared profound insights, lessons learnt on being a good human being, faith and selfless love. He also shared touching anecdotes from his personal experiences and in the Divine presence of Baba, leaving the audience deeply moved.

The programme culminated with the offering of Aarti at the Lotus Feet by the Principal, Dr. Anju Chopra, filling the atmosphere with devotion and divine grace.







Me & My Sai



The reflective activity "Me and My Sai" conducted on the occasion of Sai Sradhana Diwas, provided a heartfelt platform for students to connect with their inner thoughts and experiences associated with Swami. Conducted across classes, the activity encouraged children to express their perceptions, feelings and personal journeys through either written or oral expression.

Students shared touching insights, some spoke about moments of guidance and strength they felt in challenging times, while others reflected on the values of love, truth and selfless service inspired by Swami's teachings. The activity beautifully revealed the depth of faith, the unique and emotional bonding the children hold, expressed through innocent yet profound words.

The activity nurtured self-expression, reinforced the importance of introspection and living by human values in daily life.



CBSE Reforms

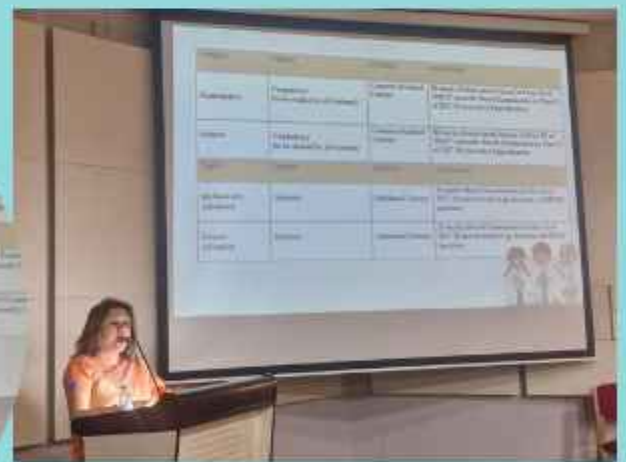


A meeting was conducted by Principal, Dr. Anju Chopra to apprise the teachers about the latest reforms introduced by the CBSE. The session focused on key changes in the curriculum, particularly in Languages, Mathematics and Science. Emphasis was laid on enhancing conceptual understanding, competency-based learning and interdisciplinary approaches.

Special attention was given to the integration of Computational Thinking and Artificial Intelligence from classes III -VI this year, aimed at strengthening students' logical reasoning and problem-solving skills. The introduction of Kaushal Bodh (Vocational Education) was also highlighted, encouraging skill-based learning and real-life application of knowledge.

Principal Ma'am urged the teachers to adopt innovative pedagogical practices and align their teaching strategies with the new framework. The interactive session provided clarity, encouraged dialogue and enabled teachers to better understand their role in implementing these reforms effectively.

Overall, it was an insightful and enriching meeting that reinforced the commitment to holistic and future-ready education.



JOY OF GIVING

"Hands that help are holier than the lips that pray."

On the pious occasion of Sai Aradhana Diwas, the students and staff came together with heartfelt devotion to participate in the 'Joy of Giving' initiative. With compassion as their guiding force, they contributed generously in the form of toys and books in good condition and essential items for the underprivileged.

The children of class 4 under the mentorship of Principal, Dr. Anju Chopra, humbly distributed the things spreading smiles on the faces of the people of the nearby slum.

The drive was not merely an act of charity, but a sincere effort to spread smiles, love, kindness and hope.



A group of our senior teachers visited our Dining hall cook, expressing their heartfelt wishes for his speedy recovery. With deep concern and affection, they conveyed their prayers and strength for his courageous fight against cancer.

The interaction was filled with positivity, hope, and emotional support, reminding us all of the power of collective care and compassion. The teachers humbly extended their wishes—“Feel better soon, Maharaj ji. We are all praying for your good health and recovery.”

As a gesture of solidarity and support, the teaching staff contributed a fund of ₹1,10,000 along with essential groceries, reflecting their unity and commitment in standing by him during this challenging time.

May our beloved Baba give him strength, healing, and His divine grace be with Hemant Joshi Maharaj always.



Workshop on "Redefining Health" Beyond Diet Beyond Fitness.

The Sathya Sai Family hosted **Dr. Sandeep Julka**, a prominent endocrinologist, for a seminar titled "**Redefining Health: Beyond Diet, Beyond Fitness.**" Under the guidance of our admirable Principal Dr. Anju Chopra the workshop was an insightful session for all.

The session focused on shifting the students' perspective from superficial fitness to holistic internal harmony.

Dr. Julka explained how stress and sleep directly impact metabolic health and academic focus. He emphasized that true health is a sustainable state of mind and body, rather than just a gym routine.

Students learned to manage academic rigor by listening to physiological cues and prioritizing mental resilience.

The session successfully challenged conventional health myths, leaving the students with a practical roadmap for maintaining balance in their high-pressure academic lives. His presence was truly the highlight of our academic calendar.



Workshop Report: Beyond Horizon- Swadeshi Soch Swarnim Gati



Resource Person: Dr. Sudhanshu Mani, Ret. General Manager, Indian Railway Service (The Man behind Vande Bharat Express)

Organiser: Prestige Institute of Management and Research under the aegis of Indore Management Association

Attendees: Ms. Sheetal Agrawal, Mr. Pradeep Varnecha, Ms. Kirti Richhariya, Mr. Kapil Jain, Ms. Taranjeet Vyas, Ms. Raddhima Talwar

Key Takeaways:

- Dr. Sudhanshu Mani emphasized the importance of railways for all Indians, regardless of economic background.
- He shared his vision to bring innovation to Indian Railways, driven by the spirit of Atmanirbhar Bharat and Make in India.
- The team faced challenges in sourcing materials, previously imported from China, but persevered to achieve success.
- Dr. Mani highlighted the significance of human resources, citing examples of empowering porters with carts to work with dignity.
- He stressed that dignity of human resources is more important than institutional achievements.

- Key leadership takeaways:

- Love the organisation you work for and have dreams for its growth.
- Break hierarchical barriers and engage with ground-level workers.
 - Foster empathy and understanding among team members.
 - Encourage open communication and idea-sharing.
 - Provide a conducive work environment for female employees.

Notable Quotes:

- "Every person is a reservoir of ideas...talk to the people in your organisation."
- "Failures are stepping stones of success."

Recommendations for an organisation:

1. Foster a culture of empathy and open communication.
2. Encourage idea-sharing and recognise employee contributions.
3. Provide opportunities for growth and development.
4. Break hierarchical barriers and engage with team members at all levels.
5. Prioritise human resource development and dignity.

Action Plan:

1. Organise regular meetings for idea-sharing and feedback.
2. Implement employee recognition programs.
3. Develop training programs for skill enhancement.
4. Encourage cross-functional collaboration and teamwork.

Things won are done, Joy's soul lies in the doing.

-Shakespeare





Mrs Suruchi Bagheria attended a 4 days Workshop 'Blossoming of Human Excellence through Circle of Love' being conducted by : Resource Person: Dr. B.G. Pitre Sir and Mam Latesh Choudhary at Dharamshetra, Mumbai.

Key Points-

- Developing a curriculum for the ages of 3+ to 5+ inculcating Baba's philosophy.**
- Incorporating creative activities, lots of stories, rhymes and songs.**

Sri Sāthya Sai Vidya Vihar, Indore

Let's step into this new session with
confidence, curiosity and
make this year **exciting** and
year **exciting** and **joyful**.



My Behaviour Check Challenge



★ **Be Kind Always** 🤝 Use polite words like please, sorry, thank you.



★ **Listen Carefully** 👂 Pay attention when teachers or friends are speaking.



★ **Raise Your Hand** 🙋 Wait for your turn before speaking.



★ **Keep Your Classroom Clean** 🧹 Do not litter. Keep your desk and surroundings neat.

★ **Help Others** ❤️ Support your classmates and share things.



★ **Follow Rules** 📋 Respect school rules and instructions.

★ **Be Honest** 👍 Always tell the truth.



★ **Respect Everyone** 🙏 Be respectful to teachers, friends, and school staff.

★ **Complete Your Work** 📚 Finish your classwork and homework on time.



★ **Stay Positive** 😊 Try your best and never give up!



Ethineeti

Topic- "Other forms of love"

The children of Nursery A under Ethineeti learned the warmth about other forms of love. In this mic activity they learned the importance of love, that they can show to their elders and friends by helping, caring and sharing things with them.

They also learned how they can express their love to animals and nature, by protecting them.



Ethineeti

Topic - Healthy Habits

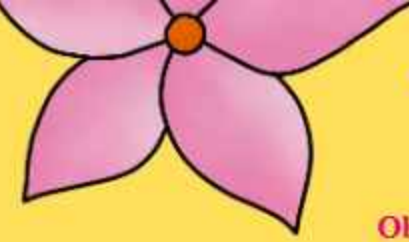
The children of Nursery B performed a MIC activity. This activity helped children understand the importance of staying clean and healthy through daily good practices. It also improved their speaking skills, confidence and awareness of personal hygiene in a fun and interactive way.



Ethineeti

Children of Jr. Montessori C enthusiastically participated in an activity on "Taking Care Of Our Body - Bathing and Hair Care".





ΕΤΗΓΝΕΕΤΓ - Class 1 C

Topic: This is My Body

Objective: Embracing the Habit of Hygiene

The students of Class 1 heard an enchanting story titled "The Enchanted Purity Village".

The story emphasized the significance of developing clean habits and taking care of our body. The children learned valuable lessons on maintaining personal health and hygiene.

The key takeaways from the session were:

- The importance of cleanliness and hygiene
- How to take care of our body
- Tips on maintaining overall health and well-being

The students then participated in a creative activity where they expressed their understanding of cleanliness and health through drawings, reflecting on the question: "How will I keep myself clean and healthy?"





Class 1 D

Topic: This is my Body

Objective: Cultivating Healthy and Clean Living Habits

A two days session was conducted in Class1 .

Day 1 - Children enjoyed a delightful tale "The Enchanted Purity Village."The narrative highlighted the value of adopting neat habits and caring for our physical well-being. Through the story, the children gained meaningful insights about looking after their bodies and practicing good personal hygiene.

Day 2 -Empowering them to become conscious, "green" citizens from a young age. In order to maintain hygiene by cleaning Surroundings and fostering early environmental responsibility.The most simplified activity of waste management was conducted.This helped them in Developing Practical Life Skills.

Using color-coded trays provided a visual, hands-on learning tool that helps kids understand which materials can be reused (plastic, paper in blue bins) versus those that can be composted (food scraps, peels in green bins).

The highlights of the sessions were-

Keep your home, classroom and surroundings clean.

Do not litter around.



ETHINEETI

Children of class 2 A enthusiastically participated in an interactive activity, "My Body Parts and its Functions".

It was fun for the kids!

Together they...

- explored senses through a Sensory Walk: sight , sound , touch , smell , taste
- learned oral hygiene importance through Teeth Cleaning activities
- assembled and learned about body parts with Body Part Puzzle
- hands-on learning about sense organs and their importance!



Class 3 F

The students learned about the elements of a healthy lifestyle through the story and explored the medicinal values of different plants and trees like Tulsi, Neem, etc. and had fun by connecting themselves with nature thereby learning values of selflessness and sharing, from plants and trees.

They also shared their views about hygiene, having a balanced diet and eating healthy food.





Ethineeti

Topic- "This is my body"

Children of class 4 B under Ethineeti learned and presented the key features of healthy lifestyle...

They learned the importance of proper sleep cycle.

A balanced diet and portion control plays an important part in being healthy.

Good hydration and being engaged in some physical activity are also imperative.



They presented these insights through speech, posters etc. Students also pledged to avoid eating any one junk food as a beginning.

The story "The Grandma's secret potion" was narrated to students discussing various ancient Indian ways that were being followed to keep our body healthy and sound. Children not only enjoyed the story but also resolved to follow the wisdom of ancient India.

Bal Sabha

Our little Montessori stars brought smiles to everyone's faces during the Bal Sabha.

Montessori Classes: Rhymes Presentation

The children confidently came forward and presented beautiful rhymes with actions and expressions. Their enthusiasm and joyful participation made the atmosphere lively and delightful.

It was wonderful to see their growing confidence and excitement while performing on stage.

Sri Sathya Sai Vidya Vihar
(Balmandir), Indore



Bal Sabha

Montessori Classes: Rhymes Presentation

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Stamp Motivation Activity

A stamp motivation activity was conducted across different classes.

The outcome was overwhelmingly positive, with students displaying heightened enthusiasm and engagement.

- Students received stamps for solving sums and revising concepts, fostering a sense of achievement
- The visual representation of progress sparked excitement, happiness and motivation among the students
- Classes appeared more interactive, with students actively participating in learning activities





Our Montessori children enthusiastically participated in a Mobile Awareness activity through an engaging role-play performance. Through this activity, they understood the harmful effects of excessive mobile phone usage.

They learned how the harmful light from mobile screens can affect their eyes and brain. The children also understood the importance of avoiding screens while eating, sleeping on time, playing outdoors and spending quality time with family.

This activity helped our young learners develop awareness about balanced and healthy digital habits.

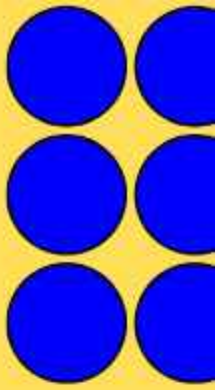


NO





Super Fun C.C.I Activity



Classes 1 & 2: Wish Tree

Students decorated their wish lists and put them in the bag near the tree . They learned about kindness and gratitude while sharing wishes for themselves and loved ones.

Classes 3 & 4: Letter to God

Students wrote heartfelt letters to God, expressing hopes, gratitude, and wishes. It connected them with emotions and spirituality .





CCI Activity

On the occasion of National Pet Day, the little learners of Classes 1 & 2 brought their love for their favourite pet friends to life through adorable and creative bookmarks.

Each bookmark reflected their affection and imagination, beautifully capturing the bond they share with animals.

This joyful activity not only nurtured values of kindness, love, and compassion towards all living beings but also inspired children to turn pages with excitement, making reading a more delightful habit.





CCI ACTIVITY

The children of Classes 3 & 4 joyfully expressed their love and compassion for animals through vibrant drawings and thoughtful writing as part of their CCI activity, “My Favourite Furry Friend.”

Each creation reflected not only their imagination and creativity but also their deep emotional connection with their beloved pets and animals they admire.



Attendance Chart Activity!

Kids rock the attendance chart!

And They learn to

- Spot their names
- Master the spelling
- Take turns
- Team up with friends



Class 2 A

A health awareness session was conducted for the students. The students were taught about the importance of staying healthy and active.

They were introduced to cardio workouts and aerobics. The students learned that activities like running, jumping and simple aerobic exercises help improve energy levels, and reduce excess body fat.

Students were advised to avoid fast food and junk food such as Maggi, as it may contain harmful ingredients like ajinomoto, which is not good for regular consumption.

Instead, they were encouraged to eat green vegetables and fresh fruits to keep their body strong and healthy.

The session also included meditation, where students were guided to sit quietly and focus on their breathing for a few minutes. This would help them improve concentration and focus better on their studies.

Fit Kids Fit India Mission





Fun Fitness Zumba



Zumba



JADUI PITARA

PERSONAL HYGIENE

A lively puppet show was presented to our tiny tots of Nursery to create awareness about personal hygiene.

Through the magical

JADUI PITARA

children joyfully learned about important habits like...



Washing Hands



Brushing Teeth



Taking Bath



Wearing Clean Clothes

The interactive session kept the children engaged and helped them understand the importance of cleanliness in a fun and meaningful way.

Bye Bye Germs!



Stay Clean,
Stay Healthy!



HAPPY & HEALTHY KIDS!

SUMMER VIBES

"Summer Vibes in Senior Montessori!"

Kids explored Jaadui Pitara and discovered secrets to beat the heat! They learned ways to stay:

- Hydrated (drink plenty of water and home made fresh juices!)
- Healthy (eat refreshing fruits!)
- Summer Smart (explored elements to use during Summers to protect themselves from the heat!)

Kudos to our little explorers!



Wonders of the Solar System!



Our little learners of Jr. Montessori F had a magical and exciting day exploring the wonders of the Solar System! We introduced the concept through a fun and engaging Jaadui Pitara activity, where curiosity and imagination came alive as each planet unfolded like a surprise.

To make learning even more joyful, our tiny tots enthusiastically reinforced their understanding through the rhyme “We Want to Be Astronauts”—filling the classroom with smiles, actions, and excitement for space adventures.





“World Health Day: A Magical Jadaui Pitara Celebration”

Our Tiny Montessori children celebrated World Health Day with great enthusiasm and joy. Through engaging activities, they learned important healthy habits like eating nutritious food, washing hands, maintaining dental and personal hygiene, taking daily baths, trimming nails, wearing clean clothes, drinking plenty of water, avoiding junk food, and sleeping on time.

The highlight of the day was the magical Jadaui Pitara, from which different health-related items appeared, creating curiosity and excitement among the children. This fun experience helped them understand the importance of staying healthy in a joyful way.

It was truly a wonderful day filled with learning, happiness, and smiles!





Our Tiny Tots of Fr. Montessori C actively and joyfully participated in the Jadui Pitara activity, making it a delightful and enriching experience.

They explored the world of summer fruits, learning about their colours, tastes and health benefits. The activity also helped them understand the importance of variety and togetherness—just like different fruits come together to make a healthy and refreshing fruit bowl.

It was truly a fun-filled learning experience that blended knowledge with joy!





Nature's treasures in tiny hands!



The enthusiastic children of Jr. Mont A collected dry sticks and leaves and transformed them into charming flowers with their imaginative touch.



Monaco Topping Activity



Our little Montessori stars had a wonderful time during the Monaco Topping Activity.

The children excitedly prepared their own Monaco biscuits by adding colourful and tasty toppings. They enjoyed spreading, decorating and tasting their creations with great enthusiasm.

It was delightful to see their happiness, confidence and teamwork while becoming little chefs for the day.



"Number Fun Fiesta - A Joyful Celebration of Mathematics"



Our Montessori cutie pies celebrated the International Day of Mathematics with a fun activity called "Number Fun Fiesta."

The children happily participated in the activity with bright smiles. They counted the dots and then sat on the chair with the matching number.

This made learning numbers fun and exciting for them.

This activity helped the children develop counting skills and number recognition. Celebrating the International Day of Mathematics also helped them understand the importance of learning basic math skills from an early age.

It was a joyful learning experience for our little learners.





Number Quest



Our Montessori children enthusiastically participated in the Number Cards Puzzle Activity and thoroughly enjoyed the experience. The activity provided a joyful learning environment while strengthening their number recognition and correct counting skills.

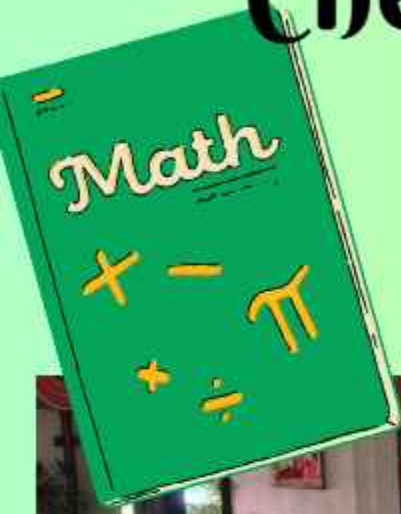
It also supported the development of hand-eye coordination, logical thinking, focus and concentration, thereby enhancing their overall cognitive abilities and fostering a love for learning through play.

Class 1 B students enjoyed a fun activity on Spatial Understanding in the Math class. They used their pencils to show different positions like on, under, behind, beside etc.

They had lots of fun while learning the concept!



An interesting Math activity: Check your Bag Load



Enhancing Fine Motor Skills

Children of Jr. Montessori F enjoyed a fun filled fine motor activity using a spiral board and a soft ball. They carefully moved the ball along the path, improving their hand-eye coordination, focus and control.

The activity encouraged patience and concentration and the children participated with great interest.

Learning Outcome: Improved fine motor skills and concentration.





कक्षा चौथी के सभी वर्गों के विद्यार्थियों को मंच पर आकर माइक से अपने विचार कविता के माध्यम से प्रस्तुत करने का अवसर प्रदान किया गया। इस गतिविधि से विद्यार्थियों ने आत्मविश्वास के साथ अपने विचारों को सबके सामने अभिव्यक्त किया। प्रारंभ में कुछ विद्यार्थी संकोच महसूस कर रहे थे, किंतु धीरे-धीरे उनका भय दूर हो गया और उन्होंने उत्साहपूर्वक सहभागिता निभाई। सभी विद्यार्थियों का प्रदर्शन सराहनीय रहा। इस अनुभव से उनके आत्मविश्वास में वृद्धि हुई तथा वे अब अधिक निर्भीक होकर अपने विचार व्यक्त करने में सक्षम हो रहे हैं।



World Art Day Celebration

Our Montessori children celebrated World Art Day with great passion and creativity. Beautifully curated corners—Nature Art, Freehand Drawing, Leaf Painting and Handprint Art—were set up to inspire young minds.

The children enthusiastically immersed themselves in each activity, joyfully exploring colours and textures while understanding the significance of art in our lives.





Earth Day Activity – Junior Montessori



On the occasion of Earth Day, various engaging activities were conducted in the Junior Montessori classes to create awareness about caring for our environment. The classroom display beautifully highlighted messages like “Save Trees, Save Earth.”

Children participated in a waste sorting activity using the Jaadui Pitara, where they learned to differentiate between biodegradable and non-biodegradable waste using everyday objects. They also took part in watering plants, understanding the importance of nurturing greenery.

A fun seed ball making activity introduced them to planting and protecting nature. The students further expressed their creativity through free-hand sketching of trees, reinforcing the message of saving the Earth.

As a takeaway, children were given a “Happy Earth Day” takeaway, encouraging them to adopt eco-friendly habits in their daily lives.

The activities were enjoyable and meaningful, helping our young learners develop a sense of responsibility towards the environment.





Senior Montessori Earth Day Celebration Activities



Our little Earth Defenders had a joyful, purposeful day today!

Morning Melody: We began the day with a song “The Earth is My Home” a song that planted seeds of responsibility in every heart. Children proudly became Defenders of Earth!

Pictorial Reflection: Through drawings, they shared their learning “Save Earth, Land, Air and Water

Nature Walk: Tiny feet explored big wonders! We observed plants and little living creatures around, learning that every life matters.

Save Water Practice: Washing hands with care, not a drop wasted! Children mastered mindful use of water.

Tree Talk & Song: We discussed parts of plants and why Planting Trees is important, singing together “आओ आओ पेड़ लगाएं”

Sweet Goodbye: The day ended with a beautiful take away of Our Blue Planet Earth to remind us of our promise.

Every activity was filled with joy, wonder, and purpose to sensitizing our young learners to protect Land, Water, Air, and Living Creatures on our precious Earth





Earth Day Celebrations



Earth Day was celebrated with great enthusiasm and a strong sense of responsibility, turning the campus into a vibrant hub of eco-friendly thoughts and meaningful actions.

Children across all classes participated in thoughtfully designed activities that blended creativity with awareness. From hands-on experiences to reflective discussions, each activity inspired our young learners to understand the importance of caring for our planet.

The day beautifully reinforced the message that even small steps can lead to big changes, encouraging our children to become responsible and mindful caretakers of Mother Earth.





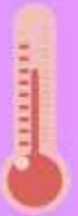
"World Book Day: A Celebration of Young Minds"



Our Montessori children celebrated World Book Day with great joy and enthusiasm. They explored colourful storybooks, admired beautiful illustrations, and expressed their curiosity by asking thoughtful questions.

The children truly enjoyed this enriching experience and learned the importance of reading from an early age. It was a wonderful day that nurtured their love for books and helped them understand that reading is a gateway to knowledge.





★ SRI SATHYA SAI VIDYA VIHAR, INDORE ★

CIRCULAR



WATER BELL

TO BEAT THE HEAT



Dear Students, Staff, and Parents,

In view of the rising temperatures and to ensure the health and well-being of our students, the school is introducing a "Water Bell" initiative with immediate effect.



THIS INITIATIVE AIMS TO:



PREVENT DEHYDRATION



MAINTAIN ENERGY AND CONCENTRATION LEVELS



PROMOTE HEALTHY HYDRATION HABITS AMONG STUDENTS

INSTRUCTIONS:



All students must carry a **WATER BOTTLE** to school every day.



Students are encouraged to drink water whenever the **WATER BELL** rings.

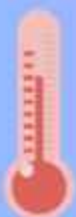


Teachers will ensure that students follow this practice sincerely.



Let us work together to keep our children *safe, healthy, and hydrated* during the summer months.

Let's make hydration a habit. Let's make our school a healthier place!





Friends are the family we choose...

Hrida Joshi, a student of class Nursery C, SSSVU, delightfully welcomed Corduroy ... named Bubby Boo to her home. She excitedly and joyfully spent her time with it playing, taking meals together, napping and even singing rhymes together. It was truly mesmerising and worthwhile to bring her friend home. Hrida learned values of hospitality, caring & sharing and love by spending time with her friend. It was truly a blissful experience for all.



Bhajan Training Session for Children!

With the noble aim of nurturing spiritual awareness and inner harmony among students, a Bhajan Training Session was conducted for children. The session created a serene and uplifting atmosphere, enabling young minds to connect with the divine through music and devotion.

The programme commenced with a peaceful invocation, where children participated in chanting Omkaar and a short prayer, helping them settle into a calm and focused state. This was followed by engaging voice warm-up exercises, including basic swaras and rhythmic clapping, which prepared the children for group singing.

The prolific session was conducted by our Music department.



A New Beginning in Innovation & Learning

Our school took a step forward by introducing the AI Design Thinking Lab, opening doors for experiential learning. The session introduced students to the world of STEM (Science, Technology, Engineering, and Mathematics) and its real-life applications. Through engaging activities like circuit building and block coding, students explored how ideas turn into practical solutions. The session was interactive and inspiring, helping students develop creativity, problem-solving skills and logical thinking. This initiative will continue to nurture young minds into future innovators.





On 4th April 2026 , students of Classes V–VIII designed personalized bag tags , showcasing their creativity through the use of eco-friendly and recycled materials.

Their work reflected innovation and strong environmental awareness.

The activity was engaging and inspiring , promoting creativity along with a sense of responsibility towards sustainability.





Extempore Activity

On 4th April 2026, students of Classes IX–X participated in an Extempore Activity, where they spoke on various current issue topics with confidence and clarity. The activity encouraged quick thinking, effective communication, and self-expression.

Students showcased spontaneity, creativity, and strong presentation skills, reflecting confidence and awareness of important issues.

The activity was engaging and enriching, enhancing public speaking skills and boosting confidence among students.



The children of classes VI to VIII had actively participated in the Science Exhibition organised on the occasion of National Science Day.



Science Exhibition

Principal, Dr. Anju Chopra complimented the participants of the Science Exhibition for the stellar exhibits, interactive presentations and role plays.

In recognition of their hard work and creativity, the participants were felicitated in the the school assembly and were presented with wonderful books and Certificates.





CHAMPIONS IN THE MAKING



Early mornings, focused minds and determined spirits — shaping the players of tomorrow!

Morning Proficiency Classes

With a vision to nurture excellence and build future achievers, our Morning Proficiency Classes have begun with great enthusiasm and commitment.

A total of 500 students are actively participating:

- 250 children from Bal Mandir
- 250 students from the Main School

These sessions are specially designed to enhance skills, strengthen fundamentals, and instill discipline, ensuring that every child moves one step closer to becoming a true champion.





“The Safety Crown”, a role play performed by students to highlight the importance of wearing a helmet while riding a bike. It tells the story of Rahul, a careless rider who ignores his friend Aman’s advice and meets with an accident. Through characters like a traffic police officer, a doctor and his mother, the skit showed how helmets can save lives. It delivered a strong message that wearing a helmet is a sign of responsibility and encouraged everyone to follow safe riding habits.



MISSION HYDRATION

A role play titled 'Mission Hydration' was performed to highlight the benefits of drinking plenty of water during summers. It also emphasized that lack of water leads to dehydration and consuming chips and other oily foods can worsen the problem. The presentation highlighted that cold drinks and fizzy beverages are not a substitute for water. It was highly informative and the performance was outstanding. At the end, the students took a pledge to conserve every drop of water.



AIGNITE 2026



What an incredible two days (11th and 12th April 2026) it was at Hotel Marriott, where our alumnus Mr. Dimesh Goel hosted AIGNITE 2026, a hands-on workshop that opened doors to the fascinating world of Artificial Intelligence.

Learning by Doing

24 of our students stepped into this journey of discovery, exploring AI tools, guided by mentors, and most importantly—building confidence by creating something with their own ideas. The atmosphere was buzzing with energy, curiosity, and teamwork.

The Challenges

- 18 teams (6 students each)
- Each team has a mix of students from different schools
- Each team faced two challenges and had one hour to brainstorm and present their solutions.
- 7 students from our school were part of 6 winning teams.
- * The winning team received a certificate and gift vouchers
- * All the participants received a certificate and book on AI

Inspiring Voices

Two young innovators — Raul John Aju (At 16 he is called the AI prodigy) and Ishan Jain (At just 15 years, he is a master of AI execution and monetization) shared how they began their AI journey early, proving that age is no barrier to innovation. Their live demonstrations of AI in action left everyone inspired to experiment and dream big.



Guidance for Parents

The workshop also included a thoughtful session by Dr. Sameer Golwalkar, a child and parent psychologist. He spoke about "How do we support our children in this high-tech era without losing boundaries or peace of mind?", offering parents practical advice on balancing curiosity with responsibility.



...ort to 2030,
... a student's academic ex
... throughout their school life!



... the goal isn't just to have every child in a seat, but to have
... seat powered by a Silicon S... We aren't just filling
... classrooms anymore; we're... fueling minds.

Hills, Wildlife and Endless Memories

Nainital & Jim Corbett National Park

Girls- classes IX & XI

Exploring Nature, Empowering Minds, Creating Fearless Futures!

Girls of classes 9 and 11 had set out on an educational excursion to Nainital and Jim Corbett National Park.

The journey a perfect blend of learning and adventure gave them a chance to explore the serene lakes, understand and experience the charm of hill-town culture.

Furthermore, they discovered the rich biodiversity, wildlife conservation efforts and the importance of protecting natural habitats during the safari at Jim Corbett.



Excursion to Dalhousie

Amritsar

When Learning Travels...

25 bright Class X boys with 2 guiding teachers stepped beyond classroom walls to explore the beauty of Dalhousie and the heritage of Amritsar by air.



This journey was not just a trip, but an opportunity to discover nature, understand history, build friendships and create lifelong memories.



May every mile bring new learning and every moment become a story to cherish.



Remembering the Martyrs of 1919

During their educational excursion to Jallianwala Bagh, the Class X boys visited the historic site associated with the tragic Jallianwala Bagh Massacre. Students observed the preserved bullet marks and the Martyrs' Well, which stand as powerful reminders of the sacrifice of innocent Indians.

The visit provided a meaningful learning experience, helping students understand the importance of freedom, sacrifice and patriotism.



Dalhousie Amritsar Adventure

33 eager class X explorers (Girls), accompanied by three teachers, took to the skies for a Dalhousie-Amritsar adventure, aglow with anticipation.

The cabin buzzed with bright chatter and shining curiosity, the youngsters dreaming of Dalhousie's pine-fringed heights and Amritsar's timeless heritage.



Visit to RRCAT

On the momentous occasion of National Science Day (28th February, 2026), our school organized an educational visit to the prestigious Raja Ramanna Centre for Advanced Technology (RRCAT), Indore. A team of 12 enthusiastic students, accompanied by faculty members, participated in this enlightening visit. The primary objective was to expose the students to the fascinating world of advanced science and technology and inspire them to explore future careers in these domains.

The theme of the event — “Women in Catalysing Viksit Bharat” — beautifully highlighted the invaluable contribution of women scientists and researchers in nation-building and scientific progress.

They visited several advanced laboratories and facilities where they witnessed live demonstrations and experiments related to:

- High-power laser systems
- Accelerator technologies
- Advanced material research

The arrangements were excellent and they were graciously provided snacks and a delicious lunch during the visit.

Key Highlights

Indus-2 Synchrotron Radiation Source

They had the opportunity to see the Indus-2 synchrotron radiation facility, a state-of-the-art research setup used in materials science, biology, chemistry and nanotechnology.





High-Power Laser Demonstration

A live demonstration of advanced laser systems showcased their applications in material processing and spectroscopy.

Interaction with Scientists

The students also interacted with Scientists and Researchers there, who shared their inspiring journeys, experiences and insights into the latest developments in science and technology — especially the growing leadership of women in scientific research.

The visit to Raja Ramanna Centre for Advanced Technology was truly an enriching and motivating experience for our students. It broadened their understanding of advanced scientific research and ignited curiosity about future possibilities in science and technology.

We sincerely thank the RRCAT team for their warm hospitality and for providing us with such an insightful experience.

A special note of gratitude to our respected Principal, Dr. Anju Chopra, for giving us this wonderful opportunity to explore and learn beyond the classroom.

“Science is not just a subject; it is a way of thinking, exploring and transforming the world.”

CCA Activity

The CCA activity “Health Talk: Speak • Share • Inspire” was successfully conducted for Classes V–X to promote awareness about healthy living. Students participated enthusiastically in different formats— Show & Tell for Classes V–VI , Talk Shows for Classes VII–VIII and Problem–Solution Pitches for Classes IX–X .

They presented thoughtful ideas on healthy habits, mental and physical well-being, and practical solutions to real-life health issues.

The activity effectively enhanced students’ confidence, communication skills, creativity, and teamwork , making it a successful and enriching experience.



CLASS ASSEMBLY - 8 A



The children of 8 A conducted a vibrant and educational class assembly titled “From Kitchen to Cure- Nature’s Healing Touch”. The assembly was a blend of theatrical performance, poetic expression and scientific insight, highlighting the transition from simple culinary ingredients to potent natural remedies, celebrating the wisdom of traditional wellness.

The centre-stage attraction was a short play depicting a modern household where a minor health ailment was resolved not by a medicine cabinet, but by the kitchen pantry. A poem was recited with rhythmic grace, weaving together the history and healing properties of herbs. The verses beautifully captured how nature provides a “cure for every cause”, emphasizing the importance of staying connected to our roots.

The assembly beautifully highlighted the pharmacological value of everyday ingredients, proving that health truly begins in the kitchen, further strengthening the relevance of returning to natural wellness in today’s fast-paced world.



Power in Words

The children of class 8 B presented an impactful assembly on the theme 'Power of Words'.

"Kind words can be short and easy to speak, but their echoes are truly endless."

The assembly highlighted the impact of words through an interesting role play. An insightful poem highlighting the importance of carefully choosing our words followed by an energetic song and dance performance added more meaning to the presentation.

Principal, Dr. Anju Chopra appreciated the efforts of the children and encouraged them to choose their words wisely.



*Writer's
Nook*



Devotional paths to the divine – Chaitanya Mahaprabhu

Scholar turned to singing soul
Love of God became his goal

A rare Krishna-bhakta who devoted his whole life to his Ishta Devta, an alvar who emerged during the bhakti movement and propounded Achintya Bheda-Abheda was also called Gauranga because of his devotion to Krishna and the world knew him as Chaitanya Mahaprabhu.

In 1486 CE, on the bright Holi night of Phalguna Purnima in Nadia (Navadvipa), Bengal in the house of Bengali brahmins little Nimai was welcomed by Sachi devi and Jagannath Mishra. Vishvambhara Mishra was his real name but he was called Nimai because of his playful, mischievous and naughty nature. That extremely naughty but intelligent Nimai aka Vishvambhara was a master of Sanskrit and was none less than a child prodigy, plus loved for sharp debating skills and since childhood spiritually inclined. Even when he was a child signs of divine devotion emerged.



Soon, after a few years he became a renowned scholar referred as pandit Nimai. He ran a school of logic and grammar and was initially more intellectual than devotional to the lord. Once during a pilgrimage to Gaya, he met his to-be guru Ishvara Puri the disciple of Madhavendra Puri. And guru puri gave him Krishna mantra making him feel deep spiritual transformation and Shift from scholarship to devotion. His guru taught him the Achintya Bheda-Abheda and he continued the legacy. His favourite practice was Nama San Kirtana and he continuously kept chanting Hare Krishna Maha mantra. His method for devotion was Singing, Dancing and Collective devotion. It was open to All castes, All genders and All communities.

Chaitanya Mahaprabhu taught the doctrine of Achintya Bheda-Abheda, meaning unimaginable (Achintya) difference (Bheda) and oneness (Abheda). According to this principle, the soul is one with God, yet also eternally different from Him. This simultaneous unity and distinction cannot be fully understood by logic and is therefore called Achintya. God is personal, compassionate, and loving, not theoretical. The highest path is pure bhakti, loving devotion to God. Through devotion, knowledge finds completion. The soul's natural state is joyful service to the Divine, realized especially through sincere devotion and remembrance of God.

He travelled widely across India majorly to Puri, Vrindavan, Mathura, South India with the purpose of spreading Krishna Bhakti, Teaching San Kirtana, Uniting people spiritually. His companions & Disciples were Nityananda Prabhu, Advaita Acharya, Gadadhara Pandit, Srivasa Thakur, Six Goswami of Vrindavan, Spread Gaudiya Vaishnavism. He took sannyasa at mere 24 and became Sri Krishna Chaitanya at Katwa to Spread bhakti without obstacles. After much traveling he lived in Jagannath Puri to deeply devote himself to Lord Jagannath and he did this by entering states of bhava and ecstasy.



His method of teaching was more or less the same like other gurus but he just gave sermons and composed kirtans orally he did not write them but his shishyas did as he wanted them to add their own thoughts to his . His most teachings were preserved by disciples and followers. During sermons everyone noted the facts and kirtans they liked as they knew if they didn't, they'll lose it.

All notes of followers and shishyas were one day merged together to form Chaitanya Charit Amrit, Chaitanya Bhagavata. Both named after him. He Founded of Gaudiya Vaishnavism and Revived Krishna Bhakti in India Influencing later movements like ISKCON, Vaishnava traditions worldwide. He was popularly seen as a devotee of Krishna and a Combined avatar of Radha-Krishna. His main aim in life was to spread the idea Love of God is the highest goal of life. In 1534 CE at 48 in Jagannath Puri he attained Maha Samadhi and Merged with Krishna, circumstances say he was Surrounded by devotion and was not ill.

His famous words include –

nāma vinā kali-kāle nāhi āra dharma (In an age of restlessness and noise, the Divine Name remains the only true refuge.)

Prema pum-artho Mahān (Beyond duty, wealth, pleasure, or liberation, love of God alone stands as life's highest purpose.)

Chaitanya Mahaprabhu taught that loving devotion to a personal God is life's highest aim. He emphasized humility, compassion, inclusiveness, and constant chanting of God's name. Through Achintya Bheda Abheda, he showed that the soul is both one with and different from God, realized through pure bhakti and selfless love. On the holy day of Holi Gaura Poornima (his Jayanti) is celebrated

Through his name, souls were freed
Chanting became his highest creed



Agrata Shah

7 E

Fireflies: Tiny Lights Struggling to Survive

In my Nani's village, I had a magical experience that I can never forget. One night, while walking through the grounds, I noticed tiny glowing lights flickering in the darkness. I was amazed and wondered how a living being could emit light from its body.

As it was my first introduction to this beautiful living being, I asked my Nani about these creatures. She said that these are fireflies, also known as lightning bugs. She explained that they are fascinating insects famous for their glowing displays at night.

This experience made me eager to learn more. I searched on the internet and discovered that fireflies produce light through a process called bioluminescence. They have special light-emitting organs known as lanterns. When certain chemicals in their bodies react with oxygen, light is produced. This light is often called "cold light" because it produces almost no heat and is nearly 100% efficient, unlike ordinary bulbs that waste energy as heat. The glow usually appears at the tail end of their bodies as pale or bright patches.

Fireflies use their light mainly to communicate. Some species even use it to trap prey. They are commonly found in warm and humid environments such as forests, wetlands, meadows, and areas near rivers or streams. Being nocturnal, they are mostly active during summer nights.

However, these enchanting creatures are now struggling to survive. Climate change and the excessive use of chemicals in agriculture are major threats to their existence. Habitat loss is one of the primary reasons for their decline. Rapid urbanization and construction are destroying forests, wetlands, and grassy areas where fireflies live and breed.

Another serious threat is light pollution. Artificial lights from streets, buildings, and vehicles are severely disturbing their natural flashing patterns. The use of pesticides and insecticides further harms them by killing both adult fireflies and their larvae, which live in soil and feed on small organisms. Additionally, water pollution affects their breeding grounds, as their larvae depend on clean, moist environments.

Fireflies are truly a wonder of nature, but they are slowly disappearing. It is our responsibility to protect their habitats and reduce pollution so that future generations can also witness their magical glow.



Aratrika Pandey

7 D

सुनो मेरे दोस्त, सुनो मेरे यार,
The Earth is crying, बहा के आँसुओं की धार।

हमने काटे forest, गंदा किया पानी,
प्रदूषित हो रही है, हमारी धरती रानी!

गर्मी बढ़ रही है, glaciers are melting,
Nature is angry, and humans are not helping.

Plastic की थैलियाँ, pollution का धुआँ,
अब संभल जाओ इंसानों, मत खेलो ये जुआ।

Don't just stand there, don't just stare,
Change a little, show that you care!

खड़े न रहो बस, न देखो यूँ हैरान,
थोड़ा सा बदलो, बनो जिम्मेदार इंसान।

पेड़ लगाओ, कचरा dustbin में डालो,
अपनी प्यारी धरती को, मिलकर सब संभालो।

Time कम है, action लेना है आज,
तभी तो बनेगा एक सुंदर सा समाज।

Green Earth, Clean Earth—यही है हमारा aim,
आओ मिलकर बचाएं planet, और जीतें ये game!

मैत्री मिश्र
7 वीं "स"





ART CORNER





Kaira Bhasin

4 F



Navdha Jain
12 E





Deepal Madhawani

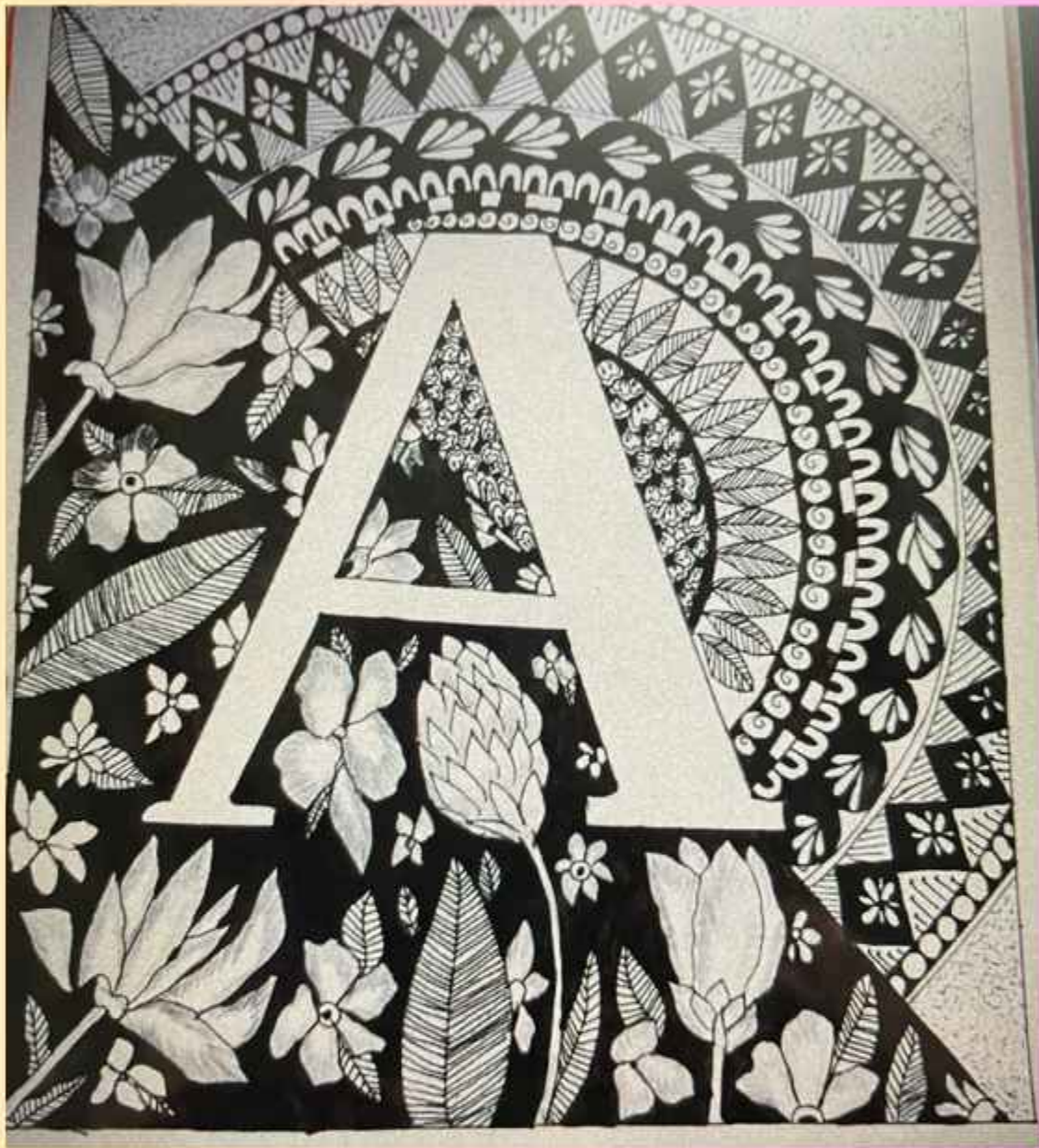
7 B





Krishna Jain

7 F



Advika Katare

10 E



