



SRI SATHYA SAI VIDYA VIHAR

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CBSE Code: 50056, CBSE Affiliation No.1030023

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8th April, 2021

Dear Parents

Sai Ram!

I hope you all are doing well and are keeping safe during this trying time.

Saaraansh shares some summer programmes for students to keep them positively engaged during vacation.

Interested parents may see the details in the attachment provided.

Regards

Principal

We write from Saaraansh, a counselling and training initiative by qualified & experienced Counsellors and Psychologists.

During Summers, Parents are always on the lookout for enriching programs to keep children positively engaged. This year Saaraansh is rolling out high value, result-oriented summer sessions designed exclusively for students aged 10 to 18 years.

Through our interactive, fun and result oriented sessions children learn vital skills, overall feel more confident and motivated to succeed in school and life. Parents could choose from one or more of these Summer Programs:

1. **GIRLS WELLNESS PROGRAM**- Helps develop a Positive Attitude towards Puberty. Exclusively designed for **girls ages 11 to 16 years** - offers them an opportunity to understand the changes that their bodies undergo during puberty & help manage them.

2. **EXPRESS & EXCEL** - This conversation and communication mastery program designed for children aged 11 to 16 years serves as a guide to

help them speak confidently in small and big groups, overcome shyness, express thoughts, feelings with ease and speak with clarity and conviction.

3. **SUPER STUDY SKILLS: This academic development workshop focuses on 3 vital skills for success & excellence - Attention, Memory & Learning.** Designed especially for 8th / 9th and 10th Graders - equips the child with the right learning skills required to excel and exceed expectations in their boards.

During these days of Pandemic, it's essential to provide our students additional support, prod them positively and encourage them to live and lead with courage, success and most importantly inner happiness.

Team Saaraansh

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Attachments area